



# Activities Outdoor

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# WHAT DO WE OFFER?



Our services: Activities (Sports, cultural or artistic), Conferences (Sharing experiences, themes of your choice), Workshops, Organization of sports events (Corporate, general public)



How do we work together?

-Send us your brief, and we'll get back to you with a quote within 48 hours.

-Transparent, effective communication

-We take care of everything from A to Z, according to your specifications (saving time and energy).

-Feedback with photos and activity report within 3 days

-A single point of contact for your entire project



Our added value: Expertise (major events in France), Trust (loyal customers and service providers), Experience (over 16 years) and Efficiency (your project in good hands).



As a specialist in sporting events (Trail des 2 baies, Touquet Raid Pas de Calais, Touquet Raid Amazones...), we can support you in all your **projects**.

# ACCESSIBLE TO ALL



Inclusion at the heart of our corporate seminars

With us, every seminar is designed as a unique moment where diversity becomes a strength. We believe that inclusion is essential to foster collaboration and personal development.

Whether it's through activities adapted to all levels, workshops that encourage exchange, or moments of sharing that strengthen the bond between colleagues, we are committed to creating an environment where everyone feels valued and listened to.

Our events are designed to transcend differences, encourage mutual respect and reveal collective potential. Together, let's build a more united, stronger and forward-looking team.



# Summary



Indoor



Outdoor

## Fun Activities

- Treasure hunt
- Eco Treasures
- Nature Challenge
- Rosalie rallye
- CSR Nature Challenge
- Conquering the totem pole
- Touquet Express
- Cluedo
- Discovering Le Touquet
- Architectural tour
- Olympiads
- Touquet Beach Camp
- Robinson Crusoe Challenge
- Challenge Adresse
- Bike&run
- Raid

Accompanied jogging

## Travel activities

- Bike rides
- Sailing
- Horseback riding
- Segway
- Electric scooter
- Nautical Activities
- Nautical activities boat cruise

Shrimp fishing

## Gastronomy and Tasting

- Ayurvédique Food
- Culinary workshop
- Gourmet Rally
- Gastronomy and crafts
- 5 sens challenge
- Regional challenge
- Cocktail & Mixology
- Oenology

## Artistic & cultural activities

- Natur'art
- Airport visit
- Pottery
- Artistic Work
- Sound therapy
- Djumbé
- Mechanic for a day
- Sandcastles

## CSR Activities

- Escape Game CSR
- Nature challenge
- Nature challenge CSR
- Climate Fresco
- 2 Tonnes Workshop

# Summary

 Indoor

 Outdoor

## Wellness activities

-   Meditative stroll
-   Wellness
-   Yoga meditation
-  Laughter Yoga
-  Thalasso therapy

## Other

-   Tennis / Padel
-  Golf initiation
-  Mini golf
-  Laby'parc
-  2CV
-  Rally combi
-  No smoke Rally
-  Helicotper
-  Parachute Jump
-  James Bond rally
-   Escape Game
-  Eye Stronger

# NATURE ACTIVITIES



**“It's in the field, sharing the same trials, the same sensations, that a new cohesion and a different state of mind can emerge.”**

# Treasure hunt

## Discover nature and the city!

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt!

Find as many clues or beacons as you can in your environment, within a given time. Points are distributed around the resort's most emblematic sites on the Nature and Heritage sides. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are the order of the day, but above all, open your eyes and enjoy the exceptional view.

## Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

## Options

Focus: bay of canche (Nature)

Simple beacons or riddles to decipher - on different themes

From and to your hotel or restaurant

By foot, bike or rosalie (additional cost depending on mode of transport).



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Eco Treasures

## Discover Le Touquet and collect garbage!

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as possible in your environment within a given time. During this Nature activity, you'll have to collect as much waste as possible. The organization will equip you! During this activity, you'll learn about sustainable development (workshops and puzzles).

## Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective. Give your business a CSR dimension

## Options

Urban: clues/beacons on the main sites of the city where your activity takes place

In the forest, by the sea

Simple beacons or riddles to decipher about sustainable development

From and to your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on mode of transport).



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Nature Challenge

## Treasure hunt with fun workshops

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as you can in your natural environment within a given time. There's no point in running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key. Along the way, you'll find workshops to choose from: fun (archery, molkee, bootcamp, etc.), tasting, logic (tangram, brainteaser) or sports...along the way.

## Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

## Options

Basic orientation activities on foot or by bike

Picnic option for full-day activities

Pick-up and drop-off at your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on mode of travel).

5 Senses Challenge: workshops replaced by sensory workshops

Regional challenge: workshops are replaced by regional workshops (local products, Ch'ti, Flemish games, quizzes, etc.).

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.



**Unlimited**



**1h to 3h**

# Rosalie Rally

## Treasure hunt with fun workshops in the rosalie

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt! Find as many clues or beacons as possible in your environment within a given time. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key. Along the way, you'll find workshops to choose from: fun (archery, molkee, bootcamp, ...), tasting, logic (tangram, puzzle) or sports... on your way.

## Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective.

## Options

Basic orientation and discovery activity

5 Senses Challenge: workshops replaced by sensory workshops

Regional challenge: workshops are replaced by regional workshops (local products, ch'ti, Flemish games, quizzes...).



**1 to 54 persons**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Conquering the totem

## pole

### Kohlanta orientation and workshops

Are you a fan of team adventure? The “conquer the totem pole” challenge is for you! Who will win, the red team or the yellow team?

After an orienteering test in search of Kolhanta-style time bonus necklaces, you'll meet up for a variety of activities to choose from, depending on the duration of your activity and your desire (more or less athletic) to challenge yourselves on the beach:

Crawling, digging in the sand as quickly as possible to get under and over obstacles

Go blind, guided by your team-mates, along a predefined course.

Archery skill workshop

Precision workshop with the cooperative tower

Concentration workshop with the tangram

The mythical pole test... hold on as long as possible on a small surface.

## Options

Setting the scene (bandana, battle cries, totem pole...)



Unlimited



1h to 3h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Conquering the totem po

## Kohlanta workshops possible

Our activities to choose from on the kohlanta (depends on the number of people and the duration of the activity):

Archery

Sand or water transmission: at low tide, the aim is to fill as many sand buckets as possible in as little time as possible, passing handfuls of sand to each other without dropping any.

Blind: the aim is to complete a course as quickly as possible, guided by a team member.

Bootcamp: Crawl, dig into the sand as quickly as possible to pass under and over obstacles.

The cooperative tower: as a team, 1 string in each hand, you must coordinate to build a tower as quickly as possible.

Tangram, to be completed as a team as quickly as possible

Skill: the aim is to knock down as many skittles as possible.

Poles: which team will last the longest on the mythical totem poles?

Totem pole memory



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Touquet Xpress

## A fun way to discover Le Touquet

The goal? Find all your meeting points in as little time as possible!

Unite your teams and challenge them at the same time! Le Touquet Xpress is the best way to discover the town through an accessible and convivial activity.

It's not just about speed! You'll also have to solve riddles and complete challenges (non-sporting: selfie, puzzle, archery, tasting, etc.) that will be thrown at you along the way.

Creativity and reflection are also essential to score maximum bonuses. Are the first to arrive really the winners?

## Objective

Emphasize determination and competitive spirit; Develop exchange; Enrich team cohesion.

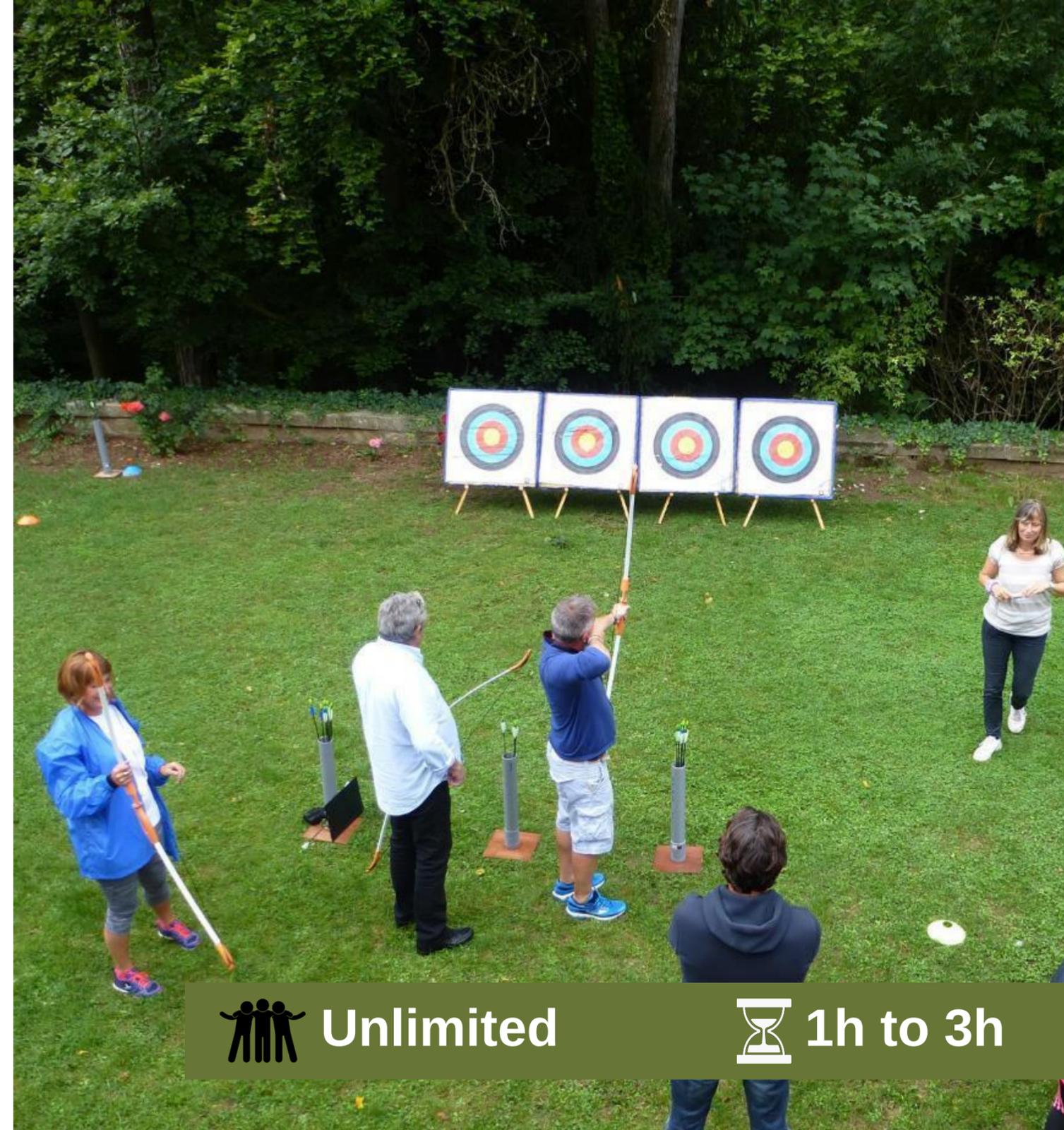
## Options

Activities accessible to all

Possible modes of transport: bike: max. 50 people / Rosalie: max. 9 teams of 6 people, on foot: unlimited.

Additional cost depending on mode of transport.

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.



**Unlimited**



**1h to 3h**

# Cluedo

## Solve the crime!

As James Bond, go in search of clues to find out who kidnapped our James Bond Girl.

In your environment, you'll search for clues and solve puzzles that will give you the clues you need to solve the great mystery of the kidnapping.

Our agents will help and guide you in your quest. They will entrust you with missions.

## Objective

Observation, mental gymnastics, logic and reflection will be at the heart of your activity. Rely on your team-mates to help you solve this challenge.

## Options

Possibility of retreating indoors depending on the weather (room required).

Limited to 28 people indoors.



**Unlimited**



**1h to 3h**

# Cluedo outdoor

Our workshops to choose from  
(outdoor escape game only):

Archery

The cooperative tower: as a team, 1 string in each hand, you must coordinate to build a tower as quickly as possible.

Tangram, to be completed as a team as quickly as possible

Puzzle: find the code

Puzzle: decipher the riddle\* Observation: find the clue

Observation: find the clue\*.

Chance: an extra clue if you win

\*These workshops can be chosen several times.



Unlimited



1h à 3h

# Le Touquet visit

## Places Nature, heritage, Baie de canche

Discover the environment of Le Touquet, its beach, dunes, forests, historic sites and the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

The Baie de Canche National Nature Reserve is located in the Hauts-de-France region of France. Classified in 1987, it covers an area of 505 hectares on the Canche estuary, 465 ha of which is public maritime land.

