



Activities Outdoor



WHAT DO WE OFFER?





Our services: Activities (Sports, cultural or artistic), Conferences (Sharing experiences, themes of your choice), Workshops, Organization of sports events (Corporate, general public)

How do we work together?





- -Transparent, effective communication
- -We take care of everything from A to Z, according to your specifications (saving time and energy).
- -Feedback with photos and activity report within 3 days
- -A single point of contact for your entire project



Our added value: Expertise (major events in France), Trust (loyal customers and service providers), Experience (over 16 years) and Efficiency (your project in good hands).



As a specialist in sporting events (Trail des 2 baies, Touquet Raid Pas de Calais, Touquet Raid Amazones...), we can support you in all your projects.



ACCESSIBLE TO ALL



Inclusion at the heart of our corporate seminars

With us, every seminar is designed as a unique moment where diversity becomes a strength. We believe that inclusion is essential to foster collaboration and personal development.

Whether it's through activities adapted to all levels, workshops that encourage exchange, or moments of sharing that strengthen the bond between colleagues, we are committed to creating an environment where everyone feels valued and listened to.

Our events are designed to transcend differences, encourage mutual respect and reveal collective potential. Together, let's build a more united, stronger and forward-looking team.

Summary





Fun Activities

Treasure hunt

© Eco Treasures

Nature Challenge

Rallye en rosalie

CSR Nature Challenge

Conquering the totem pole
Touquet Express

Cluedo
Discovering Le Touquet
Olympiads
Touquet 2024
Robinson Crusoe Challenge
Challenge Adresse

🗫 Bike&run

Raid Raid

Accompanied jogging

A Longe Côte

Fitness bootcamp

Travel activities

Bike rides

Sailing

Horseback riding

Segway

P Electric scooter

Mautical Activities

Nautical activities boat cruise

Gastronomy and Tasting

Gourmet Rally

Wellness activities

Meditative stroll

Other

Golf

Mini-golf

A Laby'parc

2CV / combi rally

James Bond rally

NATURE ACTIVITIES



"It's in the field, sharing the same trials, the same sensations, that a new cohesion and a different state of mind can emerge."

Treasure hunt

Discover nature and the city!

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt!

Find as many clues or beacons as you can in your environment, within a given time. Points are distributed around the resort's most emblematic sites on the Nature and Heritage sides. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are the order of the day, but above all, open your eyes and enjoy the exceptional view.

Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

Options

Focus: bay of canche (Nature)

Simple beacons or riddles to decipher - on different themes

From and to your hotel or restaurant

By foot, bike or rosalie (additional cost depending on mode of transport).





Eco Treasures

Discover Le Touquet and collect garbage!

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as possible in your environment within a given time. During this Nature activity, you'll have to collect as much waste as possible. The organization will equip you! During this activity, you'll learn about sustainable development (workshops and puzzles).

Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective. Give your business a CSR dimension

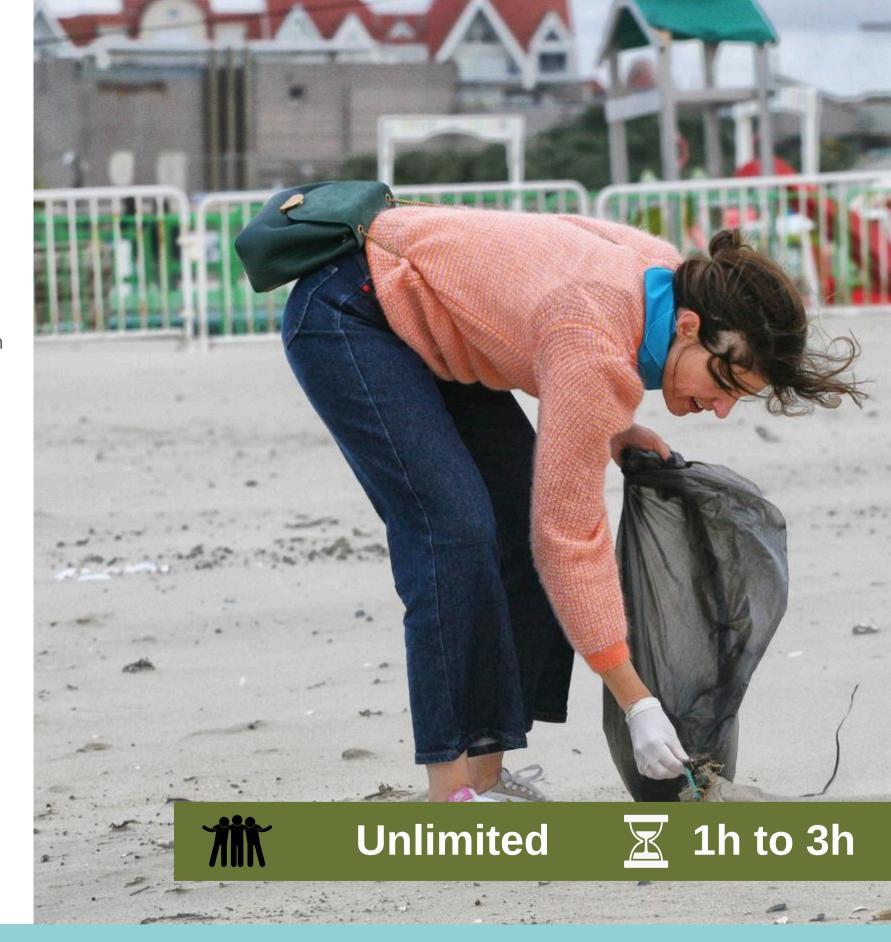
Options

Urban: clues/beacons on the main sites of the city where your activity takes place In the forest, by the sea

Simple beacons or riddles to decipher about sustainable development

From and to your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on mode of transport).







Nature Challenge

Treasure hunt with fun workshops

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as you can in your natural environment within a given time. There's no point in running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key. Along the way, you'll find workshops to choose from: fun (archery, molkee, bootcamp, etc.), tasting, logic (tangram, brainteaser) or sports...along the way.

Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

Options

Basic orientation activities on foot or by bike

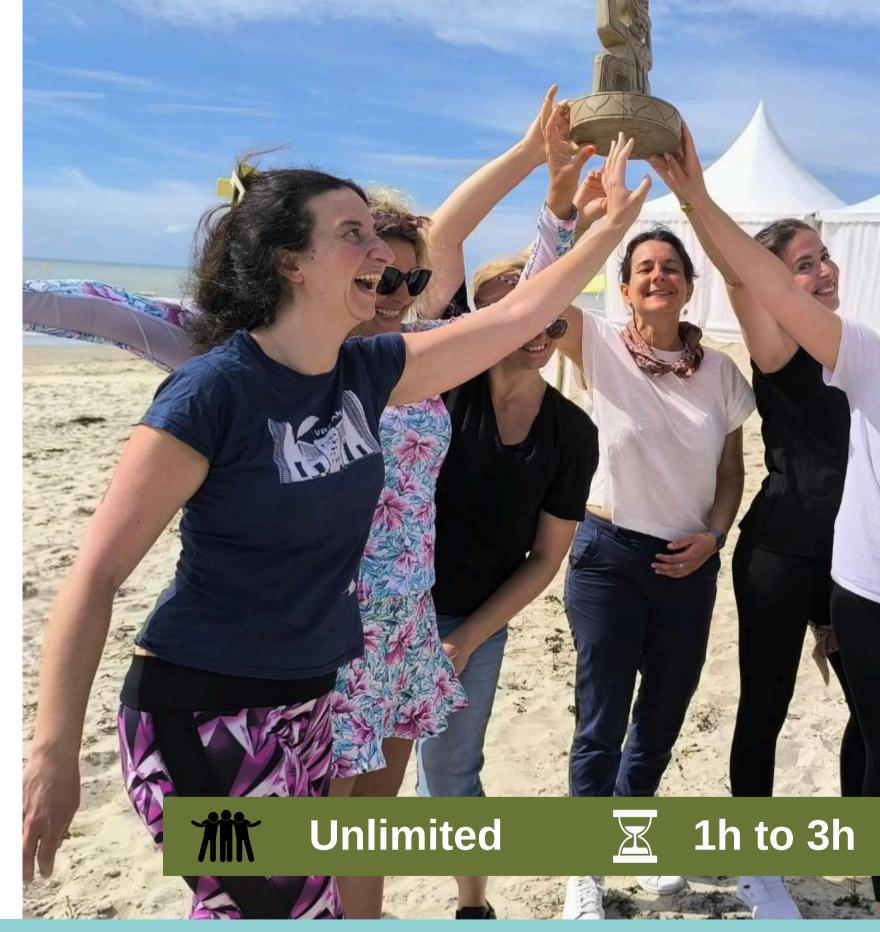
Picnic option for full-day activities

Pick-up and drop-off at your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on mode of travel).

5 Senses Challenge: workshops replaced by sensory workshops

Regional challenge: workshops are replaced by regional workshops (local products, Ch'ti, Flemish games, quizzes, etc.).





Rosalie Rally

Treasure hunt with fun workshops in the rosalie

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as possible in your environment within a given time. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key. Along the way, you'll find workshops to choose from: fun (archery, molkee, bootcamp, ...), tasting, logic (tangram, puzzle) or sports... on your way.

Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

Options

Basic orientation and discovery activity

5 Senses Challenge: workshops replaced by sensory workshops

Regional challenge: workshops are replaced by regional workshops (local products, ch'ti, Flemish games, quizzes...).





Challenge Nature - CSR

CSR-themed treasure hunt with fun workshops

Based on the Nature Challenge in your environment near your seminar venue, 3 CSR-related workshops will be set up:

Waste collection

Mini climate fresco

Awareness-raising on fauna/flora).

Questions, reflections and information will be presented on the causes, consequences and solutions linked to climate change (climate fresco).

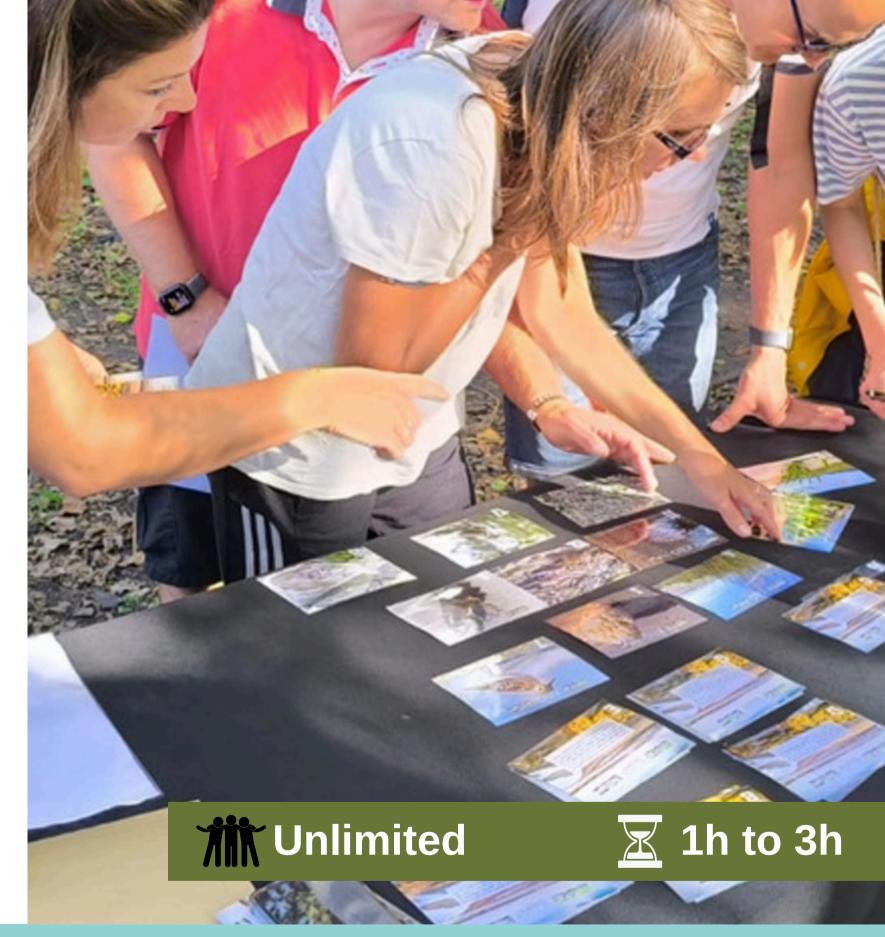
Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective, but also to find concrete actions to implement within your company.

Options

From and to your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on travel mode)





Conquering the totem pole

Kohlanta orientation and workshops

Are you a fan of team adventure? The "conquer the totem pole" challenge is for you! Who will win, the red team or the yellow team?

After an orienteering test in search of Kolhanta-style time bonus necklaces, you'll meet up for a variety of activities to choose from, depending on the duration of your activity and your desire (more or less athletic) to challenge yourselves on the beach:

Crawling, digging in the sand as quickly as possible to get under and over obstacles Go blind, guided by your team-mates, along a predefined course.

Archery skill workshop

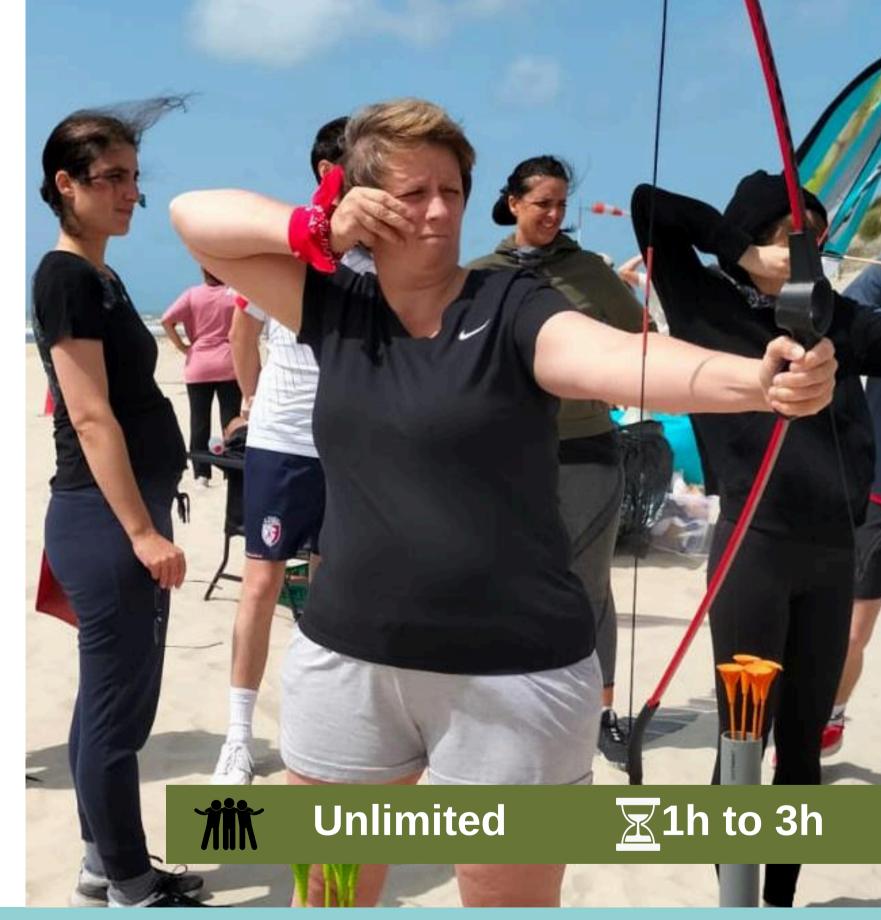
Precision workshop with the cooperative tower

Concentration workshop with the tangram

The mythical pole test... hold on as long as possible on a small surface.