Here you can discover the flora and fauna, as well as the seals (100 of which currently live in the bay). The bay is also popular with water sports enthusiasts, making it an ideal spot for windsurfers and kite-surfers to enjoy the wind's force in a peaceful setting, away from the crowds and in contact with nature.

## Options

By night...

On foot, jogging, cycling

Stop to discover the flora and fauna, with the possibility of adding a time for relaxation or meditation....



**20 max per group**



**1h to 2h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Architectural tour

## Heritage

The architectural tour of Le Touquet-Paris-Plage invites you to discover the history and identity of the resort through its iconic buildings. During a guided walk, participants explore characteristic neighborhoods, including the forest district and the seafront, where Anglo-Norman villas, holiday homes, and Art Deco buildings stand side by side. The guide highlights the architectural choices, stylistic influences, and historical context of the resort's creation, while sharing anecdotes and often overlooked details.

This tour helps you understand how Le Touquet was conceived as an elegant resort, focused on leisure and nature, nestled between the sea and the forest. Accessible to all, it offers a unique and enriching perspective on the local architectural heritage.

## Options

On foot, jogging, or cycling.

Stop to discover the local flora and fauna.



# Olympics

## Seeds of Champions!

After your work sessions, come and enjoy the sea and the beach, and let off steam with a range of fun workshops.

Relax and have fun as a team.

The Beach Challenge may or may not be completed, with a ranking according to your choice and objectives.

Each workshop will earn you points, and the team with the most points will be named winner of the sands!

## Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

## Options

Various workshops to choose from depending on the length of your activity and the number of participants: giant ski, archery, blowpipe - Frisbee, football soccer, beach volleyball, Molkee, sand putting, obstacle course, mini-orientation, Spikeball, infernal tower, Tangram, skill, transmission, sack race, blindfold, Pictionary, petanque, tug-of-war, Pyramid, balance, BBadminton, giant Mikado



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Olympics

## Explanations of the workshops:

Giant ski\*: equipped with giant skis, the team works in coordination on a course in the sand.

Skill\*: the aim is to place as many rings as possible around pegs planted in the sand.

Archery

Transmission: fill as many buckets as possible, passing sand from hand to hand

Frisbee\*: the aim is to get as many Frisbees as possible into the target.

Sack race: the aim is to complete an out-and-back run as quickly as possible in a relay.

Soccer soccer: 2 soccer cages and a referee are available for free play.

Blind race: complete a course as quickly as possible, guided by a team member.

Beach volleyball: a beach volleyball court and a referee are available for free use.

Pictionary\*: guess as many words as possible using drawings in the sand.

Molkee\*: the aim is to knock down as many pins as possible in as few shots as possible.

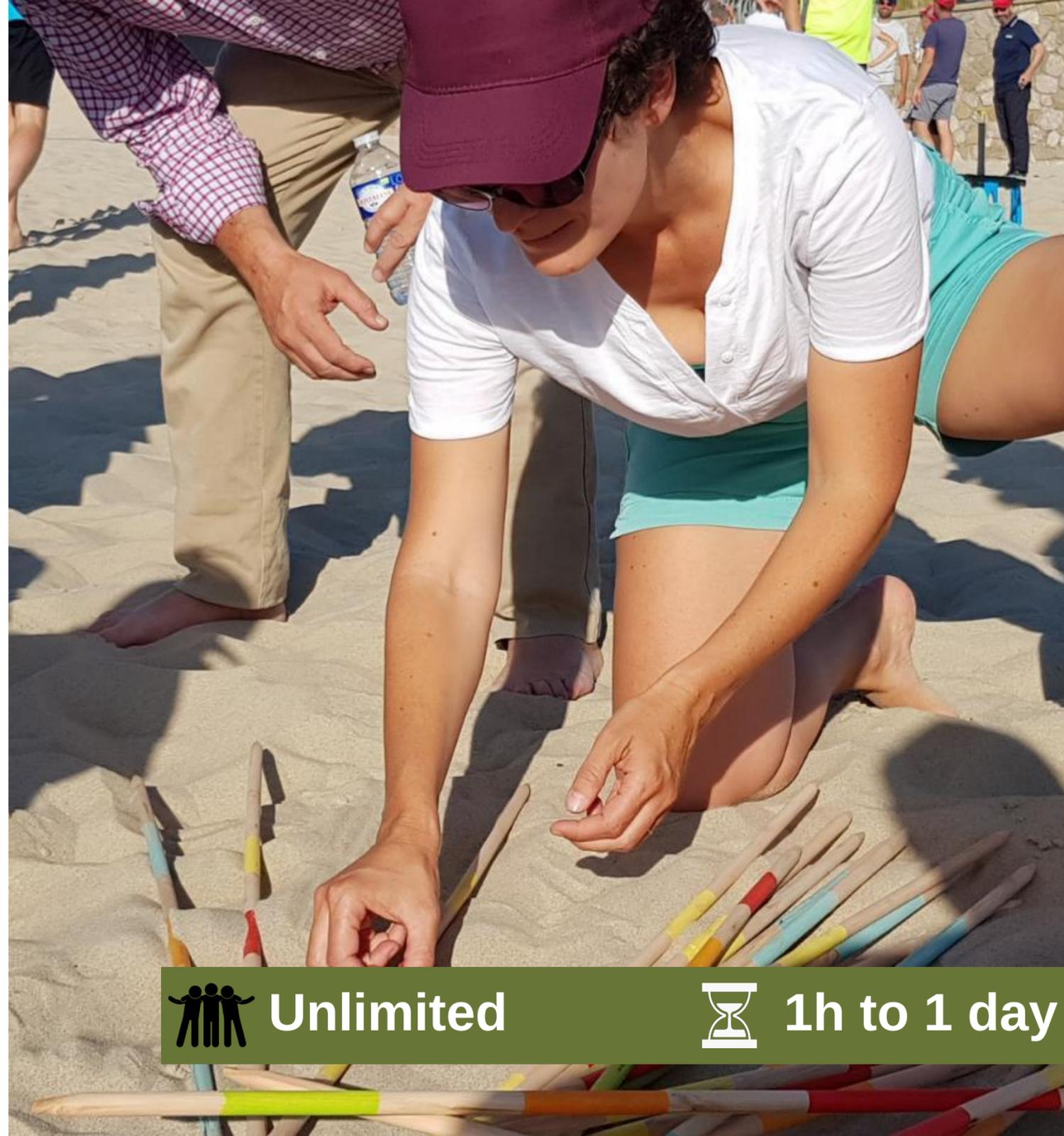
Pétanque or sand putting: the aim is to get as close as possible to the target in as few strokes as possible.

Tug-of-war

Combat course: complete a relay course in the shortest possible time.

Equilibre\*: hold on to a narrow platform for as long as possible

Spikeball: A game played 2 against 2 with rules similar to volleyball. The net is replaced by a mini trampoline on which the ball bounces.



Unlimited



1h to 1 day

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Touquet 2024

## Seeds of Champions!

After work sessions, come and enjoy the sea and the beach to air out through several fun workshops linked to the 2024 Olympic Games.

Opening ceremony, have fun as a team, find your team name, your pennant.

Let's get down to the nitty-gritty with the competition, where each workshop gives you the chance to earn points.

The team with the most points will be named Le Touquet Olympic Champion at the medal ceremony!

## Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

## Options

Giant skiing, Archery, Football soccer, Beach volleyball, Petanque, Sand putting, Mini-orientation, Badminton, Athletics, Gymnastics: Wrestling, Basketball, Table tennis...



**Unlimited**



**1h to 1 day**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.



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# Touquet Beach Camp

## Explanations of the workshops:

Giant ski\*: equipped with giant skis, the team works in coordination on a course in the sand.

Archery\*: aim for the target

Soccer soccer: 2 soccer cages and a referee available for free-play or precision shooting.

Beach volleyball: a beach volleyball court and a referee are available for free-play activities.

Pétanque\*: the aim is to get as close as possible to the target in as few shots as possible.

Putting\*: the aim is to get as close to the target as possible with as few strokes as possible.

Mini-orientation\*: with the help of a map, discover your surroundings by finding as many markers as possible in as little time as possible. Riddles can be added.

Badminton\*: a badminton court and a referee are available for free play.

Athletics\*: run, jump, throw, relay...

Gymnastics\*: create the most beautiful pyramids and demonstrate your skill and balance.

Wrestling\*: put your opponent out of the combat zone

Table tennis\*: table tennis tournament on adapted tables

Basketball: baskets and a referee are available for free play or precision shooting.



**Unlimited**



**1h to 1 day**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Challenge “Robinson”

## Hold on!

But how are we going to do it?

You'll receive building materials (beams, ropes, cans...) to build a raft.

You'll be given building materials (beams, ropes, cans, etc.) to construct a raft. You'll then have to test your project... Buoyancy on water...

Collaboration, communication and listening skills will be needed to bring the project to fruition.

## Objective

Visualize your group's attitudes, roles, positions and communication.

## Options

Activity alone or with water test

Combined activity in a Nature challenge



Unlimited



1h to 3h

Attire: comfortable shoes, swimsuit and towel.

Depending on the weather, kway, sunglasses and cap.

# Challenge « Adresse »

## May the best shooter win!

Skill and precision!

Test your skills as a team in an outdoor bowling alley with several possible scenarios.

## Objective

Visualize your group's attitudes, roles, positions and communication.

## Options

Archery

Molkee\*: knock down as many pins as possible in as few shots as possible

Pétanque: get as close as possible to the target in as few shots as possible.

Frisbee\*: get as many Frisbees as possible into the target

Tour\*: build the tallest tower as quickly as possible, thanks to good coordination.

Mikado\*: the famous game of skill and concentration

Putting in the sand: the aim is to get as close as possible to the target in as few strokes as possible.

Cercle\*: throw your bags to reach the target



Unlimited



1h to 3h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Bike&Run

## Relay and cohesion

The principle of this discipline is to mix mountain biking with running. It is practiced in pairs, in the form of a relay: the two athletes set off together, one on a bike and the other on foot.

After a certain distance, the first puts down the bike, which is taken over by the second. This operation is repeated until the finish line, which must be crossed by both athletes at the same time.

It's a complete sport that combines two disciplines. It's very important to know how to manage your strength: mountain biking requires a great deal of energy, whereas running allows you to enter the recovery phase.

### Objective

Communication so as not to lose your teammate and your mountain bike, effort management skills



Unlimited



1h to 3h

Attire: wear comfortable running shoes. Depending on the weather, kway, sunglasses and cap.

# Raid multisports

## The individual at the service of the collective

A Gauloises raid in Le Touquet! ...Let's go!

Don't worry, the activities will be adapted to the level of the group! A change of scenery guaranteed with the natural surroundings of Le Touquet: forest, beach, sea, dunes...

With your team, set off on an adventure by completing a series of orienteering and route-finding activities as quickly as possible.

Team spirit, surpassing your limits, communication and respect are the keys to success.

## Objective

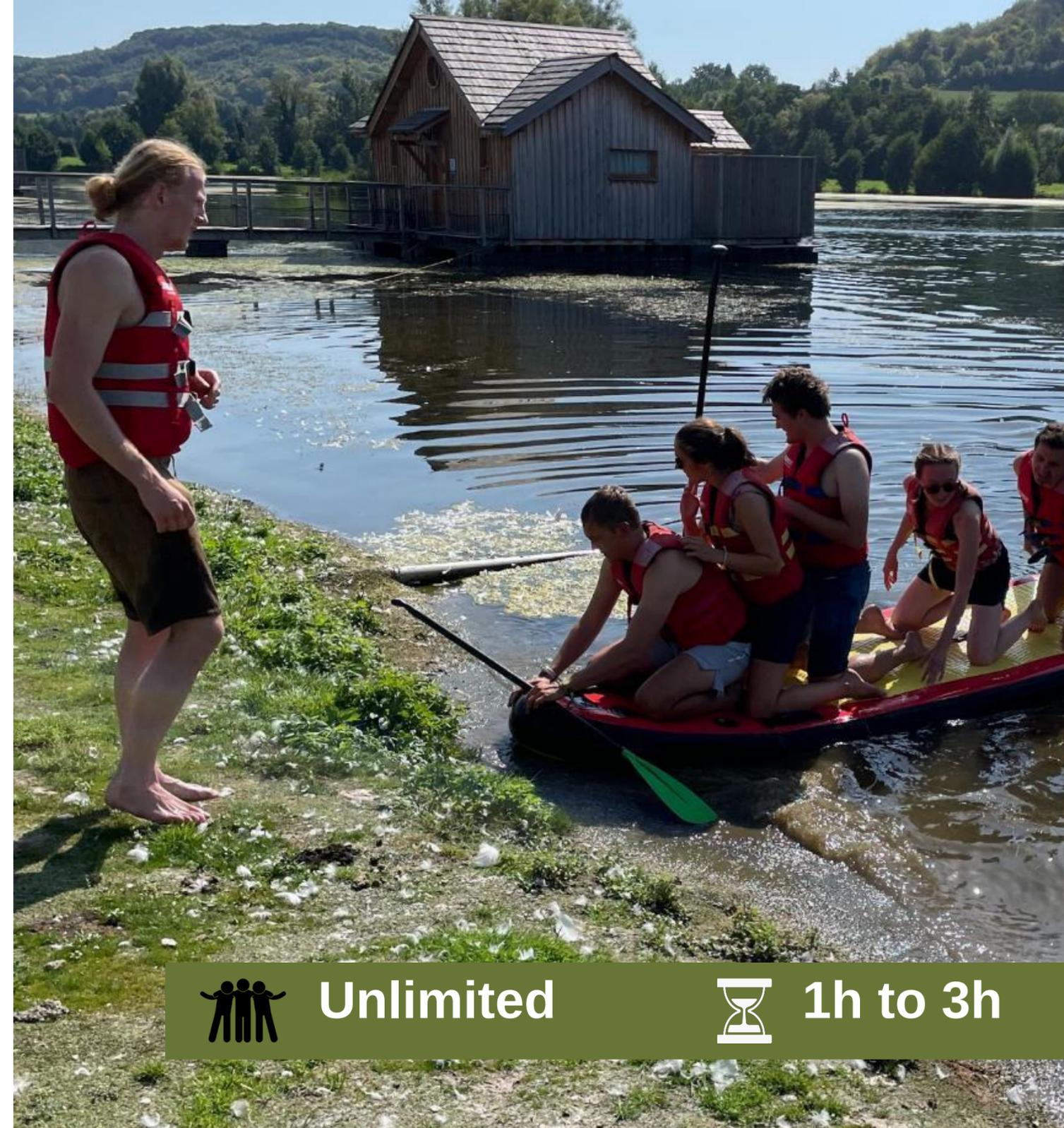
Discover the practice of Raid multisport and the values it represents.

## Procedure

Raid discovery: orienteering on foot, mountain biking and archery

Raid Adventure: orienteering on foot, mountain biking and canoeing

Raid sportif: trail, orienteering on foot, mountain biking and canoeing



**Unlimited**



**1h to 3h**

Attire: wear comfortable running shoes. Depending on the weather, kway, sunglasses and cap.

# Accompanied jogging

## Discover Le Touquet

Discover the environment of Le Touquet, its beach, dunes, forests, historic sites and the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

With a coach who can give you advice on warm-up, running, recovery and equipment.

Warm-up

Footing for all

Recovery

## Objective

A truly shared moment

## Options

Nature is more trail-oriented

Patrimoine is more road-oriented

A mix of the 2



**15 max per group**



**1h to 3h**

# Longe côte

## Gentle sport at sea

Discover this activity in the most beautiful part of Le Touquet, the wild, natural sea.

Longe côte characteristics:

To practice longe côte, the longeur must first position himself in the sea so that he is waist-deep in water. To vary the effort and intensity, you can perform different movements along the way. For example, you can walk, jog, run or hop. Longe côte can be practised alone or in a group, at any time of year, whatever the water temperature. It's for everyone, of all ages. If you're lucky, you may even come across the seals that have made our waters their home in recent years.

## Objective

Communication, coordination and a sense of balance are needed to move forward in the right direction.

## Options

Varied movement

With or without combination



16 max per group



1h30

Attire: swimsuit and towel. Depending on the weather, sunglasses and cap.

# Bootcamp

## Strengthening muscles in the forest or on the beach

Bootcamp is a fitness challenge open to all!

It's up to you to prove you're up to the challenge. Successfully complete the many challenges on offer:

Crawl under the net

Climb the dunes

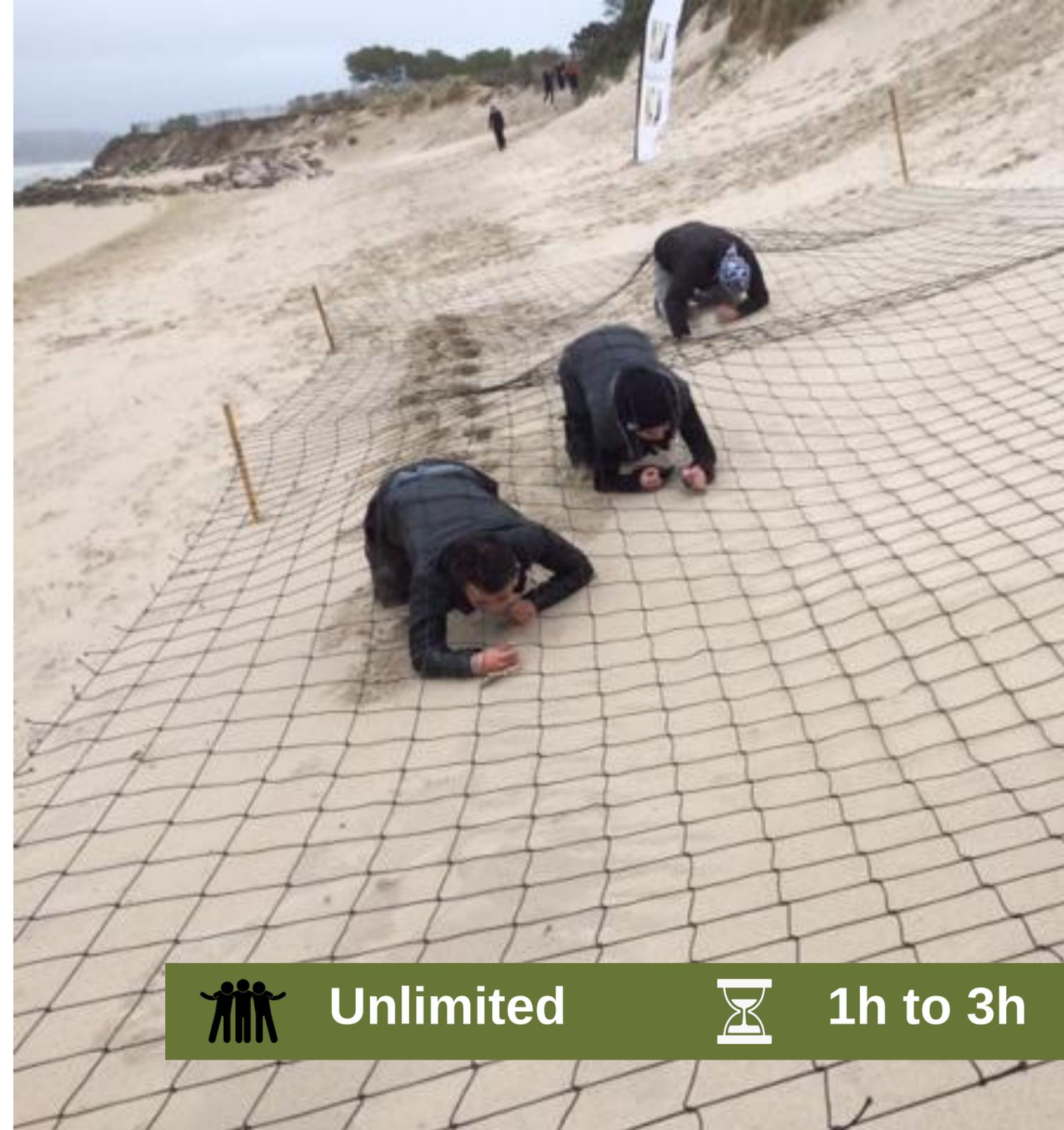
Show your strength

Push-ups and squats

and other workshops depending on the duration of your activity

### Objective

It's up to each individual to optimize his or her role to help the team succeed; individual performance at the service of the collective!



Unlimited



1h to 3h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# VEHICULAR ACTIVITIES



**“It's in the field, sharing the same trials, the same sensations, that a new cohesion and a different state of mind can emerge.”**

# Bikes

## Discover Le Touquet or self-service

Come and discover or challenge yourself on a bike ride...

Discover all Le Touquet has to offer, not only in town, but also in the forest and pinewoods!  
From a simple ride to an orienteering course or a relay, anything is possible.

There's no limit to the number of participants on bikes. For guided tours, 1 guide for 20 people.

## Objective

Discover your surroundings more easily than on foot  
Discover less accessible places

## Options

Simple stroll  
Guided walk  
As a treasure hunt



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Sailing boats

## Under Eole's spell

The Le Touquet coastline is one of the most famous for sand yachting, with miles of beach just waiting for you!

Come and discover the exhilarating sensations of sand yachting: speed, freedom and oxygenation by the sea.

## Objective

Mastering yourself and the elements

## Options

Possibility of tandem float with an instructor

Alternative activity if weather conditions are unfavorable

Depending on tide times, sand yachting at sunset



1 to 24 (2x24 rotation) ⌚ 2h to 3h

Attire: bring comfortable clothing and shoes that don't fear seawater.

You'll also need gardening goggles and glasses.

# Galloping on the beach

## Sand under the hooves

The Centre Equestre du Touquet, recognized as one of the largest equestrian complexes in France, is located in a magnificent setting between sea and forest, with 45km of bridle paths.

Whether you're a beginner, an expert or a seasoned rider, you'll be able to ride in the forest, in the dunes or gallop along the beach in small groups.

An exceptional setting for dream rides on horseback or in a horse-drawn carriage.

## Objective

Self-control

## Options

Stroll on the beach

Forest walks

Sunrise or sunset walks according to tide times



1 to 10 max



1h30 to 2h

# Segway ride

## Striking a balance

Whether it's for a seminar or a customer meeting, you're looking for an original activity that lets you discover Le Touquet in record time. Opt for a Segway ride!

You'll see the major sites of Le Touquet-Paris-Plage: the Canche estuary, the lighthouse, the Ypres garden, the covered market and the most beautiful villas.

We adapt the content of our activities to suit your expectations. In addition, our rides can be punctuated by short animations (technical circuits, steep slopes...) to let you enjoy the sensations of the Segway.

## Objective

Controlling yourself and your mode of transport

## Options

Alone or in teams or relays

Handling

Simple ride

With workshops



1 to 24 max



1h30 to 2h

# Electric scooters

## With or without workshops

Whether it's a seminar or a customer meeting, you're looking for an original way to discover Le Touquet in record time. Opt for a ride on electric scooters!

You'll be able to see all the major sites of Le Touquet-Paris-Plage: the Canche estuary, the lighthouse, the Ypres garden, the covered market, the forest and its undergrowth, as well as the most beautiful villas.

We adapt the content of our activities to your expectations. Our rides can also be punctuated by small activities (technical circuits, steep slopes, etc.) to let you enjoy the sensations, or small

workshops (kayaking, archery, etc.) to challenge you.

Controlling yourself and your mode of transport

## Options

Alone or in teams or relays

Handling

Simple ride

With workshops



1 to 24 max



1h30 to 2h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Nautical activities

## Pirogue, giant paddle, single paddle, kayak

Discover the magnificent Baie de Canche, the most beautiful part of Le Touquet: natural, wild and unspoilt!

If you're lucky, you'll come across the seals that have made our waters their home for some years now.

The activities are accessible to all, no level required.

## Objective

Communication, coordination and a sense of balance are needed to move forward in the right direction.

## Options

Kayaking: in single or duo boats

Alternative activity if weather conditions are unfavorable

Activities subject to tide schedules,



Per rotation of 32



1h to 3h

# Boat cruise

## Discover the Baie de Canche

At the foot of Pileri, the Canche flows between dunes and wooded banks, groynes and sandbanks.

Embark in the heart of a grandiose natural setting for a walk punctuated by the commentary of a guide-mariner. Depart for the port of Étapes-sur-mer and its fish stalls. On the way back, the exceptional Bay of Canche awaits you.

Boarding at Base Nord (Centre Nautique de la Canche) or Etaples sur Mer.

## Objective

Discovering seals and the Bay of Canche

## Procedure

50 minutes / 1 hour

Available from April to the end of September, depending on tides and weather conditions.