Options

Setting the scene (bandana, battle cries, totem pole...)





Conquering the totem po

Kohlanta workshops possible

Our activities to choose from on the kohlanta (depends on the number of people and the duration of the activity):

Archery

Sand or water transmission: at low tide, the aim is to fill as many sand buckets as possible in as little time as possible, passing handfuls of sand to each other without dropping any.

Blind: the aim is to complete a course as quickly as possible, guided by a team member.

Bootcamp: Crawl, dig into the sand as quickly as possible to pass under and over obstacles.

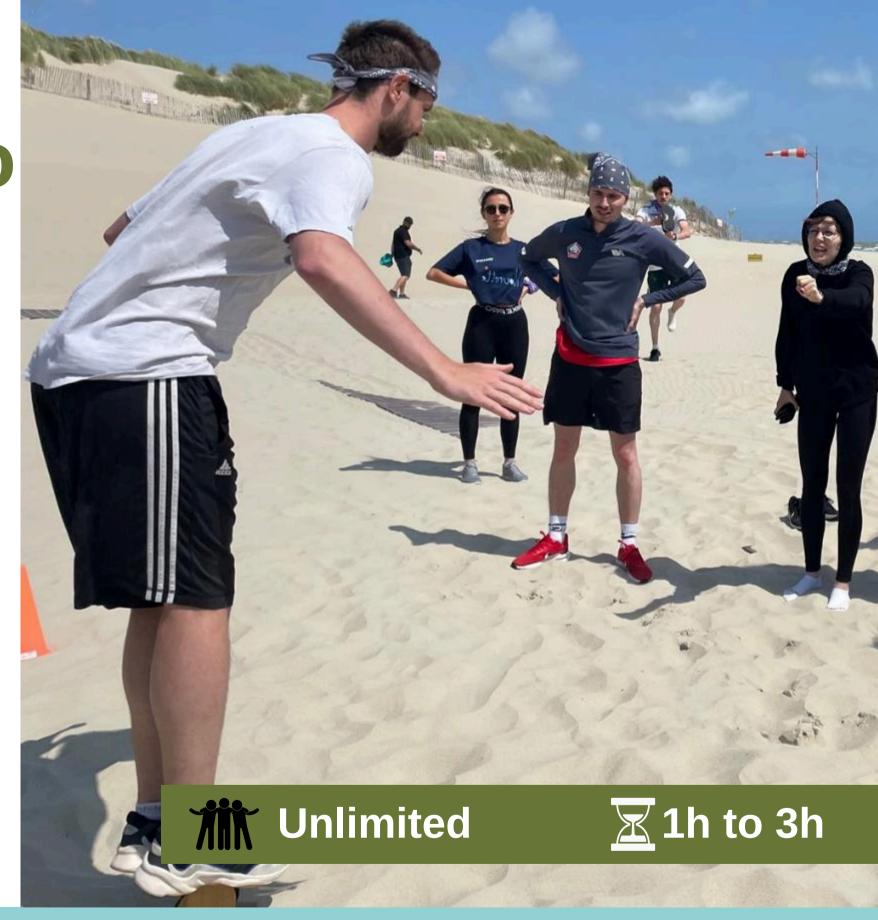
The cooperative tower: as a team, 1 string in each hand, you must coordinate to build a tower as quickly as possible.

Tangram, to be completed as a team as quickly as possible

Skill: the aim is to knock down as many skittles as possible.

Poles: which team will last the longest on the mythical totem poles?

Totem pole memory





Touquet Xpress

A fun way to discover Le Touquet

The goal? Find all your meeting points in as little time as possible!

Unite your teams and challenge them at the same time! Le Touquet Xpress is the best way to discover the town through an accessible and convivial activity.

It's not just about speed! You'll also have to solve riddles and complete challenges (non-sporting: selfie, puzzle, archery, tasting, etc.) that will be thrown at you along the way.

Creativity and reflection are also essential to score maximum bonuses. Are the first to arrive really the winners?

Objective

Emphasize determination and competitive spirit; Develop exchange; Enrich team cohesion.

Options

Activities accessible to all

Possible modes of transport: bike: max. 50 people / Rosalie: max. 9 teams of 6 people, on foot: unlimited.

Additional cost depending on mode of transport.





Cluedo outdoor

Solve the crime!

As James Bond, go in search of clues to find out who kidnapped our James Bond Girl.

In your environment, you'll search for clues and solve puzzles that will give you the clues you need to solve the great mystery of the kidnapping.

Our agents will help and guide you in your quest. They will entrust you with missions.

Objective

Observation, mental gymnastics, logic and reflection will be at the heart of your activity. Rely on your team-mates to help you solve this challenge.

Options

Possibility of retreating indoors depending on the weather (room required). Limited to 28 people indoors.





Cluedo outdoor

Our workshops to choose from (outdoor escape game only):

Archery

The cooperative tower: as a team, 1 string in each hand, you must coordinate to build a tower as quickly as possible.

Tangram, to be completed as a team as quickly as possible

Puzzle: find the code

Puzzle: decipher the riddle* Observation: find the clue

Observation: find the clue*. Chance: an extra clue if you win

*These workshops can be chosen several times.





Le Touquet visit

Places Nature, heritage, Baie de canche

Discover the environment of Le Touquet, its beach, dunes, forests, historic sites and the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

The Baie de Canche National Nature Reserve is located in the Hauts-de-France region of France.

Classified in 1987, it covers an area of 505 hectares on the Canche estuary, 465 ha of which is public.

Classified in 1987, it covers an area of 505 hectares on the Canche estuary, 465 ha of which is public maritime land.

Here you can discover the flora and fauna, as well as the seals (100 of which currently live in the bay). The bay is also popular with water sports enthusiasts, making it an ideal spot for windsurfers and kitesurfers to enjoy the wind's force in a peaceful setting, away from the crowds and in contact with nature.

Options

By night...

On foot, jogging, cycling

Stop to discover the flora and fauna, with the possibility of adding a time for relaxation or meditation....





Olympics

Seeds of Champions!

After your work sessions, come and enjoy the sea and the beach, and let off steam with a range of fun workshops.

Relax and have fun as a team.

The Beach Challenge may or may not be completed, with a ranking according to your choice and objectives.

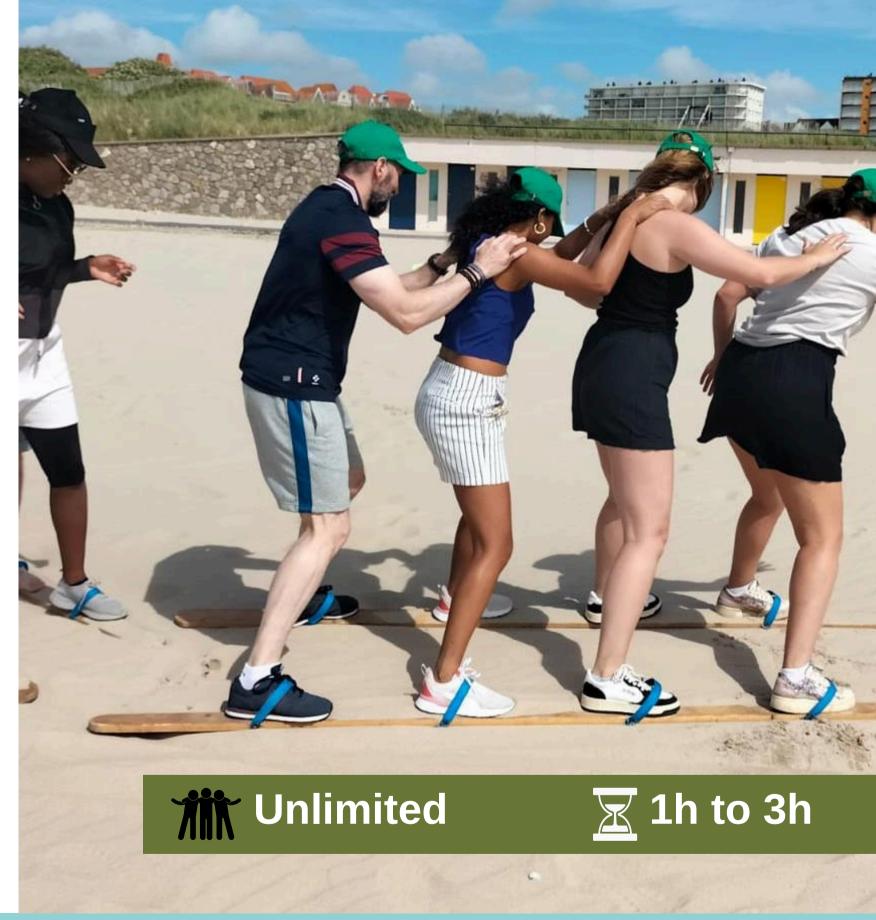
Each workshop will earn you points, and the team with the most points will be named winner of the sands!

Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

Options

Various workshops to choose from depending on the length of your activity and the number of participants: giant ski, archery, blowpipe - Frisbee, football soccer, beach volleyball, Molkee, sand putting, obstacle course, mini-orientation, Spikeball, infernal tower, Tangram, skill, transmission, sack race, blindfold, Pictionnary, petanque, tug-of-war, Pyramid, balance, BBadminton, giant Mikado.







Olympics

Explanations of the workshops:

Giant ski*: equipped with giant skis, the team works in coordination on a course in the sand.

Skill*: the aim is to place as many rings as possible around pegs planted in the sand.

Archery

Transmission: fill as many buckets as possible, passing sand from hand to hand

Frisbee*: the aim is to get as many Frisbees as possible into the target.

Sack race: the aim is to complete an out-and-back run as quickly as possible in a relay.

Soccer soccer: 2 soccer cages and a referee are available for free play.

Blind race: complete a course as quickly as possible, guided by a team member.

Beach volleyball: a beach volleyball court and a referee are available for free use.

Pictionary*: guess as many words as possible using drawings in the sand.

Molkee*: the aim is to knock down as many pins as possible in as few shots as possible.

Pétanque or sand putting: the aim is to get as close as possible to the target in as few strokes as possible.

Tug-of-war

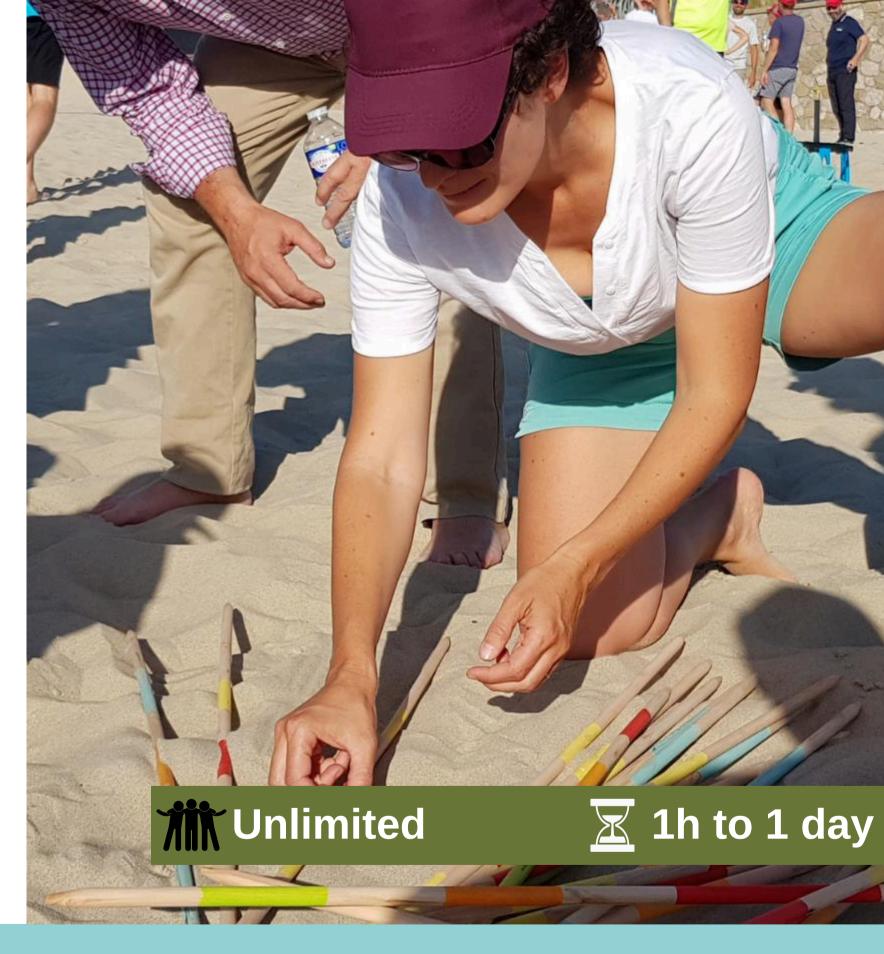
Combat course: complete a relay course in the shortest possible time.

Equilibre*: hold on to a narrow platform for as long as possible

Spikeball: A game played 2 against 2 with rules similar to volleyball. The net is replaced by a mini trampoline on which the ball bounces.

Badminton: a badminton court and a referee are available for free activity.

Towering inferno*: the aim is to build the tallest tower as quickly as possible using the kaplas provided.





Touquet 2024

Seeds of Champions!

After work sessions, come and enjoy the sea and the beach to air out through several fun workshops linked to the 2024 Olympic Games.

Opening ceremony, have fun as a team, find your team name, your pennant.

Let's get down to the nitty-gritty with the competition, where each workshop gives you the chance to earn points.

The team with the most points will be named Le Touquet Olympic Champion at the medal ceremony!

Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

Options

Giant skiing, Archery, Football soccer, Beach volleyball, Petanque, Sand putting, Mini-orientation, Badminton, Athletics, Gymnastics: Wrestling, Basketball, Table tennis...





Touquet 2024

Explanations of the workshops:

Giant ski*: equipped with giant skis, the team works in coordination on a course in the sand.

Archery*: aim for the target

Soccer soccer: 2 soccer cages and a referee available for free-play or precision shooting.

Beach volleyball: a beach volleyball court and a referee are available for free-play activities.

Pétanque*: the aim is to get as close as possible to the target in as few shots as possible.

Putting*: the aim is to get as close to the target as possible with as few strokes as possible.

Mini-orientation*: with the help of a map, discover your surroundings by finding as many markers as possible in as little time as possible. Riddles can be added.

Badminton*: a badminton court and a referee are available for free play.