Minute stop at Etaples harbor possible.



1 to 54 persons



1h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Shrimp Party

## Discovering the sea

Which team will be crowned shrimp fishing queen?

Get your fishing gear on and show off your skills by catching the most shrimp in the group!  
But first, listen carefully to the instructions from the seasoned veterans.

Please note that only shrimp that meet the size and weight requirements will be judged.  
Let's respect the environment!

The fruits of your labor can be enjoyed as an appetizer. A shrimp cocktail rich in iodine and minerals!



16 people per group



1h30

Tenue: prévoir maillot de bain et serviette. Selon la météo, lunette,  
casquette.

# Seals Party

## Discovering the sea

Treat yourself to a unique nature experience by encountering seals in their natural habitat.

Accompanied by a guide, participants discreetly observe these fascinating animals with respect for the environment, while discovering their way of life, their behavior, and the coastal ecosystem.

This immersive activity invites you to take the time to observe, listen, and marvel, fostering curiosity, raising awareness of biodiversity, and sharing a moment away from the everyday. Accessible to all, it combines discovery, relaxation, and learning in a soothing natural setting.



16 people per group



1h30

Tenue: prévoir maillot de bain et serviette. Selon la météo, lunette,  
casquette.



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# Activities Gastronomy



# Ayurvedic Food

## Antidote to stress!

The idea is to help you discover new food combinations, new gourmet flavors, new easy and appetizing recipes, all to develop your “Health Capital”. All your senses will be awakened: with pretty, colorful dishes, you'll discover new flavors, aromas and textures when you put food in your mouth, the delicious smells of spices will make your mouth water, and the little dishes that simmer and brown will sing in your ears! All recipes are organic, essentially gluten-free\* and lactose-free\*. (please let us know in advance if you have any intolerances).

## Objective

Energize yourself!

## Procedure

- Welcome and presentation of the workshop and recipes
- Preparation of various dishes in small groups
- Ayurvedic discussions, shared meal (advice and recipes will be provided on site)



20 persons



3h

# Culinary workshop

## Discover local products!

Chef-led cooking classes. 100% fresh, 100% local and 100% convivial. Learn to prepare a variety of recipes based on seafood caught by Etaplois sailors. Break down preconceptions about seafood preparation!

Prepare your own “starter and main course” or “main course and dessert”.  
A friendly atmosphere guaranteed!

The meal can be taken on site afterwards (drinks and side dish extra).

## Objective

Discover new flavours!

## Procedure

- Welcome and presentation of the workshop and recipes
- Preparation of various dishes in small groups
- Ayurvedic discussions, shared meal (advice and recipes will be provided on site)



20 persons



3h

# Gourmet Rally

## Discovering the city and local produce

Once you've divided up the roles: map reading, compass, timing, clue reading, etc., set off as a team on a great treasure hunt!

Find as many clues or beacons as possible in your environment within a given time. There's no point running in the wrong direction, it's better to walk in the right one.... Reflection and strategy are key.

Several stops are planned, in town or at remarkable sites, with taste workshops selected in advance (cookies, cheese, chocolate, seafood, etc.).

Participants will use a map and road book to get around.

Quizzes on the resort can be added to the workshops.

### Objective

It's up to each individual to optimize his or her role to help the team succeed; individual performance at the service of the collective.

### Options

Combine forest and beach for a complete challenge

No limit if done on foot, Bicycle: 50 people maximum, Rosalie: 9 teams of 6 people maximum.

Activities open to all



Unlimited



1h à 3h

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Gastronomy, crafts

## Discovering the city and local produce

Discover Le Touquet's heritage: its gastronomy, its craftsmanship, ...!

Visit the Manufacture du Touquet and blind-taste the cookies prepared in front of you. A visit to our cheesemonger to taste the cheeses of the Côte d'Opale can also be arranged.

Then it's on to oysters and a glass of wine at Pérard, the famous seafood restaurant. A blind wine tasting can also be arranged with our partner Cave Touquettoise.

To round off this tour de table, we'll take you on a glass-shaping discovery, and if you choose, you can take part in the creation of your own glass with your initials.

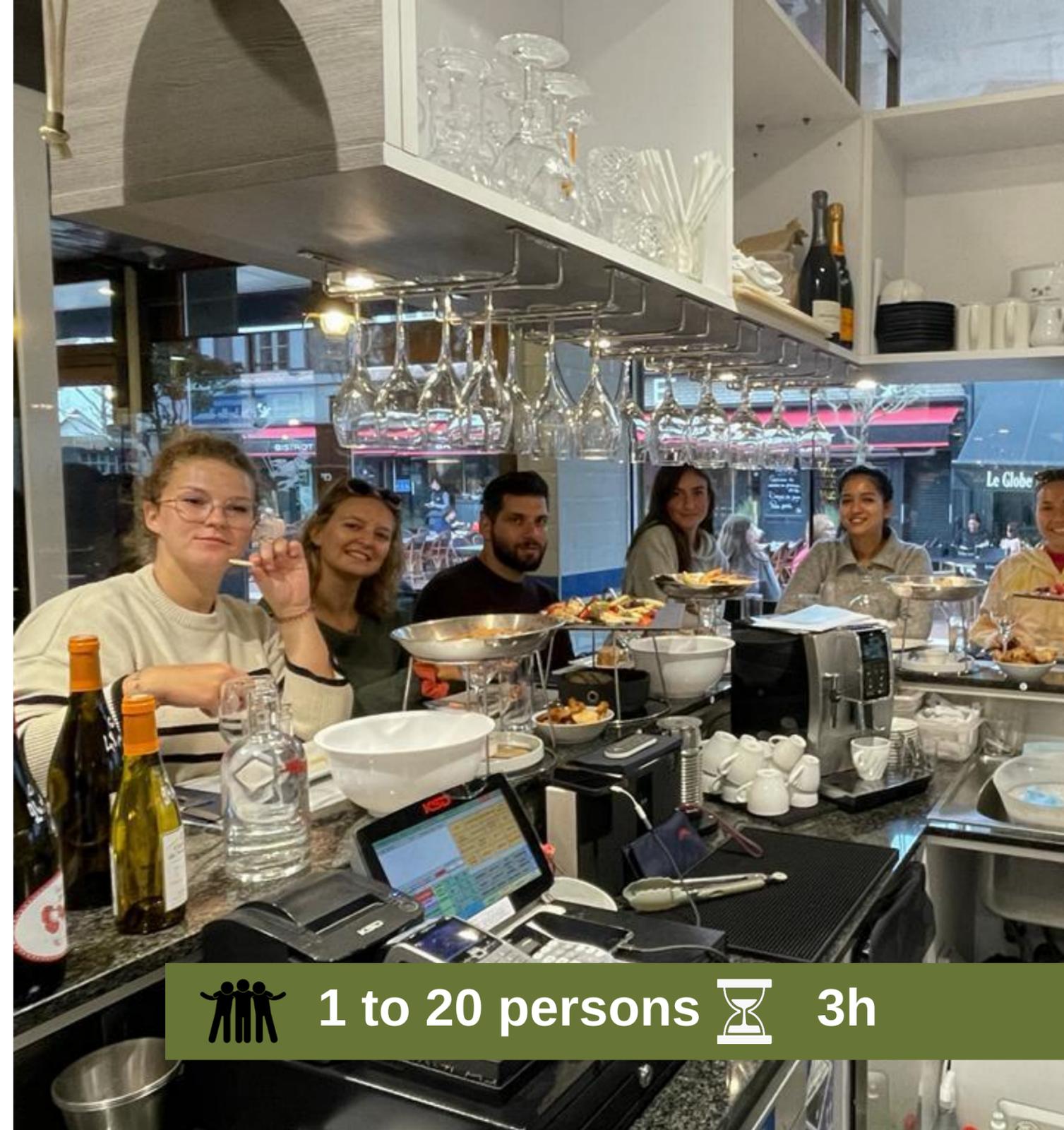
## Objective

Promoting Le Touquet's gastronomic and craft heritage

## Options

You can add a visit to the lighthouse, the bay, the museum and the market to your program.

Depending on the discoveries you choose, you can travel on foot or by bike (additional cost).



1 to 20 persons



3h

# 5 Senses Challenge

## Awaken your senses!

Engage your five senses: taste, listen, touch, smell, observe.

Take on the challenges that come your way together.  
Everything seems so simple, but sometimes...our senses play tricks on us...

## Goal

Communicate with each other to make the right decisions.

## Process

- Tasting of local products with flavors to discover
- Find the sounds that match your list
- Discover what's hidden in our mystery boxes
- Observe carefully
- Find the smells that match your list



Unlimited

 1h à 2h

# Regional Challenge

## A local soul lies dormant within you!

The Hauts-de-France region has its own unique characteristics...

Take on the challenges that await you as a team.

## Goal

During the activity you will be introduced to the characteristics of our beautiful region...there will be something for everyone...

## Process

- Regional product tasting
- Regional quiz
- Decoding the Ch'ti messages
- Challenge yourself with traditional Flemish games



Unlimited



1h à 2h

# Cocktail & mixology

## Discover new values

Learn to make your own cocktails with a specialist, then enjoy them!

This hands-on activity invites your guests to create their own cocktail(s). Participants will be discreetly guided by an expert mixologist throughout the session.

Program: Cocktail presentation, history of cocktails, bar equipment. Preparation of a Smoothie by the bartender (tasting in a 4cl glass). Preparation of a Gin Fizz by the bartender (tasting in a 4cl glass). Preparation of a Layered Shooter by the bartender (tasting in a 4cl glass). Flairbartending demonstration (acrobatic late 19th). Preparation of a Mojito (tasting in a 33cl glass).

You can choose your drink, for example Spritz, Mojito, Caipirinha, Gin and Tonic... The group will choose the same type of drink with its possible variations.

- Alcoholic cocktail
- Smooth cocktail
- Show some flair



15 persons minim



1h to 2h30

# Oenology

## Develop your palate and your nose

Wines: sight, smell, taste—awaken your senses.

Our wine-related activities offer you the opportunity to use wine as a communication tool by organizing high-quality, customized, and turnkey events. Exploring fascinating worlds, your prospects, clients, or colleagues will awaken their senses and learn the art of sensory analysis.

This activity can be conducted during an evening event or a meal.

Our expert sommelier will help you discover or rediscover the hidden treasures of wine.

## Options

You can choose the color of your wine and/or its origin.



5 à 20 personnes



1h à 2h

# Gin du Touquet

Offer your colleagues a friendly and refined moment with the gin tasting workshop in Le Touquet.

Guided by an expert, participants discover the world of local gin, its botanicals, production methods, and pairings.

This workshop fosters exchange, curiosity, and conviviality in an elegant yet relaxed atmosphere. Ideal for a seminar, team-building event, or client gathering, it offers a unique sensory experience rooted in the terroir of Le Touquet, leaving a truly authentic and memorable experience.

## Options

As an option, you can also arrange a beer tasting at Brasserie Persyn, allowing you to discover a local craft beer and its characteristics.



5 à 20 personnes



1h



# Artistic and musical activities



# Natur'Art

## Use the world around you

Create a joint and/or individual work of art, using a minimum of materials such as canvas and paint, but also whatever you can find in Nature... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a fresco, the possibility of giving a theme allows participants to "let loose" in a free and positive way, other than through words.

## Objective

The creation of a joint work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion.

## Options

Our rich cultural heritage allows us to enrich the creative activity chosen for the seminar with a visit to a museum or art gallery.



Unlimited



2h to 3h

# Airport visit

Discover what goes on behind the scenes at the airport

Guided tours of Le Touquet-Paris-Plage Airport offer a unique opportunity to discover an iconic landmark of the resort. Accompanied by a guide, visitors explore the airport's inner workings and learn about its history, from its creation to its current role on the Opal Coast. The tour provides a better understanding of how the infrastructure operates and the various professions within the aviation industry, all while observing aircraft movements. This accessible and educational tour is sure to appeal to both the curious and aviation enthusiasts.



1 to 10 personnes



1h30

# Pottery

## Be “clay” with your hands

Create a joint and/or individual work of art, using clay modelling... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a seal, a star, an object to be defined together, the possibility of giving a theme allows participants to “let loose” in a free and positive way, other than through words.

## Objective

The creation of a joint work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion, as well as being a personal memento.

## Options

A rich cultural heritage to enrich the creative activity chosen for the seminar, in contact with an enthusiastic



10 persons



2h

## Unleash your creativity

Create a joint and/or individual work of art... It's an excellent way of strengthening team cohesion through an original activity. For the joint creation of a fresco, the possibility of giving a theme allows participants to "let loose" in a free and positive way, other than through words.

Coco.D is there to brighten things up, transforming the little things of everyday life into the magic of the moment. Let yourself be carried away by a pinch of

### Objective

The creation of a common work of art will remain a strong memory: it can be displayed prominently in the company and continue to play a visual role in cohesion.

It can also be a personal souvenir.

I've learned to see life...in PINK, RED, GREEN, YELLOW, BLUE...!

Who am I? In the beginning, a child and a beautiful box of colored pencils, carefully arranged markers, a magnificent rainbow palette before my eyes was a real revelation! That's it! I want to bring color to life! Colors that touch the heart!

My training at the Ecole Supérieure d'Arts Appliqués et Textile de Roubaix, my will and determination also explain my interest in Creation...

My illustrations bring warmth, color and a sense of humor that rhymes with love.

Love of others, love of a job well done, (R)awakening the child in us and

# Artistic work



10 persons



2h

# Sound therapy

## Escape with sound

Sonotherapy is a discipline based on the use of sound to promote well-being. Our bodies, highly sensitive to the vibrations emitted by the voice or the various instruments used during the session, are plunged into a state of deep relaxation. Stimulation by sound vibrations is practiced in groups or individually, and helps to relieve the stress, ruminations, anxieties and preoccupations we accumulate on a daily basis.

## Objective

Rediscover inner calm

## Options

- Wake-up session before the workday
- After-work relaxation session
- Meditation session



24 persons



1h to 2h

# Djumbé

## Set the mood for the space and the group

Learn a rhythm, a melody and reproduce it together, with everyone contributing to the music's success.

As a team-building activity, each group learns a different rhythm and brings its own melody to the concert!

## Objective

Collaborating on a common musical work



Unlimited



1h to 2h

# Mechanic for a day

## Unleash your creativity

You will receive building materials to structure your car. As quickly as possible, you'll be able to complete your work of art, but don't forget that the quality of the construction will be important. After all, you'll be testing your project on a life-size improvised circuit!

## Objective

Collaboration, communication and listening will be required to bring the project to fruition.

## Procedure

Briefing  
Assembly  
Habillage  
Test



60 persons



1h30 to 2h30

# Sancastles

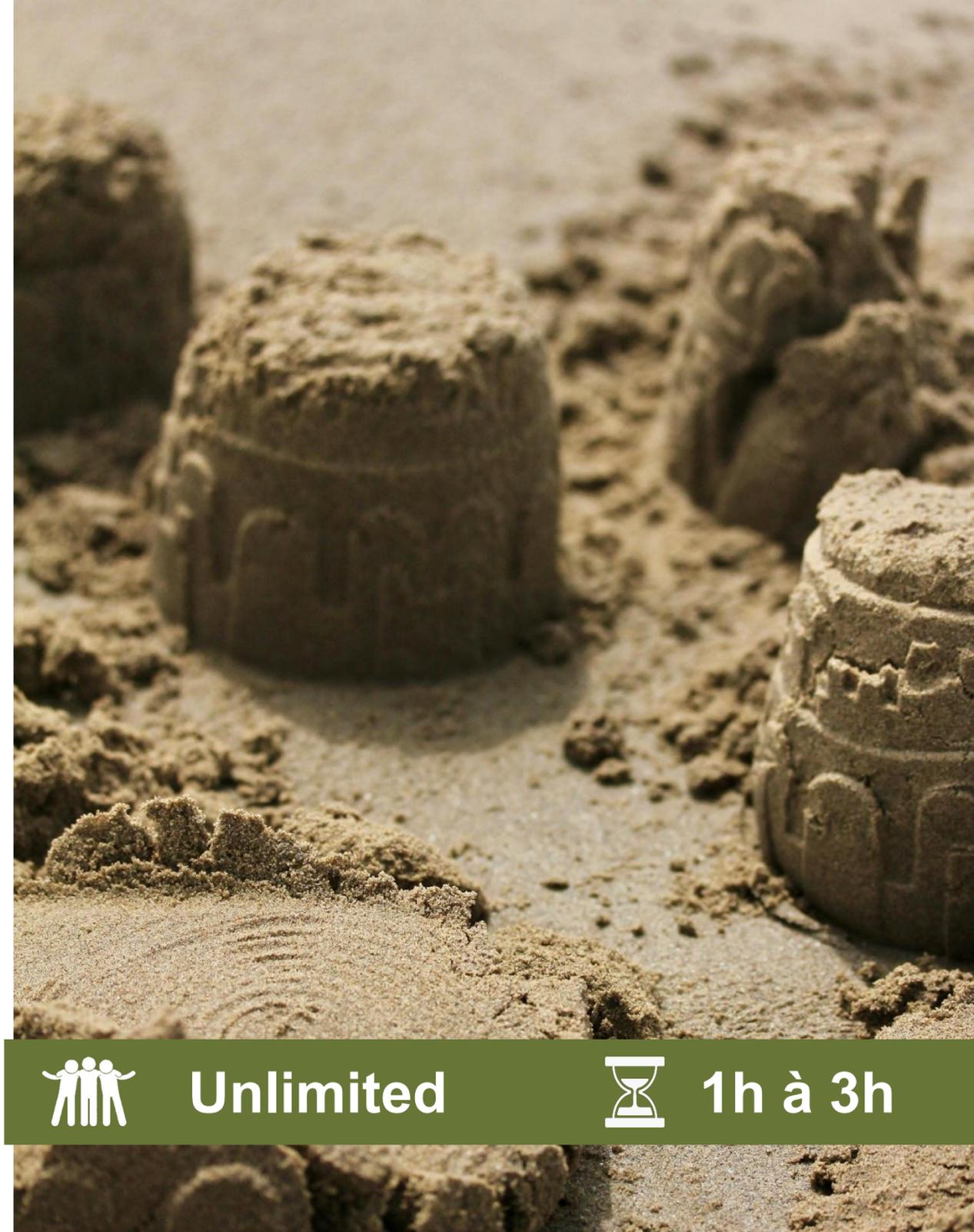
## Collaborating, communicating and imagining together

Sandcastle building is a fun and creative team-building activity that invites participants to collaborate, communicate, and imagine together in a relaxed and friendly setting.

Divided into teams, participants must design and build a sand structure using simple materials, while respecting a set time limit and common objectives. This activity encourages cooperation, role sharing, and collective decision-making, all while stimulating creativity.

Accessible to everyone, with no prerequisites, it allows participants to step outside the usual professional environment, strengthen bonds between colleagues, and foster a positive team spirit. The playful and artistic aspect of the challenge creates an atmosphere conducive to relaxation, exchange, and shared enjoyment.

Ideal for seminars, company days, or outdoor events, this activity combines teamwork, creativity, and conviviality, leaving participants with a fun and unifying memory.



**Unlimited**



**1h à 3h**



Tenue: prévoir une tenue où vous êtes à l'aise et des chaussures confortables. Selon la météo, kway, lunette, casquette.

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# Working with glass

## Craftsmanship at your fingertips

Accompanied by glass artisans, you can discover "cold" glass techniques and shape a vase or glass.

It will also be possible to engrave your initials on the pieces you have shaped.

It's a unique, personalized and eco-responsible experience.

## Objective

Manual and technical work

## Procedure

4 people per craftsman; up to 3 groups simultaneously



 **12 persons**  **1h to 1h30**

# CSR ACTIVITIES



**Discover our CSR activities, which help support your company and your employees in raising awareness of the challenges of corporate social responsibility.**

# Escape Game CSR

## Save the planet

Immersed in a captivating scenario, participants will have to solve puzzles related to sustainable development, the ecological transition, and corporate social responsibility (CSR). Working in teams, they will need to cooperate, think critically, and act to "save the planet" before it's too late!

Each puzzle is built around key CSR issues: waste management, carbon footprint, equality, ethics, energy efficiency, biodiversity, and more. The game alternates between logic puzzles, observation exercises, group brainstorming, and practical scenarios.

## Goals

- Raising awareness of CSR issues in a fun and engaging way
- Strengthening team cohesion around strong values
- Promoting individual and collective awareness and commitment
- Integrating environmental and social issues into the workplace



Unlimited



1h to 3h

# Nature Challenge

The Challenge Nature workshops are possible.

3 activities to choose from

Archery

Blindfolded: the goal is to complete a course as quickly as possible, guided by a teammate.

Bootcamp: Crawl and dig in the sand as fast as you can to get under and over obstacles.

Cooperative Tower: In teams, with one string in each hand, you must coordinate to build a tower as quickly as possible.

Tangram: Complete as a team as quickly as possible.

Skittles: The goal is to knock down as many pins as possible.

Tasting of local products

Molkee

Putting

Pétanque

...



Unlimited



1h à 3h

Tenue: prévoir une tenue où vous êtes à l'aise et des chaussures confortables. Selon la météo, kway, lunette, casquette.

# Challenge Nature - CSR

## CSR-themed treasure hunt with fun

### workshops

Based on the Nature Challenge in your environment near your seminar venue, 3 CSR-related workshops will be set up:

Waste collection

Mini climate fresco

Awareness-raising on fauna/flora).

Questions, reflections and information will be presented on the causes, consequences and solutions linked to climate change (climate fresco).

### Objective

It's up to each individual to optimize his or her role to bring the team to success; individual performance at the service of the collective, but also to find concrete actions to implement within your company.

### Options

From and to your hotel or restaurant

Travel options: on foot, by bike, rosalie (additional cost depending on travel mode)



**Unlimited**



**1h to 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Climate Fresco

## In search of a better world

Fun, educational and collaborative workshop for everyone (employees, citizens...) during a seminar, training session or team building event:

Gain a better understanding and awareness of the issues, causes and consequences of climate change, and take action.

To contribute to the transformation of our societies and explore individual and collective courses of action.

### Objective

As part of a CSR approach:

Provide an overview of corporate social responsibility.

Provide keys to understanding and taking concrete action.

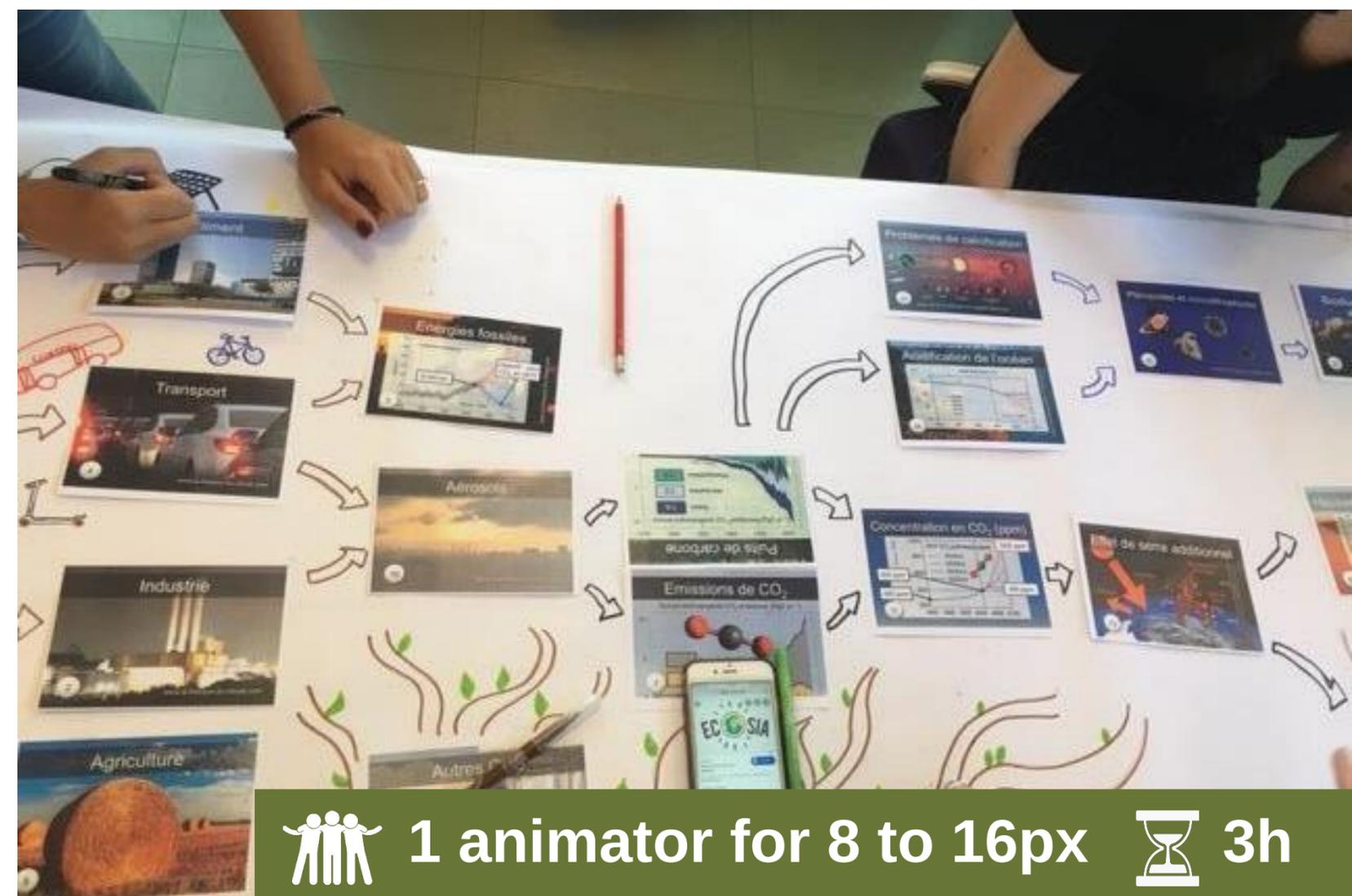
Mobilize teams over the long term.