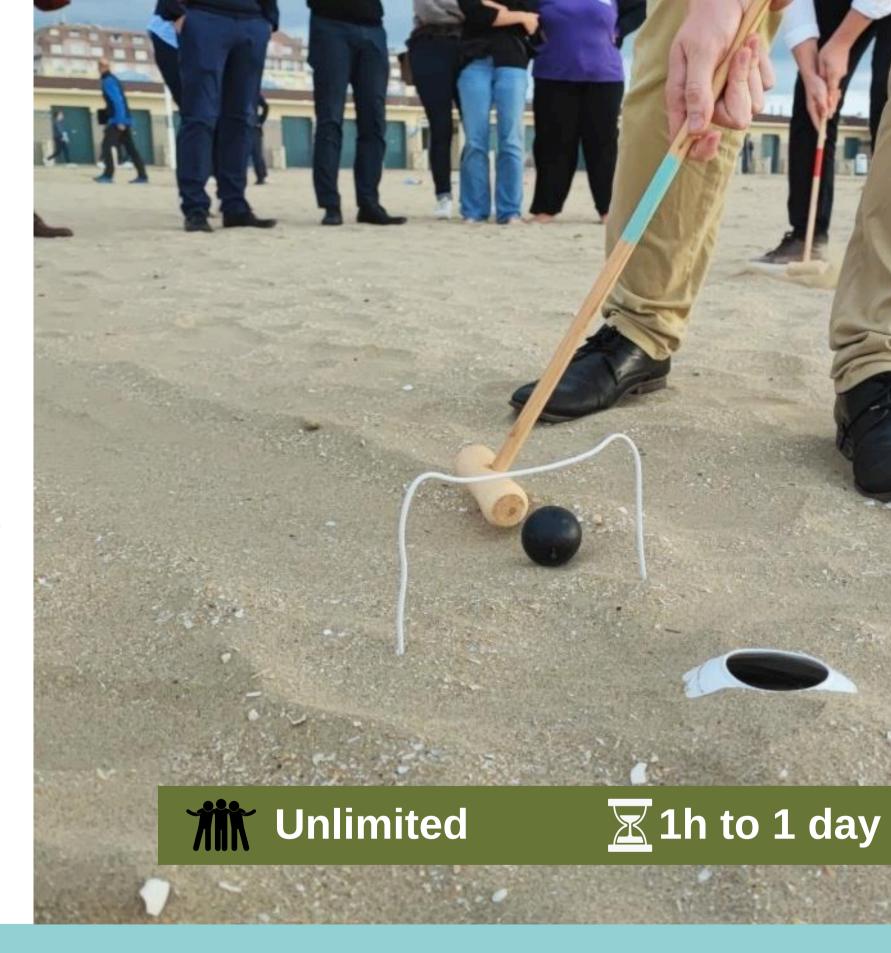
Athletics*: run, jump, throw, relay...

Gymnastics*: create the most beautiful pyramids and demonstrate your skill and balance.

Wrestling*: put your opponent out of the combat zone

Table tennis*: table tennis tournament on adapted tables

Basketball: baskets and a referee are available for free play or precision shooting.





Challenge "Robinson"

Hold on!

But how are we going to do it?

You'll receive building materials (beams, ropes, cans...) to build a raft.

You'll be given building materials (beams, ropes, cans, etc.) to construct a raft. You'll then have to test your project... Buoyancy on water...

Collaboration, communication and listening skills will be needed to bring the project to fruition.

Objective

Visualize your group's attitudes, roles, positions and communication.

Options

Activity alone or with water test Combined activity in a Nature challenge





Attire: comfortable shoes, swimsuit and towel.

Depending on the weather, kway, sunglasses and cap.

Challenge « Adresse »

May the best shooter win!

Skill and precision!

Test your skills as a team in an outdoor bowling alley with several possible scenarios.

Objective

Visualize your group's attitudes, roles, positions and communication.

Options

Archery

Molkee*: knock down as many pins as possible in as few shots as possible

Pétanque: get as close as possible to the target in as few shots as possible.

Frisbee*: get as many Frisbees as possible into the target

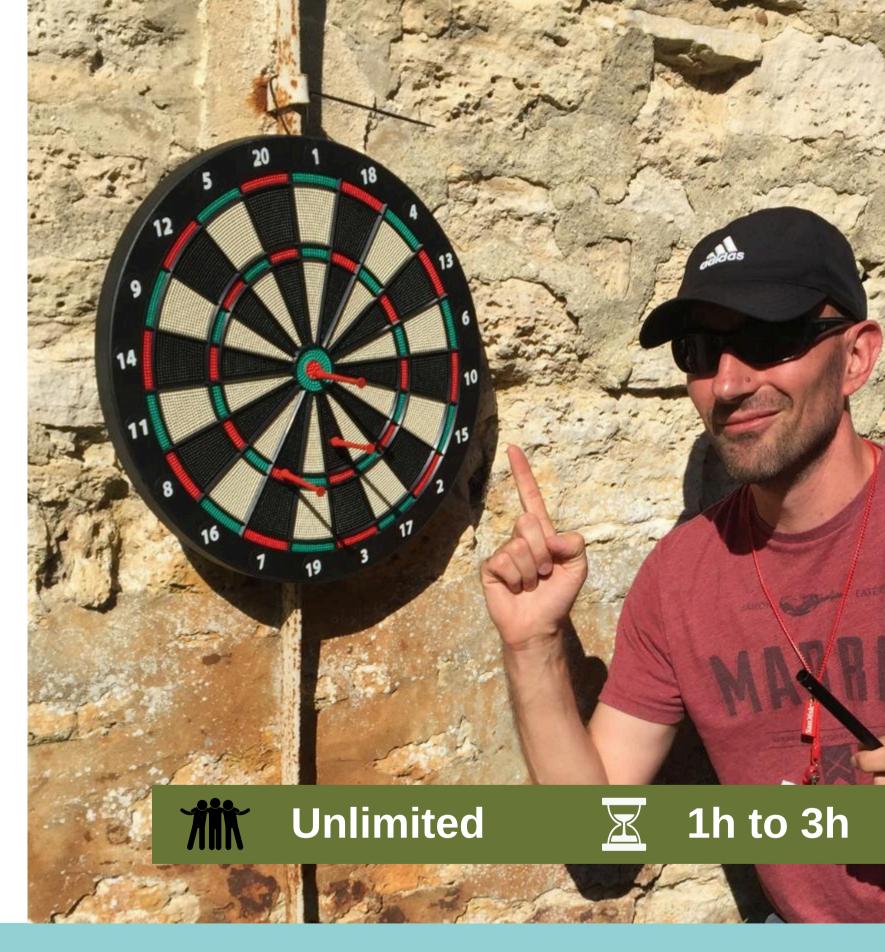
Tour*: build the tallest tower as quickly as possible, thanks to good coordination.

Mikado*: the famous game of skill and concentration

Putting in the sand: the aim is to get as close as possible to the target in as few strokes as possible.

Corole*: throw your bags to reach the target

Skill: the aim is to put as many rings as possible around pegs planted in the sand.





Bike&Run

Relay and cohesion

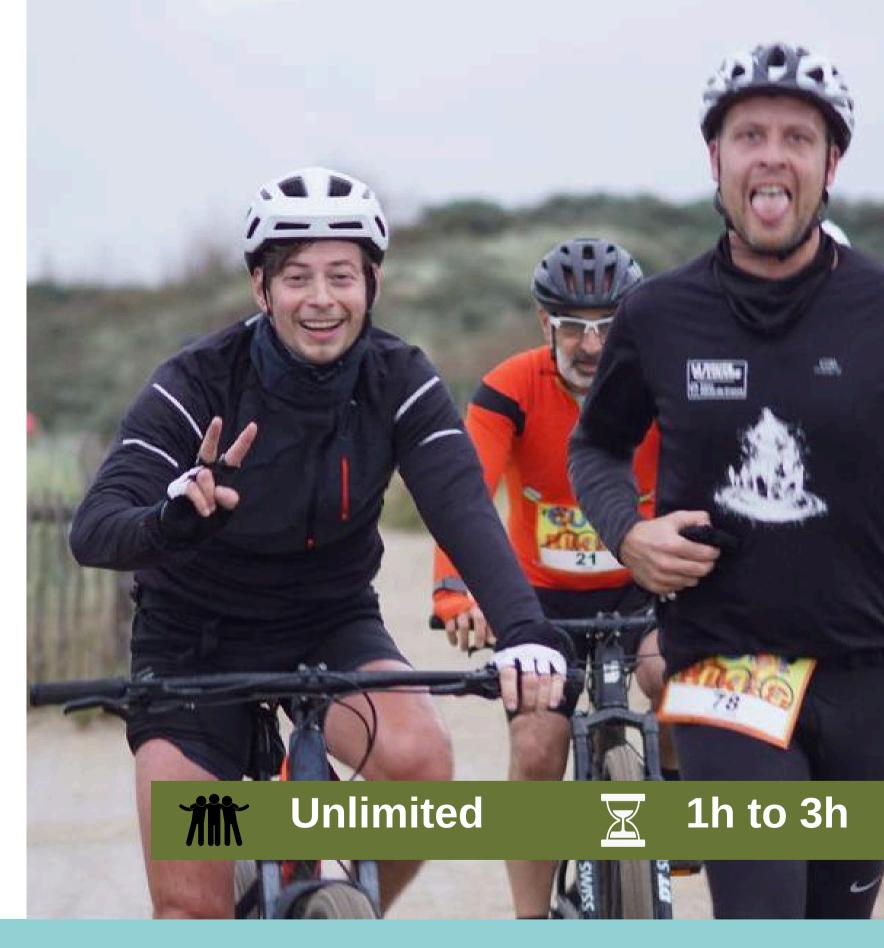
The principle of this discipline is to mix mountain biking with running. It is practiced in pairs, in the form of a relay: the two athletes set off together, one on a bike and the other on foot.

After a certain distance, the first puts down the bike, which is taken over by the second. This operation is repeated until the finish line, which must be crossed by both athletes at the same time.

It's a complete sport that combines two disciplines. It's very important to know how to manage your strength: mountain biking requires a great deal of energy, whereas running allows you to enter the recovery phase.

Objective

Communication so as not to lose your teammate and your mountain bike, effort management skills





Attire: wear comfortable running shoes. Depending on the weather, kway, sunglasses and cap.

Raid multisports

The individual at the service of the collective

A Gauloises raid in Le Touquet! ...Let's go!

Don't worry, the activities will be adapted to the level of the group! A change of scenery guaranteed with the natural surroundings of Le Touquet: forest, beach, sea, dunes...

With your team, set off on an adventure by completing a series of orienteering and route-finding activities as quickly as possible.

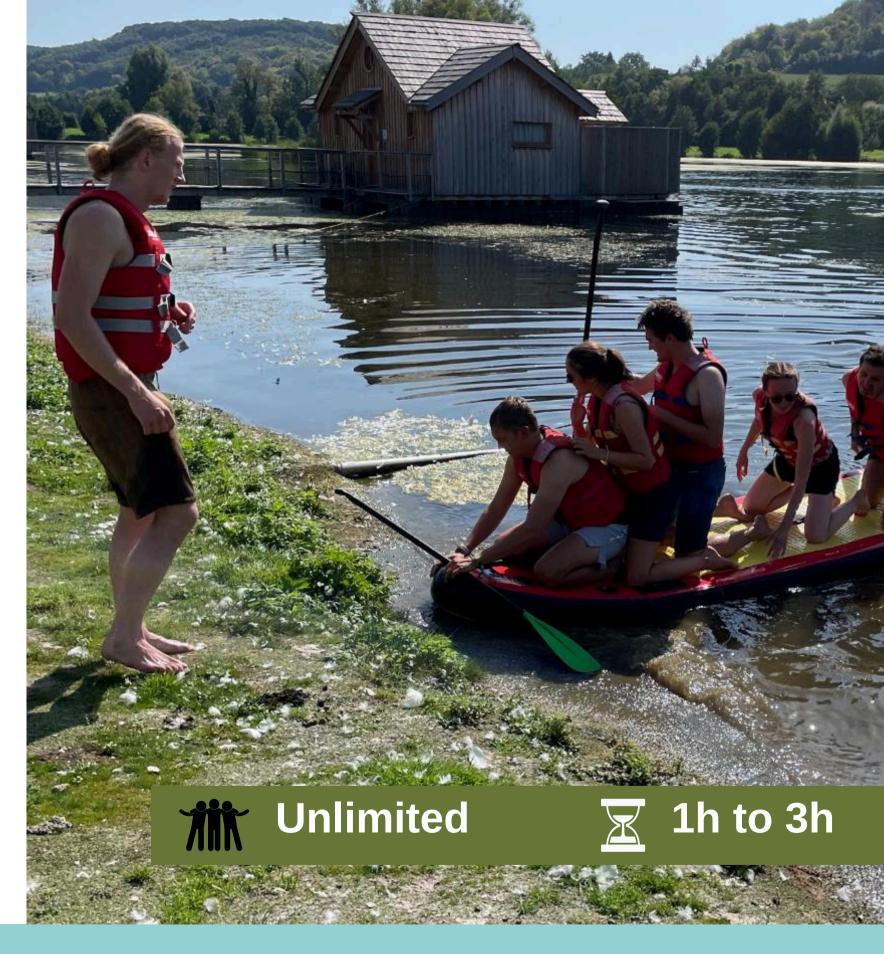
Team spirit, surpassing your limits, communication and respect are the keys to success.

Objective

Discover the practice of Raid multisport and the values it represents.

Procedure

Raid discovery: orienteering on foot, mountain biking and archery Raid Adventure: orienteering on foot, mountain biking and canoeing Raid sportif: trail, orienteering on foot, mountain biking and canoeing





Attire: wear comfortable running shoes. Depending on the weather, kway, sunglasses and cap.

Accompanied jogging

Discover Le Touquet

Discover the environment of Le Touquet, its beach, dunes, forests, historic sites and the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

With a coach who can give you advice on warm-up, running, recovery and equipment.

Warm-up Footing for all Recovery

Objective

A truly shared moment

Options

Nature is more trail-oriented
Patrimoine is more road-oriented
A mix of the 2





Attire: wear comfortable clothing and running shoes. Depending on the weather, kway, sunglasses, cap and water bottle.

Longe côte

Gentle sport at sea

Discover this activity in the most beautiful part of Le Touquet, the wild, natural sea. Longe côte characteristics:

To practice longe côte, the longeur must first position himself in the sea so that he is waist-deep in water. To vary the effort and intensity, you can perform different movements along the way. For example, you can walk, jog, run or hop. Longe côte can be practised alone or in a group, at any time of year, whatever the water temperature. It's for everyone, of all ages. If you're lucky, you may even come across the seals that have made our waters their home in recent years.

Objective

Communication, coordination and a sense of balance are needed to move forward in the right direction.

Options

Varied movement
With or without combination





Attire: swimsuit and towel. Depending on the weather, sunglasses and cap.

Bootcamp

Strengthening muscles in the forest or on the beach

Bootcamp is a fitness challenge open to all!

It's up to you to prove you're up to the challenge. Successfully complete the many challenges on offer:

Crawl under the net

Climb the dunes

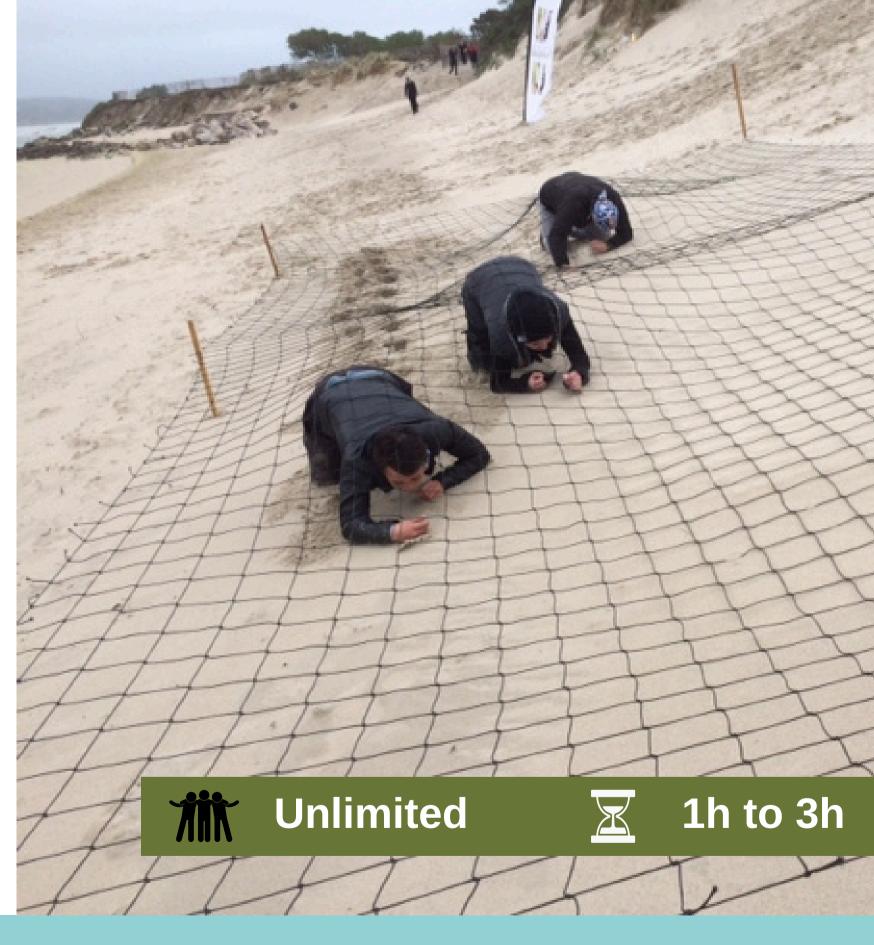
Show your strength

Push-ups and squats

and other workshops depending on the duration of your activity

Objective

It's up to each individual to optimize his or her role to help the team succeed; individual performance at the service of the collective!





VEHICULAR ACTIVITIES



"It's in the field, sharing the same trials, the same sensations, that a new cohesion and a different state of mind can emerge."

Bikes

Discover Le Touquet or self-service

Come and discover or challenge yourself on a bike ride...

Discover all Le Touquet has to offer, not only in town, but also in the forest and pinewoods! From a simple ride to an orienteering course or a relay, anything is possible.

There's no limit to the number of participants on bikes. For guided tours, 1 guide for 20 people.

Objective

Discover your surroundings more easily than on foot Discover less accessible places

Options

Simple stroll
Guided walk
As a treasure hunt





Sailing boats

Under Eole's spell

The Le Touquet coastline is one of the most famous for sand yachting, with miles of beach just waiting for you!

Come and discover the exhilarating sensations of sand yachting: speed, freedom and oxygenation by the sea.

Objective

Mastering yourself and the elements

Options

Possibility of tandem float with an instructor Alternative activity if weather conditions are unfavorable Depending on tide times, sand yachting at sunset





TAttire: bring comfortable clothing and shoes that don't fear seawater. You'll also need gardening goggles and glasses.

Galloping on the beach

Sand under the hooves

The Centre Equestre du Touquet, recognized as one of the largest equestrian complexes in France, is located in a magnificent setting between sea and forest, with 45km of bridle paths.

Whether you're a beginner, an expert or a seasoned rider, you'll be able to ride in the forest, in the dunes or gallop along the beach in small groups.

An exceptional setting for dream rides on horseback or in a horse-drawn carriage.

Objective

Self-control

Options

Stroll on the beach
Forest walks
Sunrise or sunset walks according to tide times





Attire: wear comfortable clothes and sneakers. Depending on the weather, kway, sunglasses. Long pants mandatory.

Segway ride

Striking a balance

Whether it's for a seminar or a customer meeting, you're looking for an original activity that lets you discover Le Touquet in record time. Opt for a Segway ride!

You'll see the major sites of Le Touquet-Paris-Plage: the Canche estuary, the lighthouse, the Ypres garden, the covered market and the most beautiful villas.

We adapt the content of our activities to suit your expectations. In addition, our rides can be punctuated by short animations (technical circuits, steep slopes...) to let you enjoy the sensations of the Segway.

Objective

Controlling yourself and your mode of transport

Options

Alone or in teams or relays
Handling
Simple ride
With workshops





Electric scooters

With or without workshops

Whether it's a seminar or a customer meeting, you're looking for an original way to discover Le Touquet in record time. Opt for a ride on electric scooters!

You'll be able to see all the major sites of Le Touquet-Paris-Plage: the Canche estuary, the lighthouse, the Ypres garden, the covered market, the forest and its undergrowth, as well as the most beautiful villas.

We adapt the content of our activities to your expectations. Our rides can also be punctuated by small activities (technical circuits, steep slopes, etc.) to let you enjoy the sensations, or small workshops (tangram, archery, etc.) to challenge you.

Objective

Controlling yourself and your mode of transport

Options

Alone or in teams or relays
Handling
Simple ride
With workshops





Nautical activities

Pirogue, giant paddle, single paddle, kayak

Discover the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

If you're lucky, you'll come across the seals that have made our waters their home for some years now.

The activities are accessible to all, no level required.

Objective

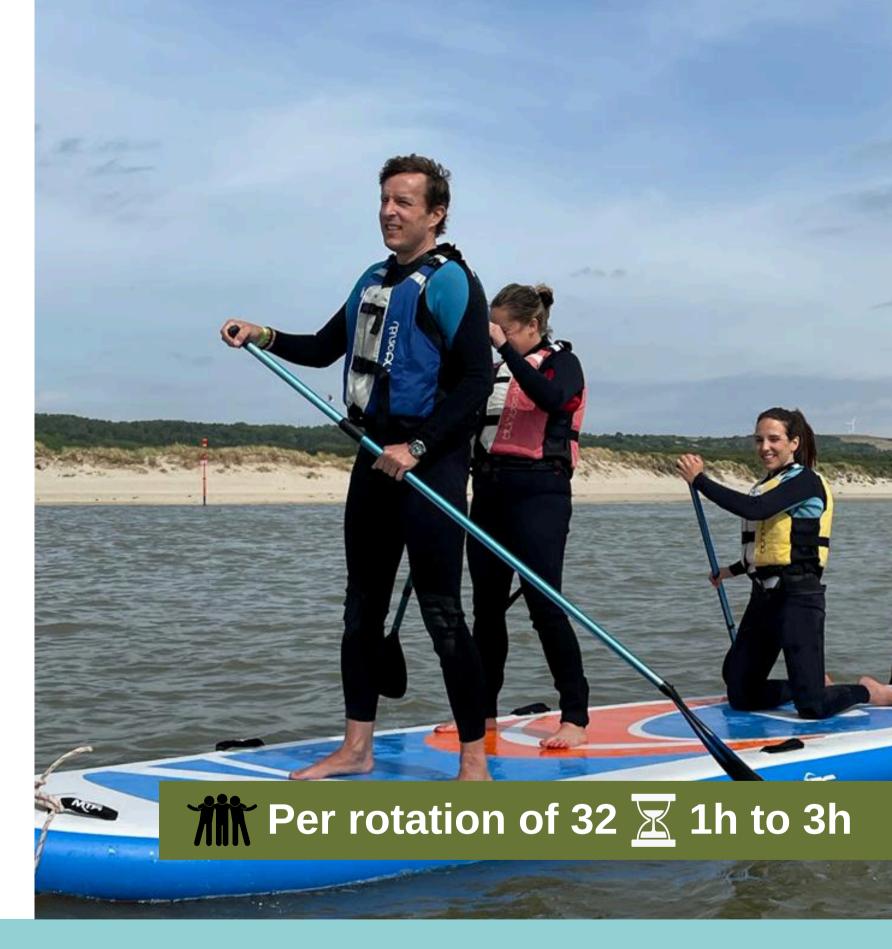
Communication, coordination and a sense of balance are needed to move forward in the right direction.

Options

Kayaking: in single or duo boats

Alternative activity if weather conditions are unfavorable

Activities subject to tide schedules,





Attire: swimsuit, towel and waterproof shoes. Depending on the weather, kway, sunglasses and cap.

Boat cruise

Discover the Baie de Canche

At the foot of Pilori, the Canche flows between dunes and wooded banks, groynes and sandbanks.

Embark in the heart of a grandiose natural setting for a walk punctuated by the commentary of a guide-mariner. Depart for the port of Étaples-sur-mer and its fish stalls. On the way back, the exceptional Bay of Canche awaits you.

Boarding at Base Nord (Centre Nautique de la Canche) or Etaples sur Mer.

Objective

Discovering seals and the Bay of Canche

Procedure

50 minutes / 1 hour

Available from April to the end of September, depending on tides and weather conditions.

Minute stop at Etaples harbor possible.





Activities Gastronomy



Gourmet Rally

Discovering the city and local produce

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt!

Find as many clues or beacons as possible in your environment within a given time. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key. Several stops are planned, in town or at remarkable sites, with taste workshops selected in advance (cookies, cheese, chocolate, seafood, etc.).

Participants will use a map and road book to get around.

Quizzes on the resort can be added to the workshops.

Objective

It's up to each individual to optimize his or her role to help the team succeed; individual performance at the service of the collective.

Options

Combine forest and beach for a complete challenge No limit if done on foot, Bicycle: 50 people maximum, Rosalie: 9 teams of 6 people maximum. Activities open to all





Gastronomy, crafts

Discovering the city and local produce

Discover Le Touquet's heritage: its gastronomy, its craftsmanship, ...!

Visit the Manufacture du Touquet and blind-taste the cookies prepared in front of you. A visit to our cheesemonger to taste the cheeses of the Côte d'Opale can also be arranged.

Then it's on to oysters and a glass of wine at Pérard, the famous seafood restaurant. A blind wine tasting can also be arranged with our partner Cave Touquettoise.

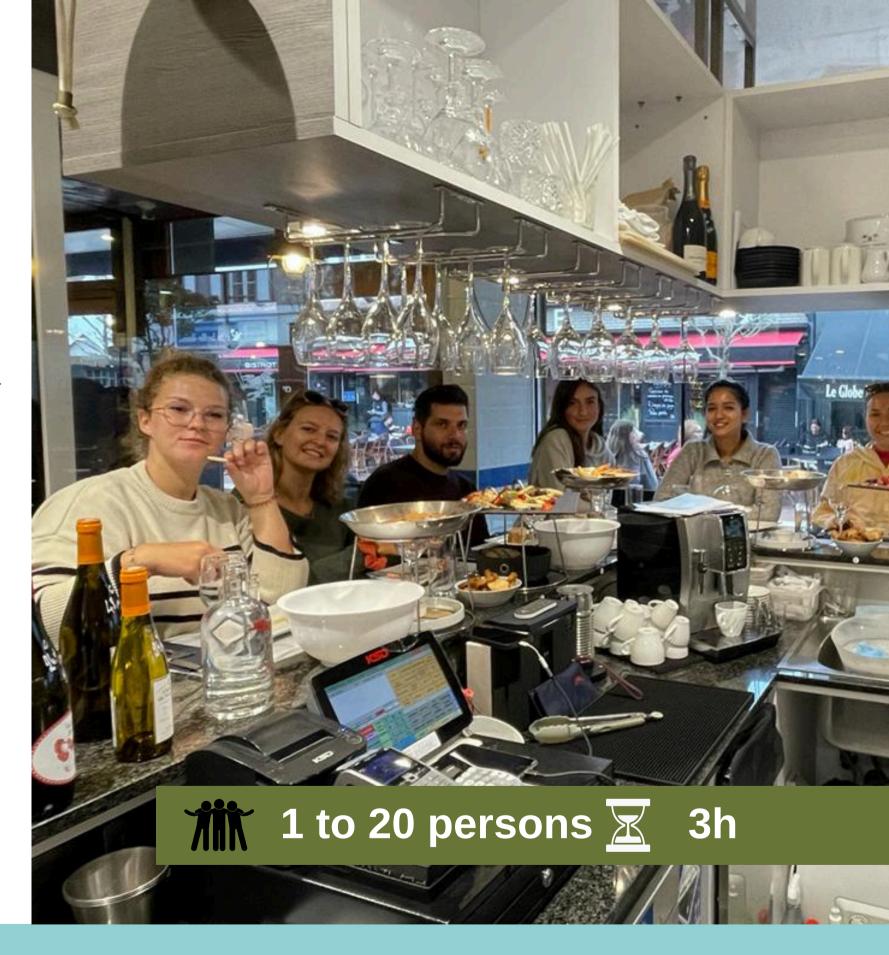
To round off this tour de table, we'll take you on a glass-shaping discovery, and if you choose, you can take part in the creation of your own glass with your initials.

Objective

Promoting Le Touquet's gastronomic and craft heritage

Options

You can add a visit to the lighthouse, the bay, the museum and the market to your program. Depending on the discoveries you choose, you can travel on foot or by bike (additional cost).





Wellness activities



Meditative walk

Energize yourself!

Meditation and introspection are allies in helping you feel good about your work and cope with the stresses of everyday life.

We propose a meditative walk by the sea to leave behind the negative, open up to nature, oxygenate and recharge your batteries.

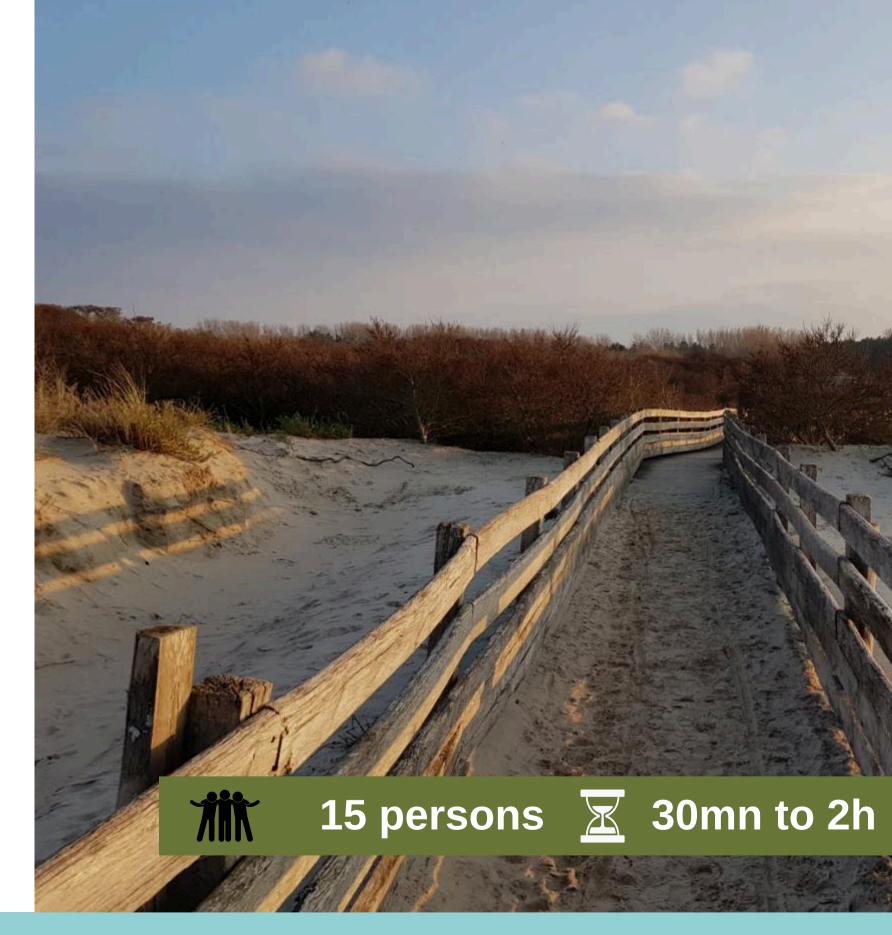
With no physical level required, this discovery of nature and yourself will get you moving in the right direction.

Objective

Energize yourself!

Nos options

Indoor or outdoor
In the forest or on the beach





Attire: bring comfortable clothing and shoes.

Depending on the weather, kway, sunglasses, cap if the activity takes place outdoors, as well as a towel and bottle of water.

Other activities



Tennis / Padel

The Kingdom of clay

France's first clay-court tennis center!