Identify and train climate ambassadors.

Create a collective and contributive dynamic.

### Procedure

- 1h30 to understand the issues with the card game
- 30 min to anchor knowledge
- 60 min to take action



# 2-tonne workshop

Exploring the future and acting together

## for the climate

The immersive, educational workshop that boosts climate action!  
climate action!

In teams: project yourself to 2050, discover the individual and collective levers of ecological transition, and identify the role you can play as a public or private decision-maker!

## Objective

The aim is for everyone to become capable of imagining concrete actions, and to be able to implement them in both their personal and professional lives!

Participants will have to try to limit climate change by reaching 2tonnes CO2 eq of greenhouse gas emissions per year and per person by 2050, in order to comply with the Paris agreements.

## Procedure

Game phase mixed with quizzes and a systemic presentation of sustainable development issues.



1 animator for 6 to 15px



3h

# Wellness activities



# Meditative walk

## Energize yourself!

Meditation and introspection are allies in helping you feel good about your work and cope with the stresses of everyday life.

We propose a meditative walk by the sea to leave behind the negative, open up to nature, oxygenate and recharge your batteries.

With no physical level required, this discovery of nature and yourself will get you moving in the right direction.

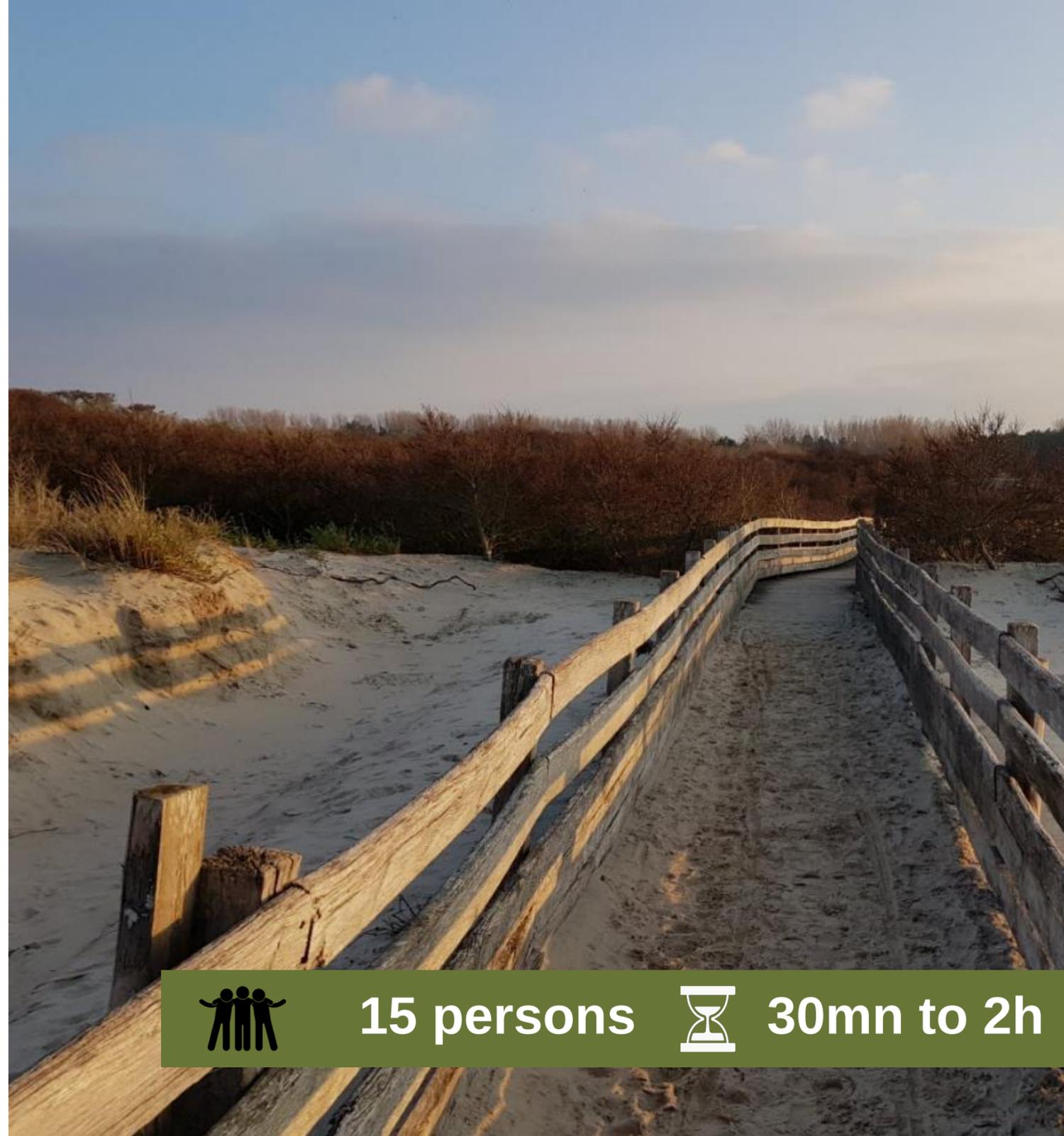
## Objective

Energize yourself!

## Nos options

Indoor or outdoor

In the forest or on the beach



15 persons



30mn to 2h

Attire: bring comfortable clothing and shoes.

Depending on the weather, kway, sunglasses, cap if the activity takes place outdoors, as well as a towel and bottle of water.  
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# Wellness

## An energizing interlude

Recharge your batteries!

Get rid of stress, tension and nervousness during a wellness session and restore the right balance.

Recharged, you'll feel a lasting sense of vitality and dynamism.

## Objective

Rediscover inner calm

## Options

- Muscle wake-up session before work sessions
- Gentle or toning gym session
- Aquagym
- Accompanied jogging / Walking / Nordic Walking
- Relaxation session



24 persons



1h to 1h30

# Yoga - Meditation

## A muscular wake-up call or a moment to share!

Get rid of stress, tension and nervousness with a YOGA wellness session and restore the right balance.

The benefits of yoga are both physical (flexibility, muscular development, strengthening of the spine...), mental (relaxation, concentration, improved sleep and better stress management...) and spiritual.

During our yoga classes, you'll work in particular on breathing (pranayama), posture with adapted exercises, meditation and yoga nidra with mantras (yogic sounds) and/or Tibetan bowls to calm the mind.

### Objective

Rediscover inner calm

### Options

Wake-up session before the day

End-of-day session



# Laughter Yoga

## Antidote du stress!

Relieve stress, tension and nervousness during a Laughter Yoga session.

The benefits of laughter for physical and mental health have been proven by leading doctors.

Laughter Yoga:

Increases sleep

Reduces fatigue and muscular tension

Strengthens the immune system

Increases self-confidence

Brings us closer together and helps us communicate better

## Objective

Wellness approach

## Options

- Wake-up session before the day
- End-of-day session



20 persons



1h to 2h

# Thalassotherapy

## Energize yourself!

VITALITY\*: 3 individual Thalasso treatments from among : Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower 1 pool activity from among: marine self-massage, Aquabike, Aquagym, marine circuit

RITUEL IODE\*: 4 individual Thalasso treatments from among : Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower

RITUEL ZEN\*: 3 individual Thalasso treatments from among : Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower. 1 massage (25 min.) from among: Zen, Kansu

RITUEL DETENTE\*: 3 individual Thalasso treatments from among : Hydromassage sea bath, marine drainage, hydrorelax massage, jet shower. 1

## Objective

\*Treatments subject to change  
Activity open to all, subject to availability.

## Options

- Possibility of modulating the number of treatments and activities
- With or without accommodation
- With or without meals



24 persons



1/2 day

# Other activities



# Tennis / Padel

## The Kingdom of clay

France's first clay-court tennis center!

At the Centre Tennistique Pierre de Coubertin, tennis fans can practice their skills on the most beautiful tennis site in France!

This is where the greatest champions (Rafael Nadal, Andy Murray, Novak Djokovic...) got their start. With 24 clay courts and 5 indoor courts for added comfort in winter, tennis can be played all year round at Le Touquet-Paris-Plage. Padel tennis, a cross between tennis and squash, is also being tested.

As for the 900-capacity centre court, it is the venue for all kinds of competitions, the most important of which is the Junior Davis Cup, held every year at the beginning of August.

- Terrain couvert
- Outdoor court
- Clay court
- With or without instructor
- Padel courts



Unlimited



1h à 3h

# Golf initiation

## Initiation or fees

The Golf du Touquet, magnificently situated in the heart of a forest of hundred-year-old pines and wild dunes, offers you a unique golfing domain; 3 courses (2 of 18 holes and 1 of 9 holes) where golfers enjoy an exceptional setting.

Le Touquet also boasts a 30-station driving range (20 of which are covered), a putting green, a pitching green and a clubhouse with bar and restaurant.

## Formulas

The Par formula (Discovery of equipment, approach to fundamentals, hand, body and club positions, practice, 1st swings, introduction to putting).

Duration: 1h30

The Birdie formula: introductory formula plus a putting competition and a team or individual challenge.

Duration: 2h15

The Eagle formula Birdie formula, including access to the course, practice and a team challenge.

Duration: 3h00



**Unlimited**



**1h à 3h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Mini Golf

## Discover Le Touquet's monuments all in one place!

Come and discover mini-golf in Le Touquet as a group!

Located close to the beach, this fun and friendly activity is sure to delight!

The mini-golf course has two 18-hole courses, each lasting around 1h30.

Thanks to the floodlit slopes, games can be played at the end of the day.

The Le Touquet mini-golf course features many of Le Touquet's monuments in miniature, as well as a view of the sea! Ideal for discovering the town while playing.

## Options

Night-time with trail lighting

1 to 2 free-access courses

Depending on the event, the mini-golf course “dresses up” for the occasion (Halloween, Christmas, Easter...).



**18 persons**



**1h to 2h**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Laby'parc

## Fall back into childhood

50,000m2 of leisure space in a nature park. On land, in the water or in the air, Laby'parc offers activities for everyone, with packages to suit your needs. Spaces designed for your comfort and safety.

Organize corporate seminars/teambuilding with pedal go-kart races, riddles in the laby'bois, challenge yourself with the acro

9-meter-high acro-branch, 7-meter-high skydive, 50-meter-long zip line...

A day that's both sporting and cerebral!

Meals available on site in a marquee seating 180.