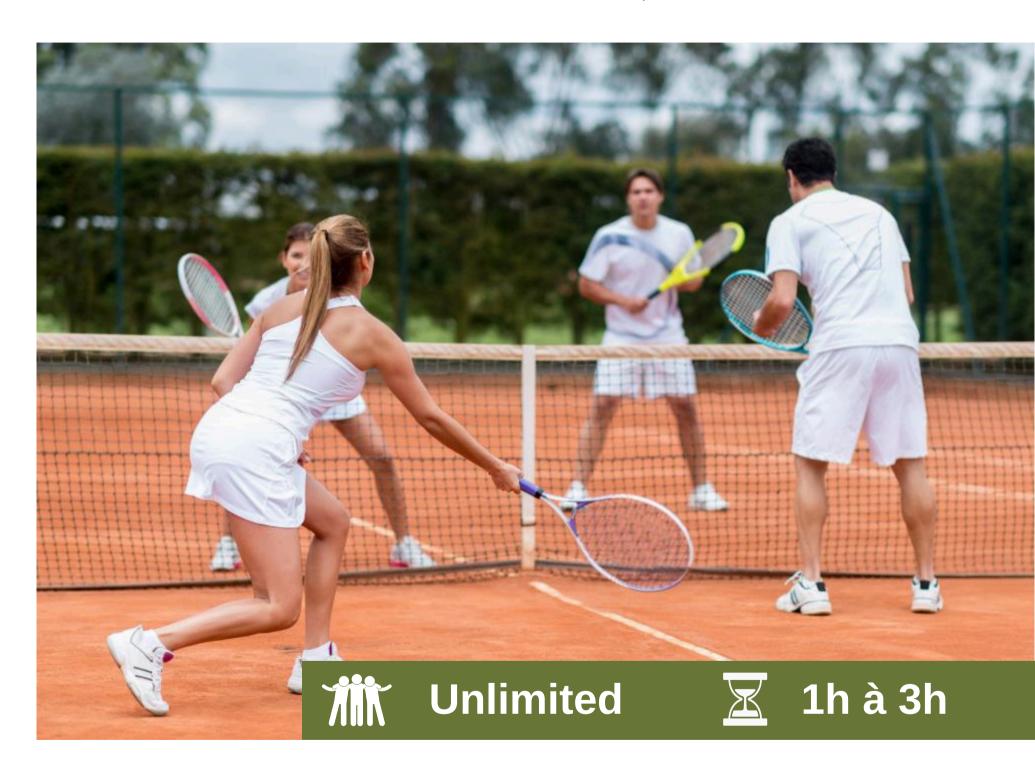
At the Centre Tennistique Pierre de Coubertin, tennis fans can practice their skills on the most beautiful tennis site in France!

This is where the greatest champions (Rafael Nadal, Andy Murray, Novak Djokovic...) got their start. With 24 clay courts and 5 indoor courts for added comfort in winter, tennis can be played all year round at Le Touquet-Paris-Plage. Padel tennis, a cross between tennis and squash, is also being tested.

As for the 900-capacity centre court, it is the venue for all kinds of competitions, the most important of which is the Junior Davis Cup, held every year at the beginning of August.

Options

- Terrain couvert
- Outdoor court
- Clay court
- With or without instructor
- Padel courts





Golf initiation

Initation or fees

The Golf du Touquet, magnificently situated in the heart of a forest of hundred-year-old pines and wild dunes, offers you a unique golfing domain; 3 courses (2 of 18 holes and 1 of 9 holes) where golfers enjoy an exceptional setting.

Le Touquet also boasts a 30-station driving range (20 of which are covered), a putting green, a pitching green and a clubhouse with bar and restaurant.

Formulas

The Par formula (Discovery of equipment, approach to fundamentals, hand, body and club positions, practice, 1st swings, introduction to putting).

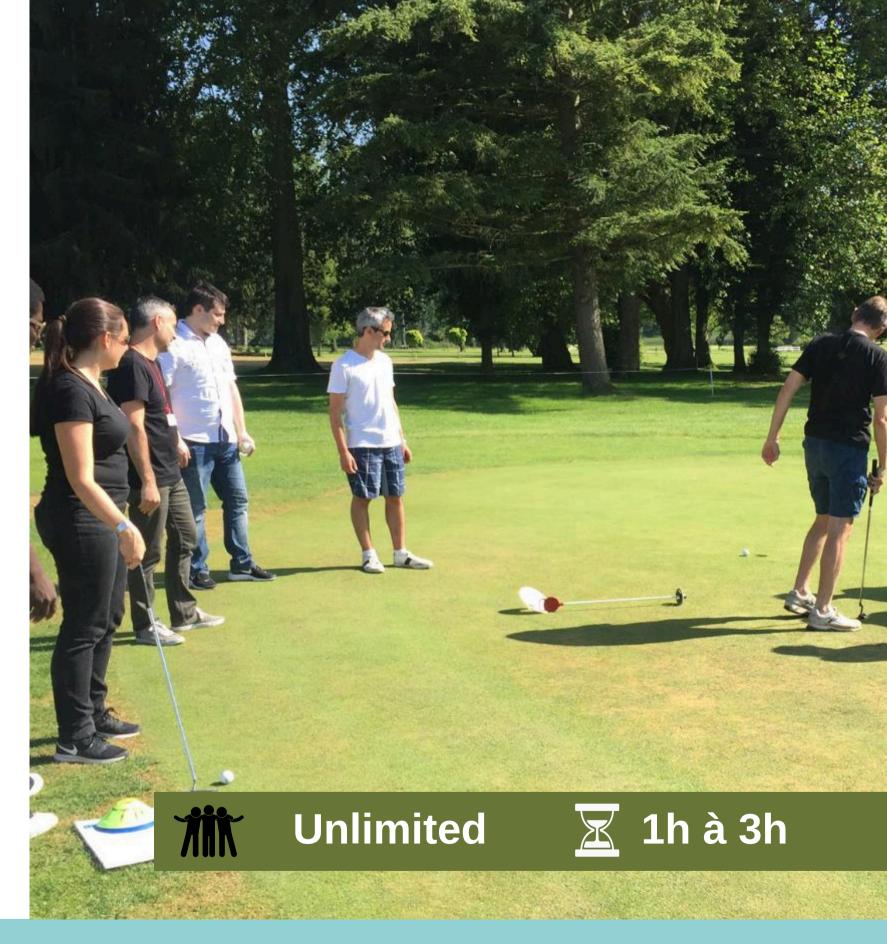
Duration: 1h30

The Birdie formula: introductory formula plus a putting competition and a team or individual challenge.

Duration: 2h15

The Eagle formula Birdie formula, including access to the course, practice and a team challenge.

Duration: 3h00





Mini Golf

Discover Le Touquet's monuments all in one place!

Come and discover mini-golf in Le Touquet as a group!

Located close to the beach, this fun and friendly activity is sure to delight!

The mini-golf course has two 18-hole courses, each lasting around 1h30.

Thanks to the floodlit slopes, games can be played at the end of the day.

The Le Touquet mini-golf course features many of Le Touquet's monuments in miniature, as well as a view of the sea! Ideal for discovering the town while playing.

Options

Night-time with trail lighting 1 to 2 free-access courses

Depending on the event, the mini-golf course "dresses up" for the occasion (Halloween, Christmas, Easter...).





Laby'parc

Fall back into childhood

50,000m2 of leisure space in a nature park. On land, in the water or in the air, Laby'parc offers activities for everyone, with packages to suit your needs. Spaces designed for your comfort and safety.

Organize corporate seminars/teambuilding with pedal go-kart races, riddles in the laby'bois, challenge yourself with the acro

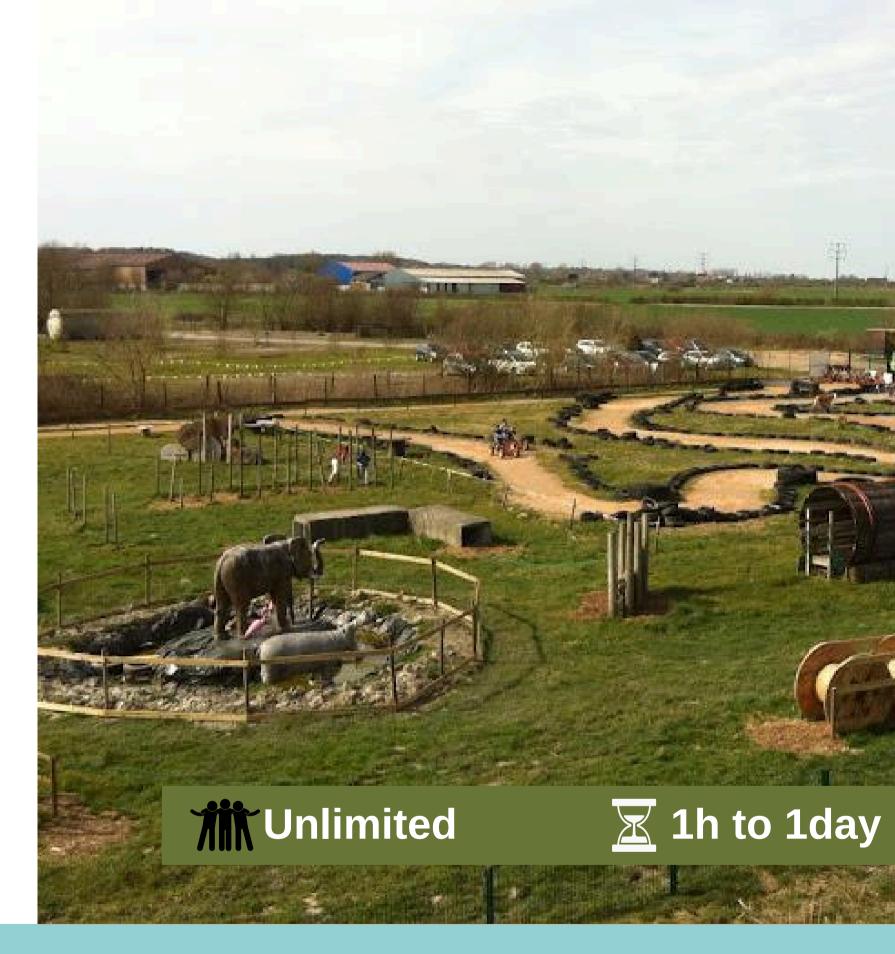
9-meter-high acro-branch, 7-meter-high skydive, 50-meter-long zip line...

A day that's both sporting and cerebral!

Meals available on site in a marquee seating 180.

Options

XXL course
Mini-golf
Laby'maïs
Bubble soccer Adults
Pedal go-karting
Human foosball
Tyrolean traverse





Catalog Indoor | 2025

Rallye 2CV

Step back in time

Take a seat in the legendary 2CV or VW combi!

An unusual adventure for fans of the unforgettable "deudeuche" or combi van.

Discover Le Touquet and the surrounding area at the wheel of these old ladies!

With the help of a road-book and at the wheel of a legendary car, your itinerary will be punctuated by enigmas, obligatory points of passage, and enhanced by a variety of activities, tastings and unusual visits... a memorable tour!

Options

- Transfer version
- Walking version
- With or without activity
- With or without digital tablet





Rallye JAMES BOND 007

In your vehicles

IPlay as James Bond and hunt for clues to find out who killed the James Bond Girl.

Take on the role of James Bond and hunt for clues to find out who kidnapped the James Bond Girl.on each activity if and only if your challenge is validated by our undercover agents, you'll win a clue. These clues will help you unmask, at the end of your adventure, the person who has kidnapped our James Bond Girl while discovering Le Touquet.

Our agents will be there to guide and support you throughout your mission

With the help of a road-book and at the wheel of a car, your itinerary will be punctuated by enigmas, obligatory points of passage, and enhanced by a variety of activities, tastings and unusual visits... a memorable tour! Example: # stop bay seals # stop archery riddles# stop town hall # stop lighthouse tasting # stop Ian Fleming's Le Touquet villa# stop James Bond Photo Booth

Options

½ day to one day
With your own vehicles or vehicles provided
With or without classification
Visit to sites such as the lighthouse, town hall and museum....









Activities Indoor

Catalog Autumn - Winter

Summary

Fun Activities

- Olympics
- Climate mural
- 2-tonne workshop
- Cluedo
- Escape game
- Touquet 2024
- Always stronger!
- 5 senses challenge
- Regional challenges
- Roll my ball

Gastronomy and Tasting

- Ayurvedic cooking
- Culinary workshop

Artistic and musical activities

- Natur'art
- Pottery
- Art work
- Sonotherapy
- Djumbé
- Mechanic for a day
- C'est carton
- Glass work

Wellness activities

- Wellness
- Yoga
- Laughter Yoga
- Thalassotherapy

Other

Other activities



"It's in the field, sharing the same trials, the same sensations, that a new cohesion and a different state of mind can emerge."

Olympics

Laughter guaranteed!

After your work sessions, come and enjoy your free time and get some fresh air through a range of fun workshops.

Relax and have fun as a team. These Olympiads may or may not be completed, with a ranking according to your choice and objectives.

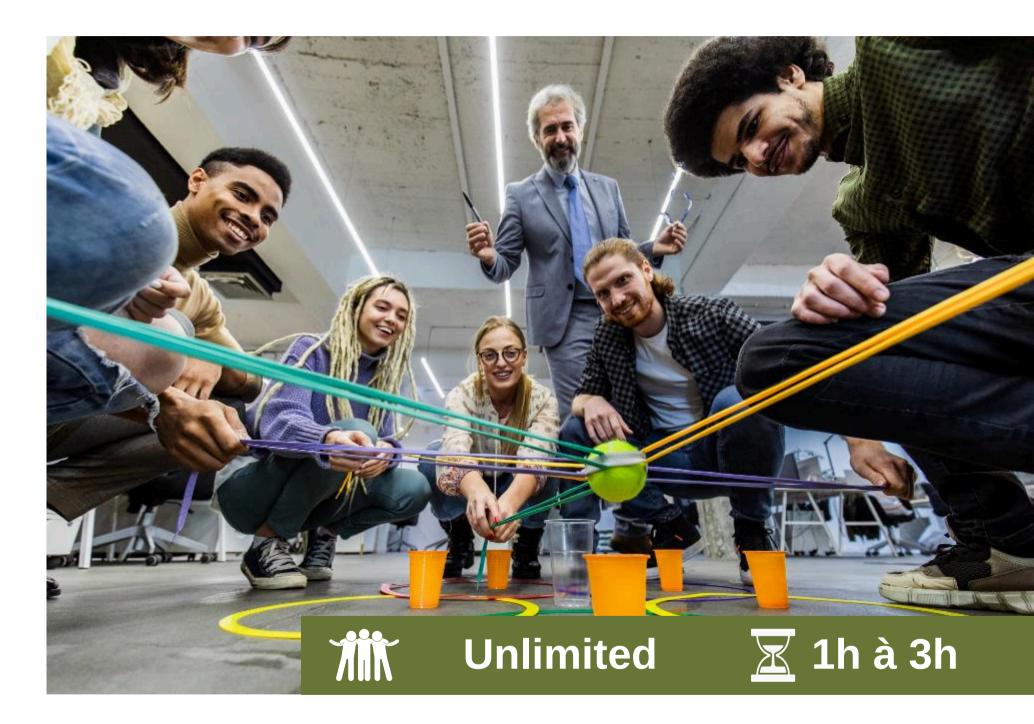
Each workshop will earn you points, and the team with the most points in the challenge will be declared the winner!

Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

Options

Options to suit the space available: Archery, Frisbee, Sack race, Blind dictionary, Molkee, Petanque, Putting, Pyramid, Spikeball, Badminton, Cooperative tower, Giant Mikado, Tangram, Kapla tower.





Climate Fresco

In search of a better world

Fun, educational and collaborative workshop for everyone (employees, citizens...) during a seminar, training session or team building event:

Gain a better understanding and awareness of the issues, causes and and consequences of climate change, and take action.

To contribute to the transformation of our societies and explore individual and collective courses of action.

Objective

As part of a CSR approach:

Provide an overview of corporate social responsibility.

Provide keys to understanding and taking concrete action.

Mobilize teams over the long term.

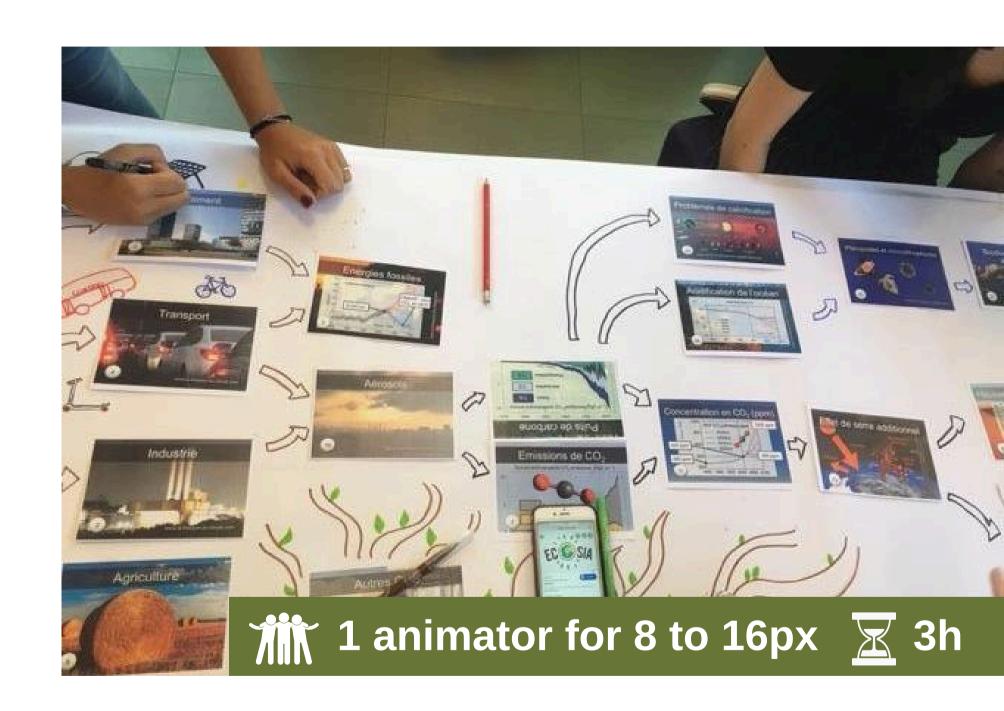
Identify and train climate ambassadors.

Create a collective and contributive dynamic.

Procedure

- 1h30 to understand the issues with the card game
- 30 min to anchor knowledge
- 60 min to take action

Catalogue Indoor 2025





2-tonne workshop

Exploring the future and acting together for the climate

The immersive, educational workshop that boosts climate action! climate action!

In teams: project yourself to 2050, discover the individual and collective levers of ecological transition, and identify the role you can play as a public or private decision-maker!

Objective

The aim is for everyone to become capable of imagining concrete actions, and to be able to implement them in both their personal and professional lives!

Participants will have to try to limit climate change by reaching 2tonnes CO2 eq of greenhouse gas emissions per year and per person by 2050, in order to comply with the Paris agreements.

Procedure

Game phase mixed with quizzes and a systemic presentation of sustainable development issues.





Cluedo

Solve the crime!

In this life-size Cluedo, you're locked in a room where a crime has been committed. Your mission is to discover who the culprit is, in what precise location the crime took place, and with what object it was committed. As you explore the room, you'll need to search for clues, question suspects and solve puzzles that will gradually lead you to the truth. Cooperate to unravel this mystery before time runs out, and be the first to solve this criminal case!

Objective

Observation, mental gymnastics, logic and reflection will be at the heart of your activity. Rely on your team-mates to help you solve this challenge.





Escape Game 007

Escape!

Take on the role of James Bond as you hunt for the secret code to escape the room. In your room, you'll have to find clues and solve puzzles that will provide you with essential clues to solving this captivating mystery.

Our agents will be on hand to guide and support you throughout your mission.

Objective

Observation, mental gymnastics, logic and reflection will be at the heart of your activity. Rely on your team-mates to get ahead and solve the challenge first.





Touquet 2024

Seeds of Champions!

After the work sessions, come and have fun, if the weather isn't on your side, in your room through several playful workshops linked to the 2024 Olympic Games. Opening ceremony, find your team name, your pennant.

Let's get down to the nitty-gritty of the competition: each workshop gives you the chance to earn points.

The team with the most points will be named Le Touquet Olympic Champion at the medal ceremony!

Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

Options

Depending on the space available: Giant ski, Archery, Precision soccer, Petanque, Putting, Basketball, Badminton, Athletics: relays, throws, jumps Gymnastics: pyramid, wrestling, table tennis, etc.





Ever stronger

The fort is coming to you!

Inspired by the famous TV show "Fort Boyard", come and have fun, if the weather isn't on your side, in your own room through a series of fun workshops.

Let's get down to the nitty-gritty with the competition: each workshop gives you the chance to win points.

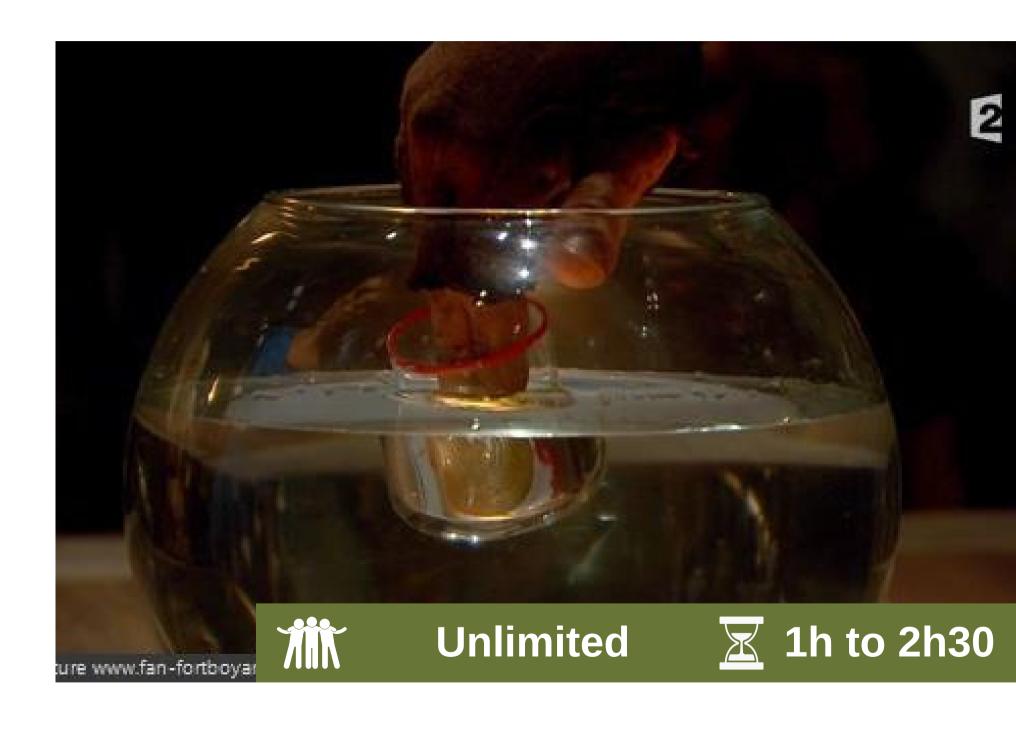
The team with the most points in the challenge will be named Guardian of the Fort at the awards ceremony!

Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

Procedure

Depending on the space allotted and your activity time: the nail test, the balance test, the thinking test, the agility test, the dexterity test, the coordination test, the memorization test, ...and many others.





5 Senses Challenge

Catalog Indoor | 2025

Awaken your senses!

Put your 5 senses to work: taste, listen, touch, smell, observe. Together, take up the challenges that lie ahead.

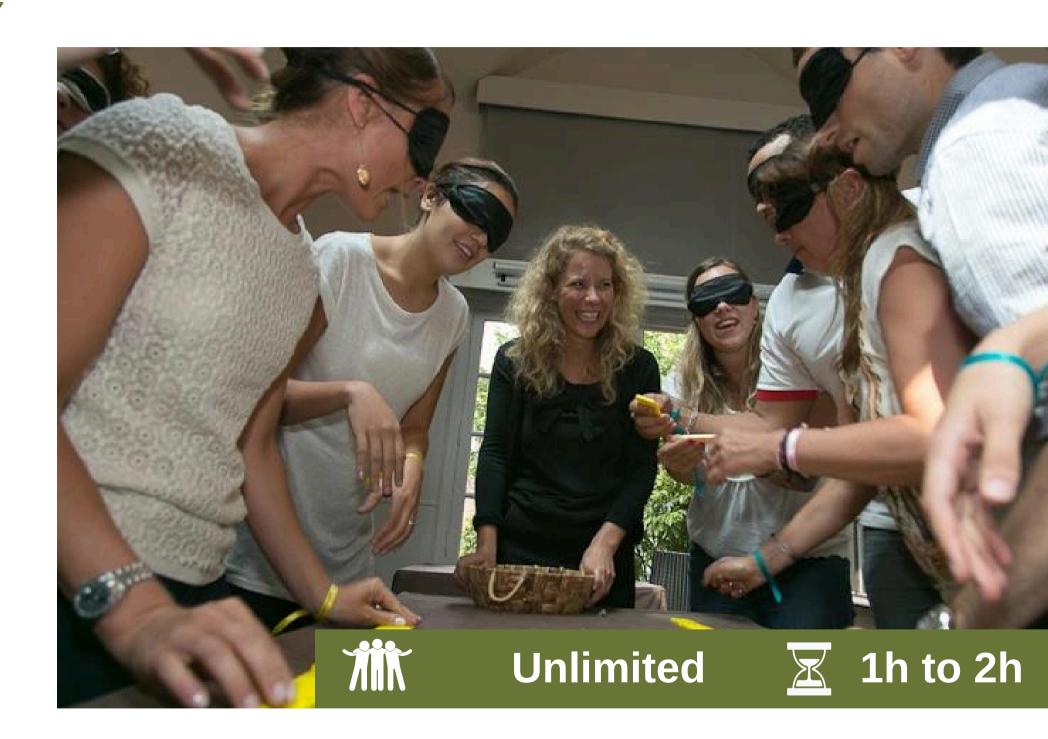
It all seems so simple, but our senses sometimes play tricks on us...

Objective

Communicate with each other to make the right decisions.

Procedure

- Tasting of local products with flavours to discover
- Find the sounds corresponding to your list
- Discover what's hidden in our mystery boxes
- Observe carefully
- Find the smells that match your list





Regional challenge

There's a local soul in you!

The Hauts-de-France region has its own special characteristics...

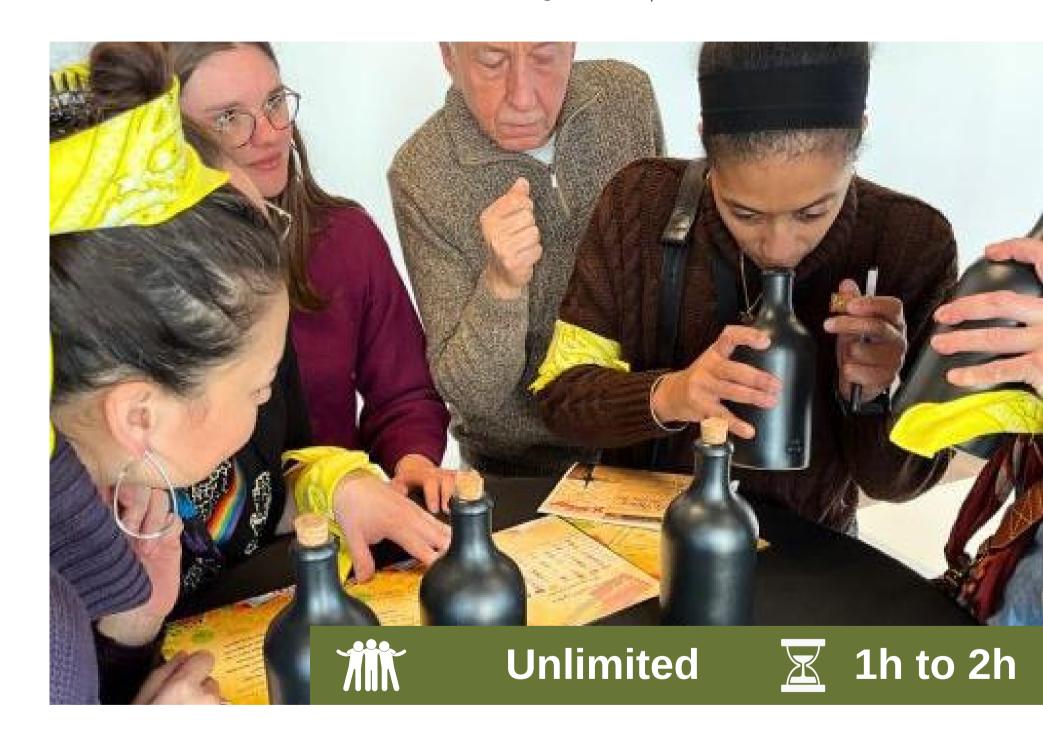
As a team, take up the challenges that await you.

Objective

During the activity you will be introduced to the characteristics of our beautiful region...there will be something for everyone...

Procedure

- Tasting of regional products
- Quizzes on the region
- Decode Ch'ti messages
- Challenge yourself with ancient Flemish games





Roll my ball

Collaborative activity

In the business world, it's vital to foster team cohesion and collaboration. Our "Roule ma boule" team building activity is an innovative initiative that encourages these essential skills. Participants can enjoy a unique experience during this collaborative activity, while strengthening team spirit and internal communication.

Objective

Each team at the service of the collective!

Procedure

The "Roule ma boule" concept involves designing a complex and creative course using different materials, everyday objects, etc., with the aim of provoking a chain reaction. Participants are divided into teams, and must work together to bring this ingenious initiative to fruition. Each group creates a section of the trail, which is then linked to the other sections to form a whole.





Ayurvedic cuisine

Antidote to stress!

The idea is to help you discover new food combinations, new gourmet flavors, new easy and appetizing recipes, all to develop your "Health Capital".