## Options

XXL course

Mini-golf

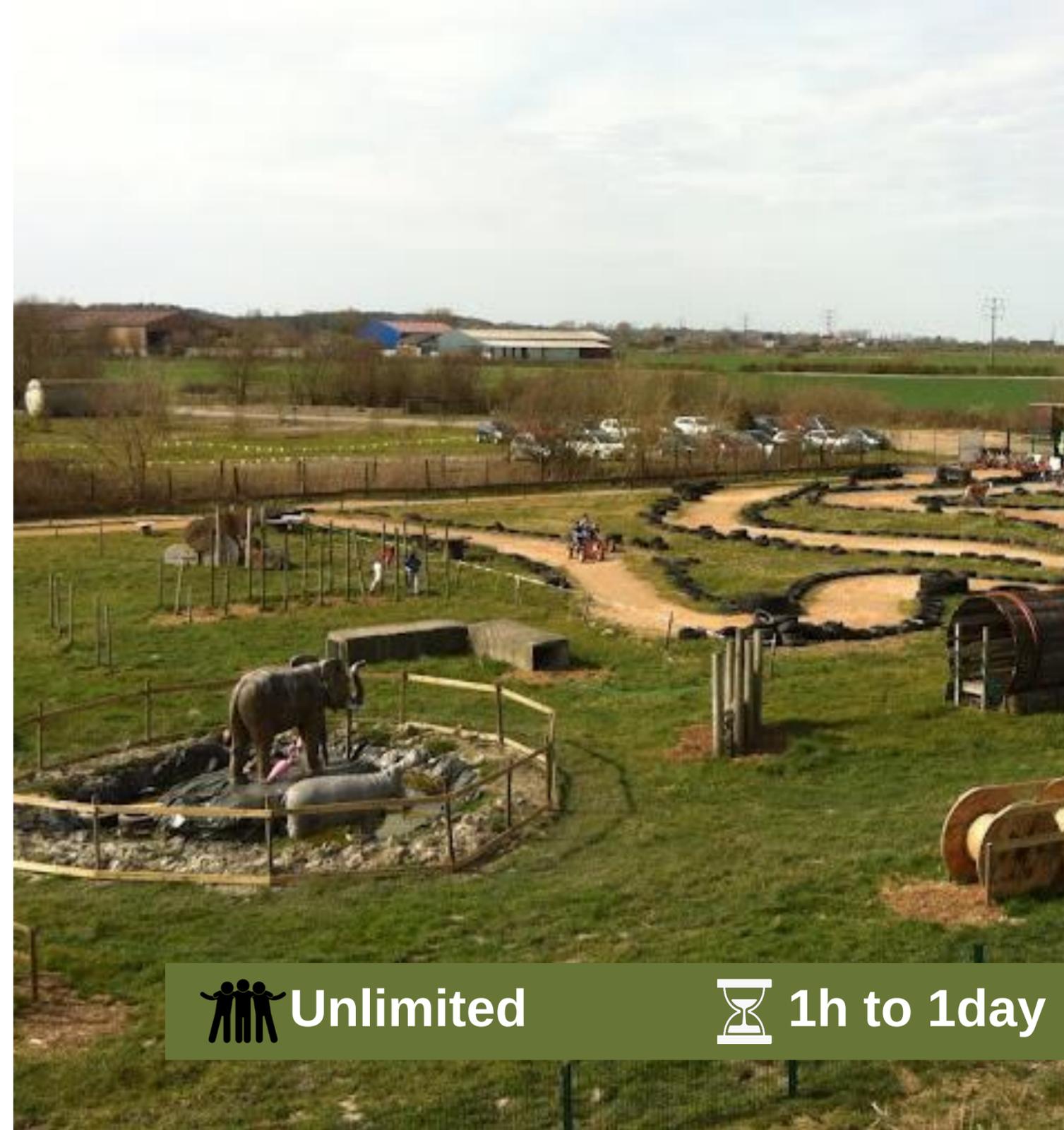
Laby'maïs

Bubble soccer Adults

Pedal go-karting

Human foosball

Tyrolean traverse



**Unlimited**



**1h to 1day**

Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Rallye 2CV

## Step back in time

Take a seat in the legendary 2CV or VW combi!

An unusual adventure for fans of the unforgettable “deudeuche” or combi van.

Discover Le Touquet and the surrounding area at the wheel of these old ladies!

With the help of a road-book and at the wheel of a legendary car, your itinerary will be punctuated by enigmas, obligatory points of passage, and enhanced by a variety of activities, tastings and unusual visits... a memorable tour!

## Options

- Transfer version
- Walking version
- With or without activity
- With or without digital tablet



10 to 100 people



2h30 to 1day

# Rally Combi

## Go back in time

Take a seat in the legendary 2CV or VW camper van!

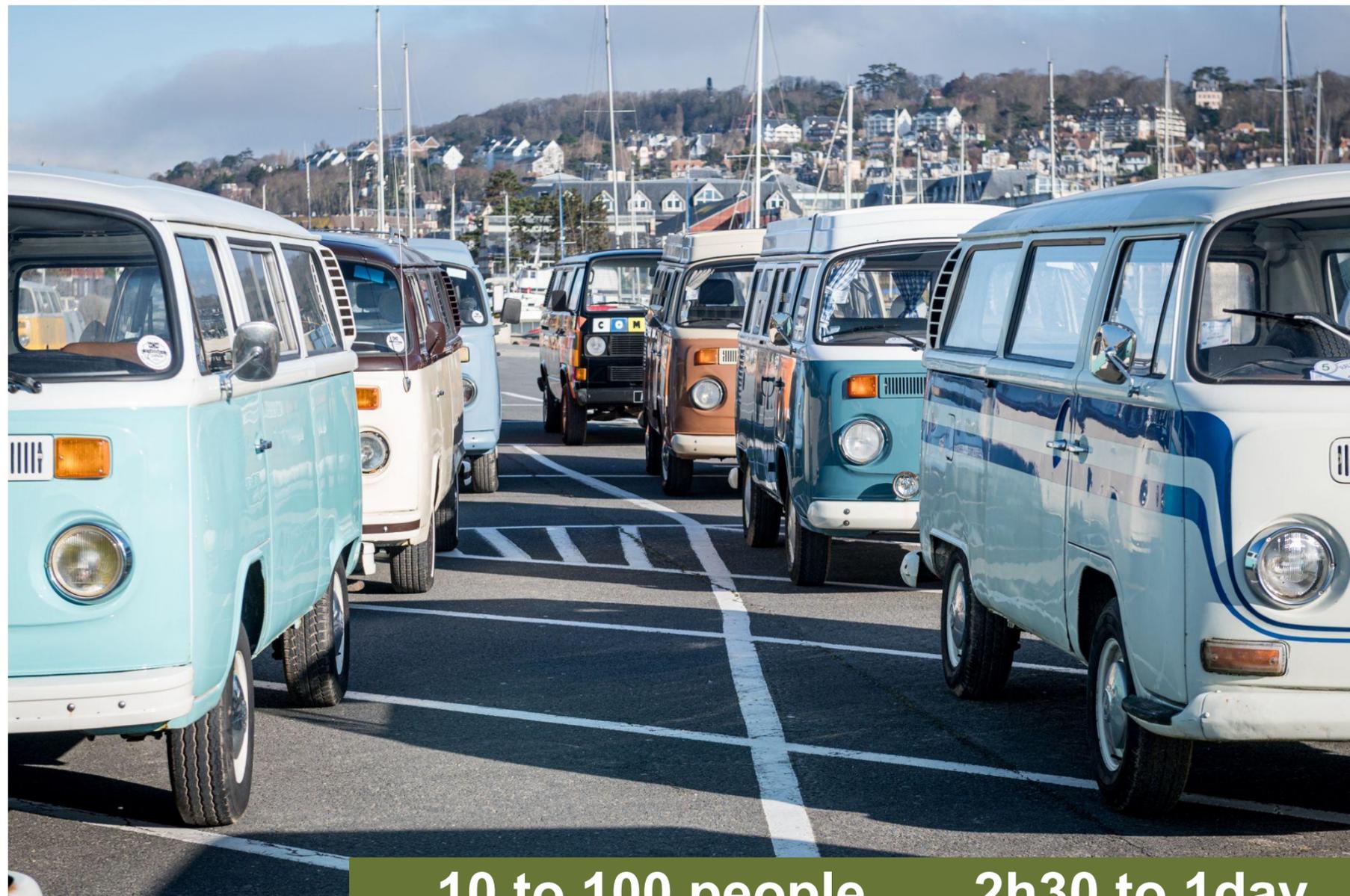
An unusual adventure for die-hard fans of the unforgettable "deudeuche" or camper van.

Discover Le Touquet and its surroundings behind the wheel of these classic cars!

Using a road book and driving a legendary vehicle, your route will be punctuated with riddles, must-see checkpoints, and a variety of activities, tastings, and unusual visits... a truly memorable tour!

## Options

- Transfer version
- Walking version
- With or without activity
- With or without a digital tablet



10 to 100 people

2h30 to 1day

# NO SMOKE Rally

Take a seat in an electric No SMOKE

An unusual adventure

Discover Le Touquet and its surroundings behind the wheel of these beach cars!

Using a road book and driving a car, your route will be punctuated with riddles, must-see checkpoints, and a variety of activities, tastings, and unusual visits... a truly memorable tour!

## Options

- Transfer version
- Walking version
- With or without activity
- With or without a digital tablet



10 to 80 people

2h30 to 1 day

# Helicopter

## Discover Le Touquet from the sky during a helicopter flight.

After a smooth takeoff, admire the beach, the Canche Bay, and the forest from a spectacular perspective. A unique experience, accessible to all, ideal for creating a truly memorable moment and leaving with unforgettable memories.

This premium activity allows you to gain a new perspective, both literally and figuratively, and offers a special moment in an exceptional setting. Flying over the region encourages discovery, interaction, and relaxation, while enhancing your company's image.

Led by professional pilots, the helicopter flight is a perfect addition to a seminar, client event, or public relations campaign. Accessible to everyone, it creates a memorable, elegant, and unifying experience, fostering sharing and team cohesion.



**5 peoples**

**1h00 to 2h00**

# Parachute Jump

**Experience an unforgettable adrenaline rush with a parachute jump.**

After a briefing and a flight up, take the plunge for an exhilarating freefall before admiring the breathtaking scenery as you descend under canopy. A unique experience, rich in thrills and emotions.

A true motivator, this activity encourages everyone to step outside their comfort zone, manage their emotions, and push their limits in a safe and fully supervised environment.

Skydiving fosters team cohesion, boosts self-confidence, and creates lasting memories that are shared long after the event. Ideal for team building, seminars, or reward programs, it leaves a lasting impression and adds a unique dimension to your corporate event.



**1 person**

**2h30 to 3h**

# Rallye JAMES BOND

007

## In your vehicles

Play as James Bond and hunt for clues to find out who killed the James Bond Girl.

Take on the role of James Bond and hunt for clues to find out who kidnapped the James Bond Girl. On each activity if and only if your challenge is validated by our undercover agents, you'll win a clue. These clues will help you unmask, at the end of your adventure, the person who has kidnapped our James Bond Girl while discovering Le Touquet.

Our agents will be there to guide and support you throughout your mission

With the help of a road-book and at the wheel of a car, your itinerary will be punctuated by enigmas, obligatory points of passage, and enhanced by a variety of activities, tastings and unusual visits... a memorable tour! Example: # stop bay seals # stop archery riddles # stop town hall # stop lighthouse tasting # stop Ian Fleming's Le Touquet villa # stop James Bond Photo Booth

Options

½ day to one day

With your own vehicles or vehicles provided

With or without classification

Visit to sites such as the lighthouse, town hall and museum....



Attire: wear comfortable clothes and shoes. Depending on the weather, kway, glasses, cap.

# Escape Game 007

## Escape!

Take on the role of James Bond as you hunt for the secret code to escape the room. In your room, you'll have to find clues and solve puzzles that will provide you with essential clues to solving this captivating mystery.

Our agents will be on hand to guide and support you throughout your mission.

## Objective

Observation, mental gymnastics, logic and reflection will be at the heart of your activity. Rely on your team-mates to get ahead and solve the challenge first.



Unlimited



1h à 2h

# Ever stronger

## The fort is coming to you!

Inspired by the famous TV show "Fort Boyard", come and have fun, if the weather isn't on your side, in your own room through a series of fun workshops.

Let's get down to the nitty-gritty with the competition: each workshop gives you the chance to win points.

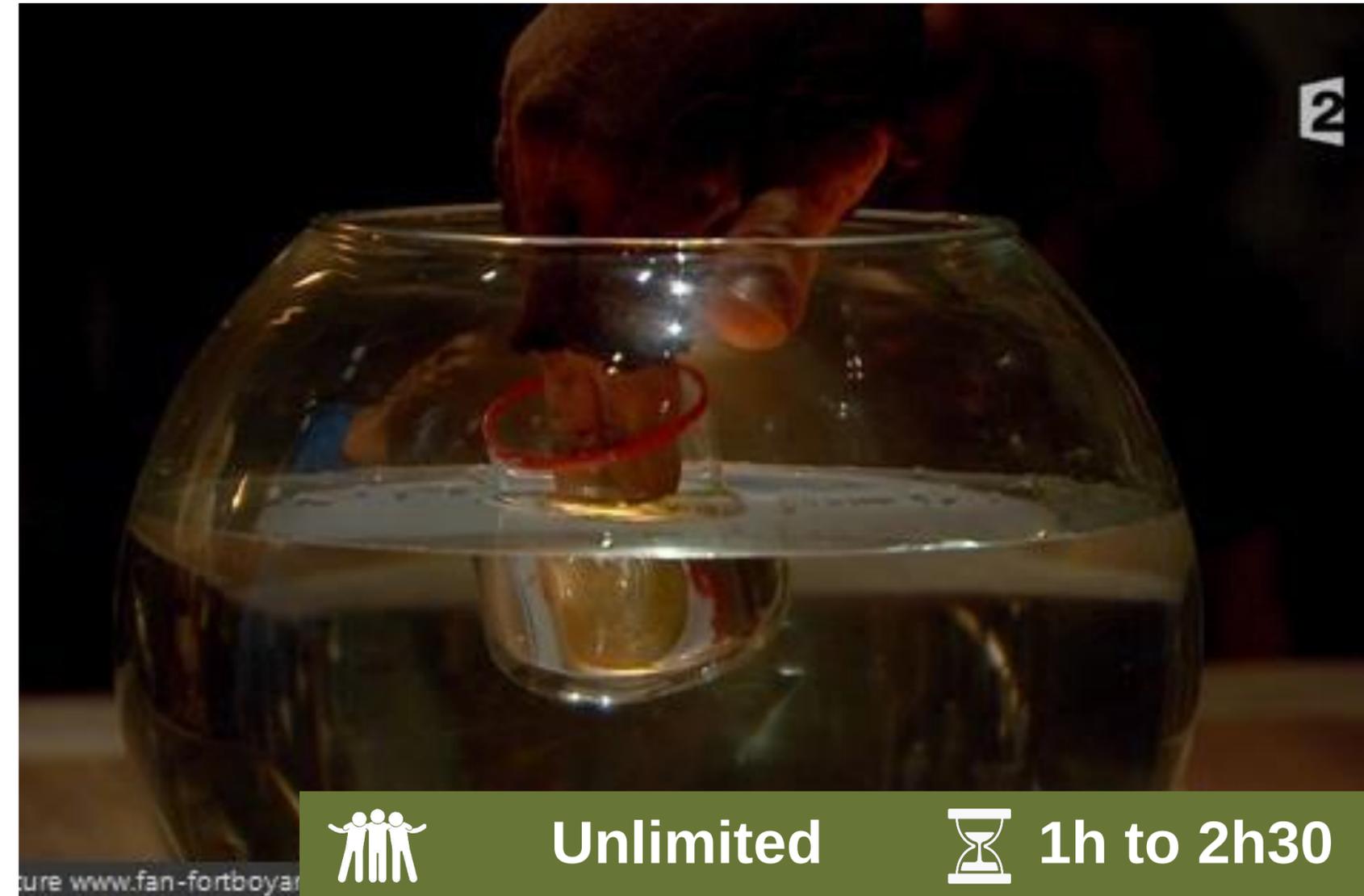
The team with the most points in the challenge will be named Guardian of the Fort at the awards ceremony!

## Objective

Each workshop has its own goal: skill, precision, dexterity... everyone can express themselves!

## Procedure

Depending on the space allotted and your activity time: the nail test, the balance test, the thinking test, the agility test, the dexterity test, the coordination test, the memorization test, ...and many others.



# Roll my ball

## Collaborative activity

In the business world, it's vital to foster team cohesion and collaboration. Our "Roule ma boule" team building activity is an innovative initiative that encourages these essential skills. Participants can enjoy a unique experience during this collaborative activity, while strengthening team spirit and internal communication.

## Objective

Each team at the service of the collective!

## Procedure

The "Roule ma boule" concept involves designing a complex and creative course using different materials, everyday objects, etc., with the aim of provoking a chain reaction. Participants are divided into teams, and must work together to bring this ingenious initiative to fruition. Each group creates a section of the trail, which is then linked to the other sections to form a whole.



# Other activities

See our other indoor activity ideas

- Helicopter
- Baptism of the air
- Karting
- ...





# Entertainment — Evening Lunch

# Contents

## Fun Activities

- Casino entertainment for an exceptional evening
- Antique games
- Arcade games

## Gastronomy and Tasting

- Atelier Mixologie: cocktail, do it yourself
- Oenologie

## Artistic and musical activities

- Musical Evening - Musician / Singer / DJ
- Musical entertainment
- Close up magician
- Entertainment: Blind test and Karaoke



# Casino animation

## For an exceptional evening!

At the start of the evening, you'll be given tokens to play the various games on offer: Roulette, Black Jack, Poker, etc.

Croupiers will be on hand to explain the rules and how the games work. The games will be self-service for employees for a set period of time.

At the end of your activity, each participant will be able to win one of the prizes on offer (if the option is selected), according to his or her stake.



SOCIETE GENERALE LE TOUQUET SEMINAR 140 PEOPLE HOTEL, ACTIVITIES AND MEAL...

Many thanks for a wonderful day and an evening that will live long in our memories! A special mention to Arnaud, our DJ musician, who set the mood with great talent. He went the distance to keep everyone dancing right to the end of the evening, and even went over schedule, which was much appreciated!

# Antique wooden games

## Fall back into childhood

What could be better than the traditional games of yesteryear to rediscover the pleasure of sharing an authentic moment! Let's go back in time with this Flemish games animation and discover what period games can do for you...

## Objective

Like a recreational moment between collaborators where the only rule is fun, this animation invites you to develop your team spirit as well as your collaboration!

## Procedure

This package combines multi-player games such as slide table, bungee pool, cooperative tower and balance game, with single-player games such as Dutch billiards and Japanese billiards.

The games can be played freely or as a team challenge.



# Arcade games

## Fall back into childhood

Recapture your childlike spirit with these timeless arcade games!

Foosball (classic or XL format)

Pool table

Street fighter arcade

Dart board

Air field hockey

Pinball machines

...



Derkreiss seminar - 300 people

What can we say about the Beach Party, which was moved back to the Palais des Congrès because the weather was a little too cool? It was a huge success with everyone, from the meticulously thought-out decor to the fun activities. The cocktail entertainment was also a huge success, with perfect mojitos and two very friendly bartenders!

To sum up: top-quality services, a top-notch team and a great deal of flexibility that you don't necessarily find with all event suppliers.

# Activities Gastronomy



# Artistic and musical activities



# Singer, musician or

## DJ

Liven up your party!

Bring a touch of music and atmosphere to your meals!

Depending on the repertoire you choose, we can provide musical entertainment with a musician and singer: guitarist, piano, accordion - the possibilities are endless! Jazz, classical, French or international variety, ...

We can also arrange for a DJ to heat up the dance floor all evening long.

We can also get your evening off to a musical start with a saxophonist.

Our team can adapt to your catering or seminar venue.

Activities last from 1 hour to the whole evening, depending on your timing.



SEMINAR ROTHSHILD and Co le Touquet 160 people

For the evening - A huge success. We really liked the location. It was warm, the dinner delicious and the atmosphere festive. A huge bravo to the musicians, they were incredible.

# Close up

## It's all an illusion!

CLOSE-UP MAGICIAN, MAGIC THAT HAPPENS RIGHT BEFORE YOUR EYES

By "close-up" we mean close-up magic that takes place just a few centimeters from the spectator's eyes. The magician's friendly, modern and dynamic magic will fit in perfectly with your event. Close-up magic has a number of advantages over other types of entertainment, as it creates conviviality and a certain connection between the magician and the guests.

CLOSE-UP MAGIC DURING A MEAL

Guests are gathered for a meal. The magician passes among the tables between courses, performing tricks with cards, coins, strings, everyday objects...

CLOSE-UP ON THE ROAD

This is the ideal entertainment for an aperitif, such as a wedding reception or cocktail party. The magician strolls among the guests, who are often standing with a glass in hand.



# Blind test / Karaoke

## It's your turn to sing!

Energize your evenings with entertainment, choosing your own theme or repertoire: 80s, disco, French or international music, ...:

Our entertainer will come with the necessary sound equipment for a guaranteed atmosphere and will set up musical quizzes and blind tests.

He'll adapt to your specifications: pre-dinner entertainment, entertainment between courses or just before dancing - anything's possible!

We adapt to your catering venue or seminar.



# Souvenirs, goodies

## Keep track

As every corporate seminar is unique, we work with you to establish the objectives of your corporate seminar or teambuilding photo shoot.

We produce a photo and/or video report from the moment the team-building participants leave until they return.

Photographs and videos of the activities and challenges organized during the corporate seminar. Photographs and videos of the locations and atmosphere of the entire seminar.

If you'd like team recognition signs or goodies:

- Bandanas in different colors
- T-shirts in your colors
- Bottle with your logo

...

...



# Conference - putting it into practice

## Give meaning to your seminars

Before your activity, Karine Baillet will explain her sporting background. She will also introduce your activity with the similarities between sport and the corporate world, and the strong values of Nature's activities that each team will be able to experience during the activity in the form of a briefing or conference.

During your activity: teams will be able to apply the fundamental ingredients in real-life situations. Karine will follow the teams in the field and coach them!

At the end of the activity, during the debriefing, Karine Baillet will go back over the strong values experienced together in the field, and the lessons learned in terms of team cohesion and in relation to the conference.

Duration and venue: from 30 minutes to a full day, depending on the option chosen.

Some examples and topics of conference themes:

"Individual energy and performance": The corporate athlete

"Collective energy and performance": Team cohesion, the ingredients of the dream team.

"Change": Successful change

"Testimony of a woman, athlete and entrepreneur: female leadership!"



## Give meaning to your seminars

World reference in multi-sport raids:

Runner-up in the multi-sport raid world championships in 2006 and 2007

Victory in the legendary Raid Gauloises in 2002

Vice-President of the Groupement National des raids multisports

Author of a book on multisport nature raids

A woman of challenges:

1st woman to cross the English Channel on wakeboard, funboard, kayak and catamaran

1st woman and only French rider to take part in the 2009 Quaduro et Enduropal du Touquet, an international motorsports race

3rd Marathon des Sables and 30th out of 1000 in 2012

Unrivalled event expertise:

Over 15 years' experience in event organization: Le Touquet Raid Pas de Calais, France's biggest raid; Touquet Bike&Run, Touquet raid amazones and Trail des 2 baies

Lecturer on the themes of team dynamics, individual and collective performance

## KARINE BAILLET'S CAREER



# Testimonials

**Rabot Dutilleul  
Construction** 

Karine worked with our management teams and executive committee (17 people) to develop a plan to improve the competitiveness of our various structures. This 2-day seminar at Le Touquet, combining sports, cultural and work activities, generated real enthusiasm among our staff. The cohesion of our teams was strengthened. The results of our reflections were quickly put into practice. This type of coaching suits our teams perfectly. I won't hesitate to call on you again for other events.

President of RABOT DUTILLEUL CONSTRUCTION

**Sogetrel**

SEMINAR CLEF EN MAIN CODIR SOGETREL TOUQUET, restaurant activities

Thank you for your feedback and top-notch organization! We had a great time!

Regional Projects Manager North-Belgium



On behalf of the whole DER KREIS team, a big thank you to Karine, H el ene and the whole KBO team! You all contributed to the success of our annual event.

All our participants were won over by the treasure hunt in the heart of Le Touquet and the Bay of Canche: a great team activity that enabled people to get to know each other in magnificent surroundings. Top-notch organization, with a much-appreciated snack at the end.

And what about the Beach Party, brought back to the Palais des Congr es because the weather was a little too cool? It was a huge success with everyone, from the meticulously thought-out decorations to the entertainment and the Pirates' performance. The cocktail entertainment was also a huge success, with perfect mojitos and two very friendly bartenders!

To sum up: top-quality services, a top-notch team and a great deal of flexibility that you don't necessarily find with all event suppliers. We'll be sure to recommend KBO to others. We thank you all.

**L'OR AL**

SEMINAR L'OREAL le Touquet-Paris-Plage: managing transport from Paris, activities and restaurants

We had an excellent seminar, and you had a lot to do with it!

You were a great help in perfecting the contours of this seminar, which fulfilled all our wishes and promises to the team.

Everyone was more than delighted with these 2 days, and these moments will remain with us for a long time to come.

A BIG THANK YOU to you and your team, and thank you for the well-received photos this morning.

I look forward to meeting you at a future seminar.



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# Contactez- nous!

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