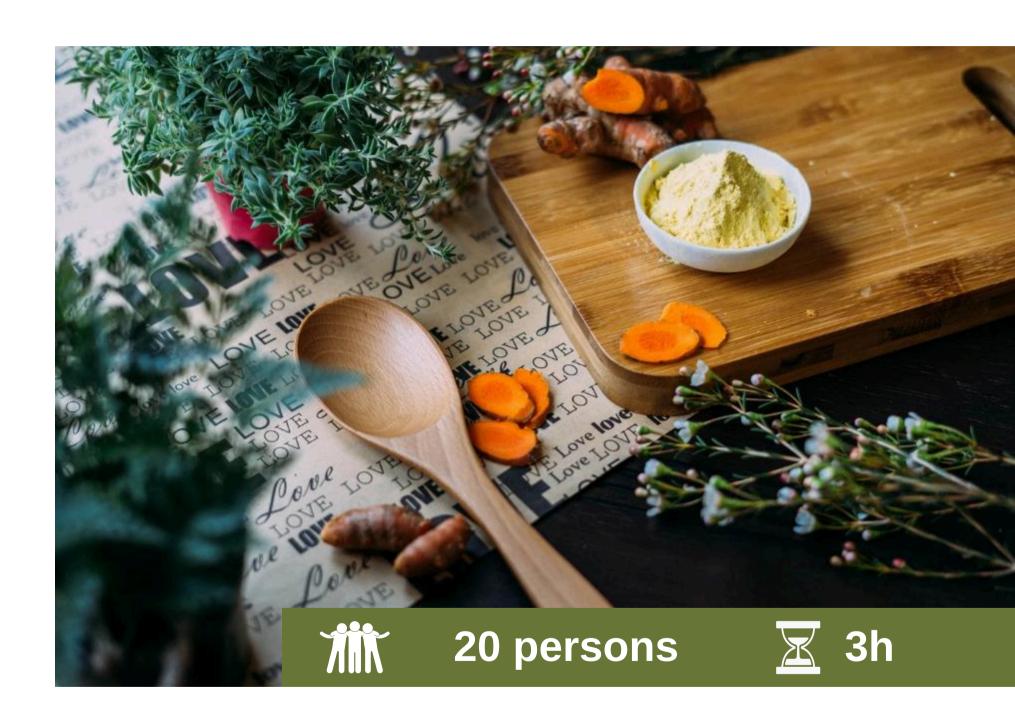
All your senses will be awakened: with pretty, colorful dishes, you'll discover new flavors, aromas and textures when you put food in your mouth, the delicious smells of spices will make your mouth water, and the little dishes that simmer and brown will sing in your ears! All recipes are organic, essentially gluten-free* and lactose-free*. (please let us know in advance if you have any intolerances).

Objective

Energize yourself!

Procedure

- Welcome and presentation of the workshop and recipes
- Preparation of various dishes in small groups
- Ayurvedic discussions, shared meal (advice and recipes will be provided on site)





Culinary workshop

Discover local products!

Chef-led cooking classes. 100% fresh, 100% local and 100% convivial. Learn to prepare a variety of recipes based on seafood caught by Etaplois sailors. Break down preconceptions about seafood preparation!

Prepare your own "starter and main course" or "main course and dessert". A friendly atmosphere guaranteed!

The meal can be taken on site afterwards (drinks and side dish extra).

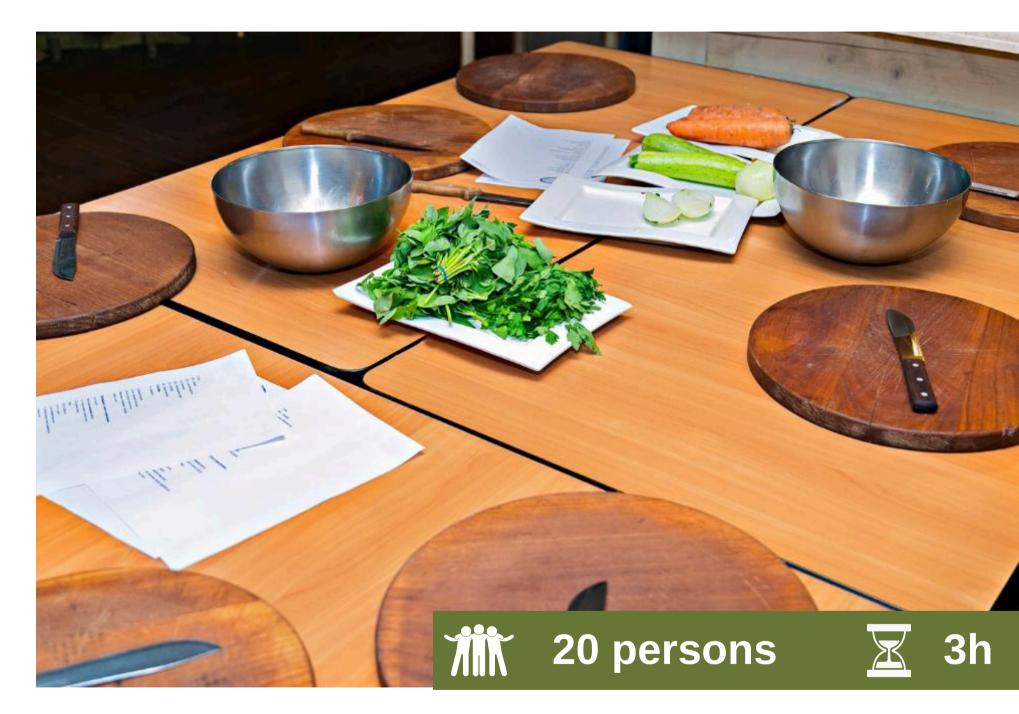
Objective

Discover new flavours!

Procedure

- Welcome and presentation of the workshop and recipes
- Preparation of various dishes in small groups
- Ayurvedic discussions, shared meal (advice and recipes will be provided on site)

0







Catalog Indoor | 2025

Natur'Art

Use the world around you

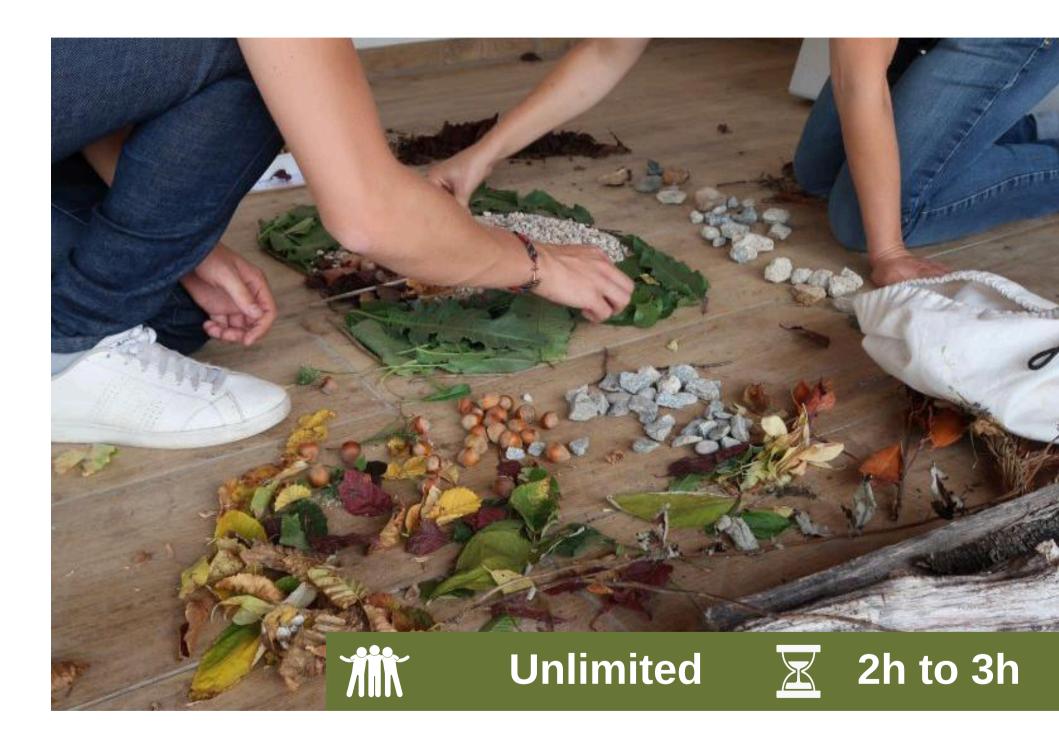
Create a joint and/or individual work of art, using a minimum of materials such as canvas and paint, but also whatever you can find in Nature... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a fresco, the possibility of giving a theme allows participants to "let loose" in a free and positive way, other than through words.

Objective

The creation of a joint work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion.

Options

Our rich cultural heritage allows us to enrich the creative activity chosen for the seminar with a visit to a museum or art gallery.





Catalog Indoor | 2025

Pottery

Be "clay" with your hands

Create a joint and/or individual work of art, using clay modelling... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a seal, a star, an object to be defined together, the possibility of giving a theme allows participants to "let loose" in a free and positive way, other than through words.

Objective

The creation of a joint work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion, as well as being a personal memento.

Options

A rich cultural heritage to enrich the creative activity chosen for the seminar, in contact with an enthusiastic





Unleash your creativity

Create a joint and/or individual work of art... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a fresco, the possibility of giving a theme allows participants to "let loose" in a free and positive way, other than through words.

Coco.D is there to brighten things up, transforming the little things of everyday life into the magic of the moment. Let yourself be carried away by a pinch of poetry and color!

Objective

The creation of a common work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion.

It can also be a personal souvenir.

Coco-Di

I've learned to see life...in PINK, RED, GREEN, YELLOW, BLUE...!

Who am I? In the beginning, a child and a beautiful box of colored pencils, carefully arranged markers, a magnificent rainbow palette before my eyes was a real revelation! That's it! I want to bring color to life! Colors that touch the heart! My training at the Ecole Supérieure d'Arts Appliqués et Textile de Roubaix, my will and determination also explain my interest in Creation...

My illustrations bring warmth, color and a sense of humor that rhymes with love. Love of others, love of a job well done, (R)awakening the child in us and arousing + interest...

Catalog Indoor | 2025

Artistic work





Sound therapy

Escape with sound

Sonotherapy is a discipline based on the use of sound to promote well-being. Our bodies, highly sensitive to the vibrations emitted by the voice or the various instruments used during the session, are plunged into a state of deep relaxation. Stimulation by sound vibrations is practiced in groups or individually, and helps to relieve the stress, ruminations, anxieties and preoccupations we accumulate on a daily basis.

Objective

Rediscover inner calm

Options

- Wake-up session before the workday
- After-work relaxation session
- Meditation session





Catalog Indoor | 2025

Djumbé

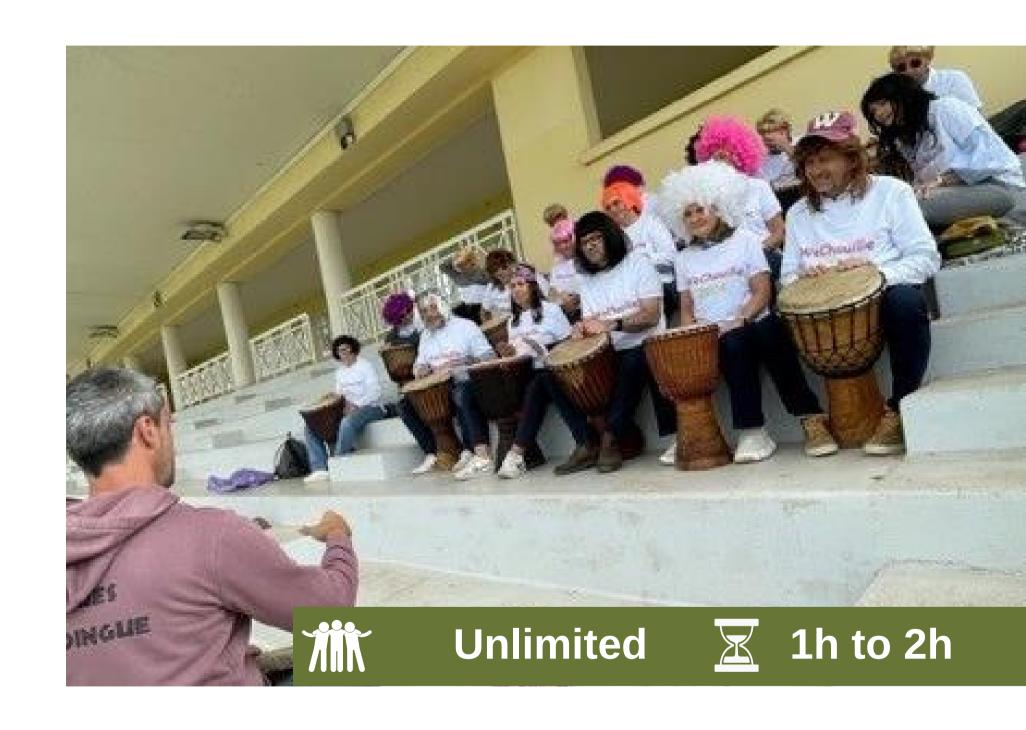
Set the mood for the space and the group

Learn a rhythm, a melody and reproduce it together, with everyone contributing to the music's success.

As a team-building activity, each group learns a different rhythm and brings its own melody to the concert!

Objective

Collaborating on a common musical work





Mechanic for a day

Unleash your creativity

You will receive building materials to structure your car. As quickly as possible, you'll be able to complete your work of art, but don't forget that the quality of the construction will be important. After all, you'll be testing your project on a life-size improvised circuit!

Objective

Collaboration, communication and listening will be required to bring the project to fruition.

Procedure

Briefing
Assembly
Habillage
Test





Cardboard box

Challenge yourself!

You'll receive building materials to construct your own table tennis table. You'll be given the building materials to build your own table tennis table. You'll then test your project in a team tournament...

You'll need to work together, communicate and listen to each other to bring your project to fruition.

Objective

Visualize attitudes, allocate roles and optimize group communication.

Procedure

Briefing
Assembly
Wrapping
Tournament





Working with glass

Craftsmanship at your fingertips

Accompanied by glass artisans, you can discover "cold" glass techniques and shape a vase or glass.

It will also be possible to engrave your initials on the pieces you have shaped.

It's a unique, personalized and eco-responsible experience.

Objective

Manual and technical work

Procedure

4 people per craftsman; up to 3 groups simultaneously





Wellness activities



Wellness

Catalog Indoor | 2025

An energizing interlude

Recharge your batteries!

Get rid of stress, tension and nervousness during a wellness session and restore the right balance.

Recharged, you'll feel a lasting sense of vitality and dynamism.

Objective

Rediscover inner calm

Options

- Muscle wake-up session before work sessions
- Gentle or toning gym session
- Aquagym
- Accompanied jogging / Walking / Nordic Walking
- Relaxation session





Yoga - Meditation

A muscular wake-up call or a moment to share!

Get rid of stress, tension and nervousness with a YOGA wellness session and restore the right balance.

The benefits of yoga are both physical (flexibility, muscular development, strengthening of the spine...), mental (relaxation, concentration, improved sleep and better stress management...) and spiritual.

During our yoga classes, you'll work in particular on breathing (pranayama), posture with adapted exercises, meditation and yoga nidra with mantras (yogic sounds) and/or Tibetan bowls to calm the mind.

Objective

Rediscover inner calm

Options

Wake-up session before the day End-of-day session Catalog Indoor | 2025





Laughter Yoga

Antidote du stress!

Relieve stress, tension and nervousness during a Laughter Yoga session.

The benefits of laughter for physical and mental health have been proven by leading doctors.

Laughter Yoga:

Increases sleep

Reduces fatigue and muscular tension

Strengthens the immune system

Increases self-confidence

Brings us closer together and helps us communicate better

Objective

Wellness approach

Options

- Wake-up session before the day
- End-of-day session

Catalog Indoor | 2025





Thalassotherapy

Energize yourself!

VITALITY*: 3 individual Thalasso treatments from among: Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower 1 pool activity from among: marine self-massage, Aquabike, Aquagym, marine circuit

RITUEL IODE*: 4 individual Thalasso treatments from among: Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower

RITUEL ZEN*: 3 individual Thalasso treatments from among: Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower. 1 massage (25 min.) from among: Zen, Kansu

RITUEL DETENTE*: 3 individual Thalasso treatments from among: Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower. 1 body wrap

*Treatments subject to change

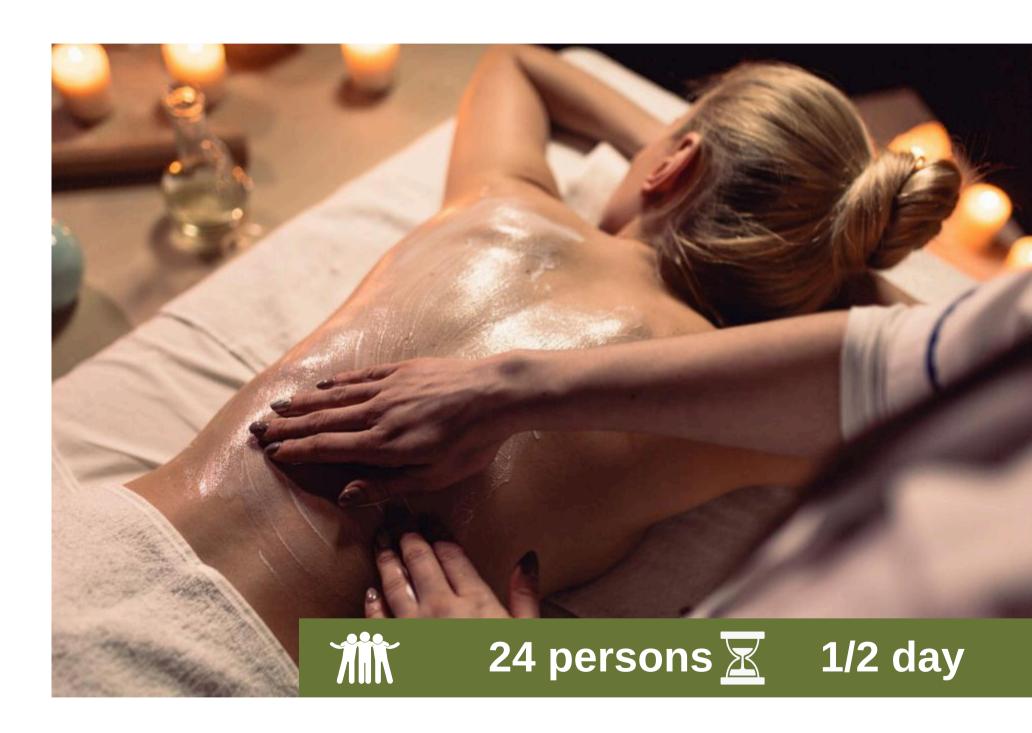
Objective

Activity open to all, subject to availability.

Options

- Possibility of modulating the number of treatments and activities
- With or without accommodation
- With or without meals

Catalog Indoor | 2025





Other activities

Catalog Indoor | 2025

See our other indoor activity ideas

- Helicopter
- Baptism of the air
- Karting
- o ...









Entertainment Evening Lunch

Contents

Fun Activities

- Casino entertainment for an exceptional evening
- Antique games
- Arcade games

Gastronomy and Tasting

- Atelier Mixologie: cocktail, do it yourself
- Oenologie

Artistic and musical activities

- Musical Evening Musician / Singer / DJ
- Musical entertainment
- Close up magician
- Entertainment: Blind test and Karaoke



Fun Activities



Casino animation

For an exceptional evening!

At the start of the evening, you'll be given tokens to play the various games on offer: Roulette, Black Jack, Poker, etc.

Croupiers will be on hand to explain the rules and how the games work. The games will be self-service for employees for a set period of time.

At the end of your activity, each participant will be able to win one of the prizes on offer (if the option is selected), according to his or her stake.





Antique wooden games

Fall back into childhood

What could be better than the traditional games of yesteryear to rediscover the pleasure of sharing an authentic moment! Let's go back in time with this Flemish games animation and discover what period games can do for you...

Objective

Like a recreational moment between collaborators where the only rule is fun, this animation invites you to develop your team spirit as well as your collaboration!

Procedure

This package combines multi-player games such as slide table, bungee pool, cooperative tower and balance game, with single-player games such as Dutch billiards and Japanese billiards.

The games can be played freely or as a team challenge.





Arcade games

Fall back into childhood

Recapture your childlike spirit with these timeless arcade games!

Foosball (classic or XL format)

Pool table

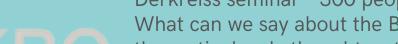
Street fighter arcade

Dart board

Air field hockey

Pinball machines





Derkreiss seminar - 300 people

What can we say about the Beach Party, which was moved back to the Palais des Congrès because the weather was a little too cool? It was a huge success with everyone, from the meticulously thought-out decor to the fun activities. The cocktail entertainment was also a huge success, with perfect mojitos and two very friendly bartenders! To sum up: top-quality services, a top-notch team and a great deal of flexibility that you don't necessarily find with all event suppliers.

Activities Gastronomy



Cocktail and Flair

Discover new flavors

Flair or "freestyle bartending" is the art of juggling bottles, glasses, ice cubes and other barware to create a cocktail to the delight of guests, and allows drinks to be served with great dynamism. The bartender performs a series of tricks to create a cocktail that's ready to enjoy.

Program (adjusted according to program, number of guests, etc.): cocktail presentation, history of cocktails, bar equipment. The bartender creates a Smoothie (tasting in a 4 cl glass). The bartender creates a gin fizz (tasting in a 4 cl glass). The bartender's creation of a tiered shooter (tasting in a 4 cl glass). Demonstration of Flairbartending (acrobatic bar). Mojito making (33cl glass tasting).

Options

You can choose your drink, for example Spritz, Mojito, Caipirinha, Gin and tonic... The group will choose the same type of drink with its possible variations
Alcoholic cocktail
Soft cocktail





Show flair

Derkreiss seminar - 300 people

What can we say about the Beach Party, which was moved back to the Palais des Congrès because the weather was a little too cool? It was a huge success with everyone, from the meticulously thought-out decorations to the fun activities. The cocktail entertainment was also a huge success, with perfect mojitos and two very friendly bartenders!

To sum up: top-quality services, a top-notch team and a great deal of flexibility that you don't necessarily find with all event suppliers.

Oenology

Develop your palate and nose

Wines: sight, smell, taste, awaken your senses.

Our oenological activities offer you the opportunity to use wine as a vector of communication by organizing high-quality, tailor-made, turnkey events.

Your prospects, customers or colleagues will discover fascinating worlds, awaken their senses and learn the art of sensory analysis.

This activity can be organized during an evening or a meal.

Our specialized sommelier will help you discover or rediscover the hidden treasures of wine.

Options

You can choose the color of your wine and/or its origin.





Artistic and musical activities



Singer, musician or DJ

Liven up your party!

Bring a touch of music and atmosphere to your meals!

Depending on the repertoire you choose, we can provide musical entertainment with a musician and singer: guitarist, piano, accordion - the possibilities are endless! Jazz, classical, French or international variety, ...

We can also arrange for a DJ to heat up the dance floor all evening long.

We can also get your evening off to a musical start with a saxophonist.

Our team can adapt to your catering or seminar venue.

Activities last from 1 hour to the whole evening, depending on your timing.





SEMINAR ROTHSHILD and Co le Touquet 160 people

For the evening - A huge success. We really liked the location. It was warm, the dinner delicious and the atmosphere festive. A huge bravo to the musicians, they were incredible.

Animations musicales

Studio machine or giant piano

Record your on-hold music live.

As a team building activity, in groups of 4, pass over the recording table and elect the future on-hold music for your company.

A giant piano on the floor produces melodic sounds, and each key lights up as you play it.

It's a revolutionary concept, ideal for your business or private events. A fun and playful way to liven up a seminar, convention or team-building event.

Objective

Collaborating on a common musical work





Close up

It's all an illusion!

CLOSE-UP MAGICIAN, MAGIC THAT HAPPENS RIGHT BEFORE YOUR EYES

By "close-up" we mean close-up magic that takes place just a few centimeters from the spectator's eyes. The magician's friendly, modern and dynamic magic will fit in perfectly with your event. Close-up magic has a number of advantages over other types of entertainment, as it creates conviviality and a certain connection between the magician and the guests.

CLOSE-UP MAGIC DURING A MEAL

Guests are gathered for a meal. The magician passes among the tables between courses, performing tricks with cards, coins, strings, everyday objects...

CLOSE-UP ON THE ROAD

This is the ideal entertainment for an aperitif, such as a wedding reception or cocktail party. The magician strolls among the guests, who are often standing with a glass in hand.





Blind test / Karaoke

It's your turn to sing!

Energize your evenings with entertainment, choosing your own theme or repertoire: 80s, disco, French or international music, ...:

Our entertainer will come with the necessary sound equipment for a guaranteed atmosphere and will set up musical quizzes and blind tests.

He'll adapt to your specifications: pre-dinner entertainment, entertainment between courses or just before dancing - anything's possible!

We adapt to your catering venue or seminar.





Souvenirs, goodies

Keep track

As every corporate seminar is unique, we work with you to establish the objectives of your corporate seminar or teambuilding photo shoot.

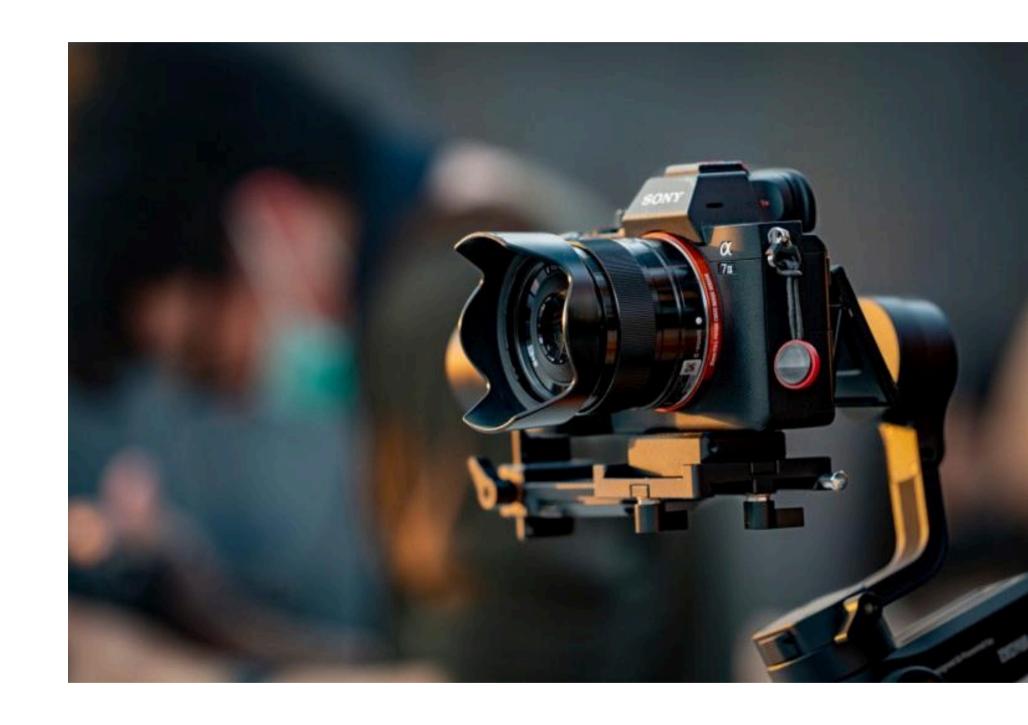
We produce a photo and/or video report from the moment the team-building participants leave until they return.

Photographs and videos of the activities and challenges organized during the corporate seminar. Photographs and videos of the locations and atmosphere of the entire seminar.

If you'd like team recognition signs or goodies:

- -Bandanas in different colors
- -T-shirts in your colors
- -Bottle with your logo

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Give meaning to your seminars

Before your activity, Karine Baillet will explain her sporting background. She will also introduce your activity with the similarities between sport and the corporate world, and the strong values of Nature's activities that each team will be able to experience during the activity in the form of a briefing or conference.

During your activity: teams will be able to apply the fundamental ingredients in real-life situations. Karine will follow the teams in the field and coach them!

At the end of the activity, during the debriefing, Karine Baillet will go back over the strong values experienced together in the field, and the lessons learned in terms of team cohesion and in relation to the conference.

Duration and venue: from 30 minutes to a full day, depending on the option chosen.

Some examples and topics of conference themes:

- "Individual energy and performance": The corporate athlete
- "Collective energy and performance": Team cohesion, the ingredients of the dream team.
- "Change": Successful change
- "Testimony of a woman, athlete and entrepreneur: female leadership!
- "How to transform stress into positive energy to mobilize teams".
- "Managing time and priorities".

Conference - putting it into practice









Give meaning to your seminars

World reference in multi-sport raids:

Runner-up in the multi-sport raid world championships in 2006 and 2007 Victory in the legendary Raid Gauloises in 2002

Vice-President of the Groupement National des raids multisports Author of a book on multisport nature raids

A woman of challenges:

1st woman to cross the English Channel on wakeboard, funboard, kayak and catamaran

1st woman and only French rider to take part in the 2009 Quaduro et Enduropal du Touquet, an international motorsports race 3rd Marathon des Sables and 30th out of 1000 in 2012

Unrivalled event expertise:

Over 15 years' experience in event organization: Le Touquet Raid Pas de Calais, France's biggest raid; Touquet Bike&Run, Touquet raid amazones and Trail des 2 baies

Lecturer on the themes of team dynamics, individual and collective performance

Recognized and appreciated public figure:
Guest on various TV and radio programs: sports, debates,
Culture... Sponsor of several races, competitions...

Catalog Indoor | 2025

KARINE BAILLET'S CAREER







Karine worked with our management teams and executive committee (17 people) to develop a plan to improve the competitiveness of our various structures. This 2-day seminar at Le Touquet, combining sports, cultural and work activities, generated real enthusiasm among our staff. The cohesion of our teams was strengthened. The results of our reflections were quickly put into practice. This type of coaching suits our teams perfectly. I won't hesitate to call on you again for other events.

President of RABOT DUTILLEUL CONSTRUCTION

Sogetrel

SEMINAR CLEF EN MAIN CODIR SOGETREL TOUQUET, restaurant activities Thank you for your feedback and top-notch organization! We had a great time! Regional Projects Manager North-Belgium



On behalf of the whole DER KREIS team, a big thank you to Karine, Hélène and the whole KBO team! You all contributed to the success of our annual event.

All our participants were won over by the treasure hunt in the heart of Le Touquet and the Bay of Canche: a great team activity that enabled people to get to know each other in magnificent surroundings. Top-notch organization, with a much-appreciated snack at the end.

And what about the Beach Party, brought back to the Palais des Congrès because the weather was a little too cool? It was a huge success with everyone, from the meticulously thought-out decorations to the entertainment and the Pirates' performance. The cocktail entertainment was also a huge success, with perfect mojitos and two very friendly bartenders! To sum up: top-quality services, a top-notch team and a great deal of flexibility that you don't necessarily find with all event suppliers. We'll be sure to recommend KBO to others. We thank you all.



SEMINAR L'OREAL le Touquet-Paris-Plage: managing transport from Paris, activities and restaurants

We had an excellent seminar, and you had a lot to do with it!

You were a great help in perfecting the contours of this seminar, which fulfilled all our wishes and promises to the team.

Everyone was more than delighted with these 2 days, and these moments will remain with us for a long time to come.

A BIG THANK YOU to you and your team, and thank you for the well-received photos this morning.

I look forward to meeting you at a future seminar.





Contacteznous!

06.24.14.32.56 contact@karinebaillet-organisation.com

Le Touquet business center 62520 Le Touquet Paris-Plage www.karinebailletorganisation.com